

This Free E-Book is brought to you by [Natural-Aging.com](http://Natural-Aging.com).

**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**Nub's Nob Ski Vacations**

**By Burt Cotton**

If you will be in Michigan, you should definitely visit Nub's Nob Ski Resort. Nub's Nob has what is considered to be the Midwest's best snow, and the resort has a reputation for being a family friendly mountain. Generations of families have brought their children here for their very first ski run.

The mountain layout is fairly simple with an elevation of 1338 feet and a vertical drop of 427 feet. There are 43 trails serviced by eight chair lifts. Boasting one of the best skiing and snowboarding schools in the country, both private and group lessons are available. If you are brand new to the sport, you can even learn to ski free, and take advantage of Nub's Cubs Childcare Center while you learn.

Don't make the mistake of thinking that intermediate or expert skiers won't find any challenges waiting for them at Nub's Nob! The terrain is varied, and you will find challenges. Night Skiing is also available. The Ski School offers training programs for advanced skiers who are interested in racing, and many racing events are held at the resort. You can sign up for race leagues at the resort, and many league events are planned each season.

Equipment rental is available, and there is a General Store right inside the lodge, where you can purchase gloves, hats, and neck warmers among a variety of other items. You should also visit the technology center to have your ski's tuned or repaired.

You won't go hungry either! Nub's Nob Cafeteria is open for breakfast and lunch, and if you brought your own lunch, you can eat in the 'brown bag' room. Nub's Winter Garden serves grilled burgers when the weather allows. Pintail Peak Warming Hut is located at the top of the Black Lift. Here, you can enjoy amazing views while enjoying home made soups and sandwiches.

Nub's Nob is the place to go if you want to have a great family ski vacation - or if you are already an expert skier interested in racing and skill events. There is plenty to do and see. In fact, you may find that you have a problem deciding which activity to participate in first! Don't worry about missing anything, though - if you want to ski now and board later, you can do that. Most events are planned for the weekends, so arrange your schedule so that you are able to attend or participate in the planned events.

Burt Cotton

<http://www.myskiholiday.com>

## **Tahoe Vacations - Prepare For The Fun**

**By Ken Snow**

When people think about Tahoe vacations, they are usually thinking about a skiing trip. That is because Tahoe is a great place to ski for people at all skill levels. From the beginner to the expert, you can find ski slopes that seem to have been made just for you at the hot spots for Tahoe vacations. However, Tahoe vacations offer a much more. Skiers, snowshoers and snowboarders are likely to have an incredible time on Tahoe vacations. Even those who can't ski will appreciate the beauty of this place. If barreling down a mountain of snow doesn't excite you, then maybe you will find your place with the fishermen. Many people take Tahoe vacations just to fish. People will drive amazing distances because of the great fishing that the streams and lakes in this area have to offer. From October 1 to June 30, the streams that drain into Lake Tahoe and their tributaries are closed to fishing. However, many of the lakes, including Tahoe, stay open year round. There are many kinds of fishermen that go on Tahoe vacations. Some like to troll the lakes and streams, and some fly fish. Just make sure that you have any license that you are required to have, and follow the rules. Golf has become more and more popular in recent years and many people hit the Tahoe vacation spots for the premier golf courses. Golf is a sport that is popular to a wide array of people. The sport doesn't restrict because of social class, race, age, or gender. More and more people are getting into it everyday. Even those who don't golf can appreciate the natural and man-made beauty of the greens. And there are many courses to choose from on your Tahoe vacations. When you are going on Tahoe vacations, remember to bring the right gear - including sun block. Whether you are going to ski, snowboard, fish, golf, or simply soak in the beauty that is Tahoe, take care of your skin while you are there. When there's snow on the ground, some people may not even think of the need for sunblock. This is a big mistake since sun's rays can actually reflect off of the snow and ice creating an even more intense effect. When you are on the snow, make sure that you wear all protective gear included tinted goggles. The bright reflections off of the snow can also be bad for your eyes.

With a bit of planning, you'll have an incredible time on your trip, and you'll likely find that Tahoe vacations become an annual event.

To get your questions answered about Tahoe vacations visit

<http://www.tahoe-vacation.info>

.



This Free E-Book has been brought to you by [Natural-Aging.com](http://Natural-Aging.com).

**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**