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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

One Step At a Time

By Dennis Eppestine

One Step At a Time by Dennis Eppestine

Earlier this week, I was putting together some bookcases. You know those kind that come in a thin box with a picture on front of how great it will look when it's finished.

In big letters on the front it said, "Quick and Easy Assembly." This was a lie. An outright lie. But after I got over being lied to, I settled down to build the bookcases. Of course with 3 children in the house, I had some help. And late into the project, when I asked, "What's the next step?", they told me, and of course – they skipped a step.

They didn't mean to (they never do, do they?). They were just in such a hurry that they turned two pages instead of one. Well, we fixed the problem, and the bookcases look great by the way, but it ended up taking even longer than it was going to (there was nothing "quick and easy" about it!).

Well, of course this got me to thinking. By trying to skip steps and hurry, we ended up taking even longer. And since I relate everything to the Internet (do you do that, too?), it just reinforced for me my deeply held belief that you CANNOT GET RICH OVERNIGHT!

I think every one of us probably thought that at the beginning. It's so easy to fall for it, because it's what we want to believe anyway. Then reality sets in, and so many people quit, just at the time when they could start making some money.

One Step At a Time

You're serious about your business or you're not. And if it's just a game to you, or a fad, then of course – you're going to fail! But after your dreams of instant wealth have died a long slow death, then step back, take stock, and start the long uphill battle to knowledge and you WILL become a success!

So maybe it doesn't happen overnight. So what? I can honestly say that I've never enjoyed a job more. It doesn't even feel like a job. How lucky we are to be doing something we enjoy so much, learning new things daily, and sometimes even making some money at it!

So take it one step at a time, and success will be yours!

Dennis Eppestine operates three of his own websites at:<http://www.products4profits.com><http://www.1stmarketingtool.com><http://www.onestopguidetointernetmarketing.com>

An Easy Wealth Exercise: Ten Steps To Wealth

By Silvia Hartmann

Welcome to this simple, fun and easy exercise to improve your wealth consciousness, focus your mind and get behind yourself so that you can achieve wealth for real, and easily.

The following exercise is just one of 365 different daily "wealth gym" mini-workouts that you can do right there and then, in front of your computer, without even having to get up, and which doesn't take any more than 60 seconds to complete, from our "60 Second Wealth Creator Series".

This is a basic visualisation exercise which is very neat to do for real when you come down a flight of steps.

For now, imagine you're standing at the top of a flight of steps and for each step, we'll make a wealth affirmation.

10. I am ready for wealth!

Take a deep breath and step down to the next step.

9. Wealth is my birthright.

Take a deep breath and step down to the next step.

One Step At a Time

8. I achieve wealth easily.

Take a deep breath and step down to the next step.

7. Wealth comes to me readily.

Take a deep breath and step down to the next step.

6. I invite wealth to come into all I do.

Take a deep breath and step down to the next step.

5. Wealth is my partner and my friend.

Take a deep breath and step down to the next step.

4. Wealth is joyous and delightful.

Take a deep breath and step down to the next step.

3. Wealth enters into all and every aspect of my life.

Take a deep breath and step down to the next step.

2. I am on my way to wealth ...

Now take a deep breath and JUMP off the last step and onto the next level:

1. I AM WEALTHY!

Clap your hands and give yourself a round of applause!

If you enjoyed this exercise, by all means come along and sign up for the full course - it is entirely FREE and not only that, we have some fascinating bonuses too.

Think wealthy, FEEL wealthy and BECOME WEALTHY!

Silvia Hartmann

Silvia Hartmann is the author of MindMillion. To take part in the "60 Second Wealth Boosters" programme for free, go to

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