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**Organise your Mind**

**By Lynn Claridge**

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The road to achievement can be short, long or a dead end the choice is yours.  
Yes I will repeat that THE CHOICE IS YOURS.

It is a fact that all people both men or women can make a success of their life and can achieve great riches in both monetary terms and ultimate happiness. The truth is to obtain ultimate happiness you have to be rich in the monetary sense.

Let me explain this in further detail.

If you want to achieve a happy and fulfilled life you will need money to do it. You will want a new car. You will want a larger home. You will want to go on holiday. You will want to go to the Theatre. You will want new clothes. The list is endless. It is not greed, it is a natural human need, it is in our nature, we always want more, we want the best, we want to fill our world with beautiful things. To get the things we want, we need money. This makes us happy.

Do not pretend otherwise. The saying "I am happy with what I have" is used as an excuse for the under-achiever. Deep down they are usually envious of what other people have. The "I am happy with what I have" people are often the ones with the Lotto ticket in their hand watching the numbers roll out and hoping they will win.

So Organize Your Mind!!

Most people's minds are like a rubbish bin; you open the lid and just throw things into it. You collect all your thoughts and just throw them into your mind all jumbled up. The successful person on the other hand has an organised mind. They will concentrate on obtaining what they want out of life. Everyday will be a day closer to obtaining that goal.

Nowadays we are becoming more environmentally aware so we have to separate our rubbish. We have to put paper in one bin, coke cans in another, plastic in another and so on. Our rubbish is organised and placed into separate containers. Then when the container is emptied, we start to fill it again but only with the things that are meant to go into that container. Of course if the containers were

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never emptied all the rubbish would fall out and would eventually mix with the rubbish from the other overflowing containers and would therefore become a jumbled rubbish bin again.

So the first stage has now become clear we have to organise the rubbish in our brains into neat little containers and once finished with it, throw it away. There is a good reason why we have to do this. We want to concentrate on getting rich, on obtaining our goals, not spend our time sorting rubbish. So the first stage has to be, sort the rubbish once and for all.

So how do we do this?

Take a pen and paper and firstly write down every worry you have at the present time.

Secondly write down everything you should have done but have not got around to.

Thirdly write down all that you owe and to whom.

It does not matter if the same thing appears in more than one list.

Now look at the lists.

Firstly you have to see if anything appears in more than one list. If it does, this is most possibly one of your main concerns, this is right at the top of your everyday re-occurring thoughts. This is most likely the thing or things you think about most. Everything else will be of less importance to you because of your "main concern".

Now the chances are your "main concern" is the thing that is stopping you from moving forward. You are bogged down by this "main concern".

Now you make another list, give it a heading "CONCERNS". Start at number one and list everything you have on your lists in order of concern. Number one will of course be your "main concern".

You now need to make another list, give this a heading of "I WANT". Write down everything you want. This does not have to be only material things. Because of the way our minds work the first item on your list will be the thing you want most and will progressively become less important the further down the list you go.

OK. What you have just done is to take all your thoughts of both "concerns" and "wants" and have written them down. You have taken all the rubbish in your mind, sorted through it and placed it into containers. In front of you, you have a list in order of priority and importance, your "concerns" as well as your "wants".

You are looking at everything that at this present time is worrying you. You have also given thought to what you really want out of life.

Do not destroy these lists. They are going to form your course of action. When you get rid of a concern, cross it off the list. When you get a want, cross it off a list. Some of the items you have on either list could take a long time to cross off. But believe me, one day you will cross them off. If your mind is

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uncluttered with everyday rubbish you can work towards your goal of "wants" and remove your "concerns". It's up to you how quickly you achieve this. You have to believe in what you are doing, you have to organise your mind. An organised mind knows what it wants and how to achieve it.

Lynn Claridge is a psychic medium. She specializes in self-development through meditation and the understanding of your inner-self. She has written a book "Understanding your Psychic Ability" available at [www.newage-alternatives.com](http://www.newage-alternatives.com) and has a website [www.inthe6th.com](http://www.inthe6th.com) covering amongst other subjects, spirituality, self-healing and personal development.

### **Make the Most of Your Money**

**By Lorraine Pirihi**

I'm always amazed that so many people spend most of their life at work and totally neglect their personal affairs.

Many of the business people I work with want their professional lives to be in order, and admit that their personal affairs are in chaos.

They have no systems for handling this most important area. The household paperwork is disorganised...piled up in a corner of the house...somewhere. They have no idea where they spend their money and often have no plan for their financial future.

If you do not organise your personal life, you won't have much of a future to look forward to.

Avoid the excuses that you are too tired, don't have the time, and don't know how.

Here are several tips to get you started:

Set up a filing system to store your paperwork.

File your papers in categories: Bank, Car, Children, Home, Medical, Insurance, Investment, Tax, Utilities etc.

Organise direct debits for regular bills.

Read, sort and action your snail and e-mail daily. This will avoid a big build-up.

Make a note in your diary when you need to remember to do things.

Check your bank accounts weekly via phone or the Internet to keep tabs on your money.

Allocate a particular day and time each week to review your personal affairs.

Get educated – attend seminars, read books and listen to information on wealth creation. (Our

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fortnightly Event Update often advertises worthwhile events that will help you). Having knowledge will make it easier to make decisions and take action.

### Organising Your Financial Future

This area should be top priority. If you do nothing because it's too much effort well think about this.

What would happen if you lose your job, have an accident and receive no income for 6 months? How would you (and your family) survive financially? Do you have your insurances in order?

Where will you be in the next five years? Maybe retired and on a pension? Or perhaps you have superannuation you hope will be enough to live on? Unfortunately too many people are under false illusions about how superannuation will be the answer for a secure retirement.

Hope is not enough. You have to be pro-active and seek out people who can help you. But be careful who you take advice from and what is the motivation behind them "selling" you their ideas.

Educating yourself on how to make the most of your hard-earned money so you can create wealth should be a high priority. After all, if you're not interested in securing your financial future, who is?

### The Final Word

If you take control of your personal affairs you will have peace of mind and know that you are making things happen.

I once heard someone say: Some people make things happen, others watch things happen and others wonder what happened. What do you choose to do?

Lorraine Pirihi, principal of The Office Organiser is Australia's Personal Productivity Coach. She specialises in working with businesspeople showing them how to dramatically boost their productivity, reduce the stress and the mess in their lives and have more time for enjoying their life.

### Make the Most of Your Money

Organization Tips – How to Organise Your Computer Files

Eight steps to achieve any goal

Passionate About Organizing - How To Create A Single System To Organise Both Your Digital And Traditional Photographs

Developing your management style

### The Buy Impulse

Money Saving ideas

Mind Power Creative Thinking

How to Use Your Mind for Study

Internet Marketing Video Training Vault



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