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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Negotiation Is The Path To Herpes Peace

By Christopher Scipio

You need to make peace with your herpes. I understand the instinct to want to fight herpes, to

"annihilate it" as one young man told me. I fought herpes for nine years and lost. I didn't start winning my own personal battle with herpes until I made peace with it and with myself. You cannot win a war against herpes. Like Israel and Hezbollah or the Hutus and Tutsi or the Catholics and Protestants in Ulster you will have to find a way to peacefully co-exist. Herpes is for life, but how peaceful that life is up to you.

Negotiation is the path to herpes peace. Here are some rules of herpes diplomacy that I learned during my nine-year struggle. The same rules can apply when dealing with HPV or any other disease.

1. Treat your adversary with respect. Understand and recognize what herpes is and what's its purpose in your body. You can review the chapter in my book entitled "The Mystical-Magical Herpes Virus" for a refresher.
2. Be willing to speak and listen openly and sincerely with the virus. There is a visualization exercise in the book to aide in this.
3. Negotiate in good faith with the virus to come up with a win-win situation for your mutual benefit. The deal I stuck with the virus was this: "I understand that you are in my body for life and I will stop projecting anger, bitterness and resentment towards you and in return I require that you conduct yourself like a well-behaved guest. If I treat my body well with the right diet and not allow myself to get too far out of balance you must agree to stay dormant".
4. Practice Patience. Real peace agreements rarely happen overnight. Being impatient and anxious will show the virus that you are weak and desperate and will reduce your leverage in the negotiation.
5. Practice Perseverance. You must be in it for the long haul. You must have the commitment and stamina to see the peace process through. Whenever peace negotiations break down usually the situation on the ground worsens.

Negotiation Is The Path To Herpes Peace

Peace is always better than war, especially a war you cannot win. With all the strife and suffering in this world, why not make your own body into a haven of peace?

Christopher Scipio Homeopath/Herbalist Holistic Viral Specialist

Christopher Scipio, is one of the most experienced holistic practitioners treating the Herpes virus and the author of the book "Making Peace with Herpes", Scipio developed a very successful natural protocol in treating the Herpes family of viruses and HPV.

<http://www.natropractica.com>

Herdox Treatment for Genital Herpes

By J. Ratliff

Herdox Treatment for Genital Herpes by J. Ratliff

Herpes infections most commonly occur in the mouth, but can also occur in the genital areas and in the around the eyes. Some common symptoms are swelling, redness, clusters of blisters, fever, headache, fatigue, pain, and blurred vision. These symptoms are often the worst during the first infection.

Herdox is a natural supplement that is designed to be helpful for reducing the severity and occurrences of Herpes outbreaks while also shortening healing time. One study on the ingredients in Herdox suggested the following:

May reduce the number of herpes outbreaks

May reduce the severity of herpes outbreaks

May reduce healing time

By providing your body with the proper nutrients, it can naturally fight back against the herpes virus and help you take control of your life. To read more about Herdox, visit

Herpes Treatment

Jamie is a technical and health writer for numerous websites. This article is in reference to

www.herpes-treatment.us



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