

Never paddle alone!

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By Jakob Jelling

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An important thing to remember about kayaking is that you should never paddle alone.

One of the biggest rules of thumb when it comes to kayaking is that you should never paddle alone. The reasons for this are many, but most of all, if you make sure that you have somebody with you, then you'll be able to stay safe in almost any situation. Having an extra person with you means that if something happens to one of you, the other one will be there to help out – either with the first aid kit, with going for help, or even just by being somebody on the other end of a throw rope.

Never paddle alone is a good idea for other reasons as well. For instance, if you're going to be kayak touring, chances are good that you'll see a lot of amazing things – and it's always good to have another person there to share them with you. Plus, it will likely be a fun and exciting event to share with your friend.

Another thing that you should consider is that if you never paddle alone, then you'll be able to go kayaking in the wilderness without feeling too lonely. After all, it can be very lonely to be alone out on the water with just you and your kayak. If you have another person to talk to, you'll more than likely have more fun out there.

You will also have somebody nearby to encourage you if you start to feel at all discouraged. For that reason, if you never paddle alone, you'll probably be better able to go kayaking without getting discouraged and stopping. This is a good thing to keep in mind if you are going to be kayaking in an area where the going might get a little rough – the last thing you want is to be stuck somewhere alone, and not want to continue.

Finally, and most obviously, never paddle alone is told as a general rule because it is the best way to make sure that you will be safe when you are kayaking. In addition to this, however, you should make sure that other people who are not accompanying you on your trip also know where you will be kayaking. That way if anything happens, the emergency teams will know where to look for you.

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However, if you make sure that you never paddle alone, then chances are good you'll be able to have a safe, fun time on the water.

Jakob Jelling is the founder of <http://www.kayakhelp.com>. Please visit his complete kayaking guide for all skills and ages.

Paddle floats

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Paddle floats can save your life, so make sure that you get an easy to use paddle float.

If you're going to be kayaking in deep water (whether this is the ocean or a lake) you may not always be able to go to shore if your kayak flips. Paddle floats provide a great tool for you to recover your boat and get back inside if needed. As a result, you should always make sure that you have a paddle float on hand when you are at sea.

There are many different types of paddle floats that are sold at various stores. However, it's understandably hard to tell which floats work better than others. You should always look for floats that are easier to inflate than others. There are two ways to do this. First, you should read the instructions for use of whatever paddle floats you're thinking about buying. If you do not think that you'll be able to use the paddle float then it is probably not your best bet.

You should also check and see how long the manufacturer says that it should take you to right your boat while you're using. You can also read the recommendations of people who have tried that particular paddle float in the past. If they say that it was difficult to use, then that may mean that you're better off looking for a different paddle float.

Most paddle floats are made out of nylon and are brightly colored. That way, if the paddle float is lost, or if it comes free of the paddle, it will be easily found. Considering the types of locations where you will need to use the paddle float, this is very important.

Paddle floats are used to right your kayak after it has tipped over. Essentially, the paddle float turns your kayak paddle into an important tool. Since one end of the kayak paddle will float, you'll be able to use the kayak paddle to push against the water on the other side of the kayak. The direct result is that the kayak will not flip over again, and you'll be able to get back inside.

Since it is not particularly easy to use paddle floats, it's recommended that you go somewhere relatively safe and practice using them before you get out on the open water and need to know how.

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