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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Off The Beaten Track

By Bronwen Elisabeth Roberts

There are many off-the-track destinations and some wild-at-heart attractions for you to explore in Southern Africa.

If you're looking for a wild-at-heart experience, look no further than the

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FUN LOOK AT A LADY HANG-GLIDER

By VJ Gibson

FUN LOOK AT A LADY HANG-GLIDER by VJ Gibson

`When warm winds from the valleys

Sweep on up the mountain side

When the thermals are a pumping all around

When the birds are all grounded

`Cause the wind's too rough to fly

Then Macho Mountain Mama's up there flyin' high.'

`She's my Macho Mountain Mama

Like a bird, her spirit's free

She flies a big hang-glider through the skies
And I feel up there she's closer
To her real true love than me
And I envy how my Macho Mountain Mama flies'
Freelance Writer in Ashland, Oregon

FUN LOOK AT A LADY HANG-GLIDER

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