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Menopause, Andropause And Other Hormone Imbalances  
Impair Healthy Healing In People Over The Age Of 30!**

## **New Baby Shopping List**

**By Kara Kelso**

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<http://www.momsmarketonline.com>

Being pregnant with your first child is a stressful enough time without having to worry about if you have all the items you need for when you bring that little one home. Use the following check list to put your mind at ease:

#### 1. Crib & accessories

Cribs are an obvious item, but sometimes forgotten are the accessories that go inside it. You can easily pick up all bedding when you purchase your crib. Used items can be purchased on eBay: <http://www.momsmarketonline.com/baby-ebay.html> or new at Buddy Blankets or Zuzu's Place.

#### 2. Clothes

Plan to have several sleepers, onsies, and regular outfits. Don't forget socks! New baby clothes can be purchased at Unique Baby Boutique, and used clothes at eBay or Carrie's Kiddie Closet.

#### 3. Diapers

Be sure to weigh your options between cloth diapers and disposables. Cloth diapers can be purchased at Mrs. MacADoos and several other online baby stores.

#### 4. Baby wipes

Again weigh the options between disposable and reusable. Reusable wipes can be purchased at Natural Home.

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### 5. Baby powder

Non-talc is the best for your baby's sensitive skin. Look for non-talc baby powder at any natural baby store.

### 6. Diaper bag

Generally given to you at the hospital, but you may wish to have a larger one and more personalised.

### 7. Bottles

Even if breastfeeding, you will still want to pick up bottles and a breast pump. Breast pumps can be

found at Unique Baby Boutique or at local department stores.

### 8. Baby Bath Tubs

Can be purchased used at eBay, or new at local department stores.

### 9. Bath products

Check labels and be sure to buy the most gentle soap possible to avoid skin problems. Natural soaps can be purchased at Natural Home, Baby Blossoms, A Family Affair, and other baby stores.

### 10. Car seat

Used car seats can be found on eBay, or new at your local department store. Make sure you buy an infant car seat first, not one designed for a toddler.

These are just basic items which are a necessity. You may also want to think about purchasing the following:

- ~ Stroller
- ~ Swing
- ~ Walker
- ~ Play Pen
- ~ Pacifiers
- ~ Toys
- ~ Sun screen in summer months

Most of these items can be found at Mom's Market: <http://www.momsmarketonline.com> or on eBay <http://www.momsmarketonline.com/baby-eBay.html> .

~~~~~About the author: Kara Kelso is the owner of Mom's Market, which is an online mall where shoppers can support mothers by purchasing products and services from

a mom-run business. Visit: <http://www.momsmarketonline.com> . Kara also owns Natural Home, which offers all natural household products at affordable prices. Visit: <http://www.naturalhomeonline.com>

### **Shopping For Your Baby On The Net: A General Overview**

**By Dana Bradley**

In the 21st century, millions of people have turned to the Internet as a resource for shopping and to obtain a wide array of different types of services. If you recently have had a baby, you might want to take a look at shopping for your baby on the Internet. In this regard, there are some basic pointers that you should keep in mind when it comes to shopping for your baby on the Internet and World Wide Web.

There are many wonderful advantages to shopping on the Net — particularly for an overtaxed new parent. For example, shopping online for baby needs is extremely convenient. You can shop any time of the day or night from the comfort from your own home.

Do not underestimate the selection of merchandise as well as services that you can obtain for your baby on the Internet and World Wide Web. In the 21st century, you have the ability to purchase everything from food to clothing to toys for a youngster on the Internet. In addition, there are a growing number of services for children and infants now on the Internet and World Wide Web. You can access everything from medical care and related information to educational related services.

When it comes to shopping on the Net, there is a wide range of prices available to consumers. Through the Net, you can find bargains on baby goods and services. At the other extreme, you can have custom made clothing made for your baby if you are so inclined and if you have the money in the bank to do so.

If you are the parent of a new child, you would be well served taking the time to surf and explore what is available to you on the Internet in the way of baby products — clothing, toys, foods and other products. (Keep in mind that there are also an increasing number of services available to parents on newborn babies now available in cyberspace.)

Once again, by shopping online you will be able to free up some time in your already jam-packed schedule due to the convenience of the Net. In addition, if you are a bargain shopper when it comes to products and services for your young one, the Net certainly will prove to be fertile stumping grounds for you. The Internet likely will prove to be a wonderful resource for you and your baby.

Dana Bradley writes about

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