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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

ODE TO THE ROSEBUSH

By Irvin L. Rozier

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The rose flower has such a wonderful smell
In this poem, a story I must tell
Roses are red, yellow, pink and sometimes peach
Many lessons of life the rosebush can teach

Look at all those shiny green leaves
Watch out for the thorns, roll down your sleeves
Spring, summer, fall and winter are the seasons
The Master grew the rosebush for many reasons

He said the rose can brighten my child's day
When the skies are gloomy during the month of May
A sweet fragrance I'll make the rose exude
The hummingbirds, bees, and butterflies I must include

They will enjoy the roses as they blossom
'Neath the rosebush, will be a bed for an opossum
He must have a shelter from the storms I send
He can smell the roses until the storms end

The Master was pleased that He had made the rose
He sent a fragrant rain to give it a dose
Of life giving water that made the rose grow
And blossom with pretty flowers like unto a rainbow

When your life is troubled and filled with doubt and fears
Look at the dew on the roses, and remember Jesus' tears
As they placed the crown of thorns upon His sweet head
Father forgive them is the words He said

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The rose reminds us of this earthly life
The thorns amongst the beauty are as sharp as a knife
But the knicks and cuts are worth the prize
Beautiful roses on the table, no matter what the size.

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author, preacher, retired military

Music of the Heart Will Not Be Silent

By Stephanie West Allen

Music of the Heart Will Not Be Silent by Stephanie West Allen

Most of Beethoven's masterpieces were composed while he was deaf. He had inside him music that would not be stilled by life's circumstances. His music triumphed over suffering.

The last movement of the Ninth Symphony is choral music Beethoven set to Friedrich von Schiller's poem "Ode to Joy." Beethoven believed this poem celebrated the brotherhood of man.

On May 7, 1824, when the Ninth Symphony premiered, Beethoven was on-stage conducting. Also on-stage was a supplementary conductor necessary because of Beethoven's deafness. When the "Ode to Joy" movement was over, the audience erupted in applause. Beethoven did not turn around as he could not hear them.

Turn Around and See What You Have Created

One of the chorus members broke protocol and moved towards Beethoven. He took hold of the composer's arm. Beethoven gave him a fierce look but the chorus member persisted gently turning him around. By then the applause had subsided.

As Beethoven looked out into the audience, they began to rise in standing ovation. First one person and then many and then all. It is said that a single, small tear of joy slipped down the composer's cheek. It is also said that another tiny companion tear rolled down the cheek of the chorus member

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standing next to him.

Some Questions for You

What gift inside of you is so strong that it must triumph over any adversity (or shyness or inactivity or busy-ness) and come out for others to enjoy? Are you still holding it in, sapping creative energy by squelching it? What will it take for this ability, this genius, to flow out of you on a stream of inspiration?

We all have our genius with which we can make our world and that of others a more beautiful place. Part of being a member of the brotherhood of man is sharing our gifts with each other. What will bring your tear of joy?

And one more question, who in your life gently turns you around when you are facing in the wrong direction so you can see your standing ovation?

And Today . . .

Read these words from "Ode to Joy":

"Let us raise our voices in more pleasing and more joyful sounds!"

Sing today. Sing, sing, sing the happiest songs you know. As the words flow out of your mouth with gusto, feel every cell in your body spinning and dancing and cavorting with joy. Each song will be a workout of gladness for your whole being. Yeah, it may feel silly at first but do it anyway. Soon the happiness will permeate you and all feelings of silliness will fly out the window, never to return.

Get others to sing with you. Let's make this day an international day of song

if you find yourself in a situation where you cannot sing right that moment, hum in your head. Head humming is highly beneficial for you, too.

Make today a symphony of song and jubilation. And before you go to sleep, give yourself a rousing round of applause.

What a day this can be.

Merry Method To Accelerate Success_. Excerpts at <http://www.allen-nichols.com/success.cfm> She coaches people in using the two MerryMaxims, WYTUG (What You Think Upon Grows) and LULU (Loosen Up, Lighten Up), to achieve health, wealth, creativity, and harmonized relationships. Contact her at <mailto:Stephanie@allen-nichols.com>



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