

This Free E-Book is brought to you by [Natural-Aging.com](http://Natural-Aging.com).

**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**Our House is a Danger Zone**

**By David Leonhardt**

**Our House is a Danger Zone by David Leonhardt**

Home is where the heart is, so they say. But for 20,000 Americans each year, home is where the heart stops beating. According to a 2002 study, that's how many Americans fall victim to fatal injuries in their own homes.

At this rate, it will take just 14,750 years for clumsiness and carelessness to wipe out the entire population. Fortunately, al-Qaeda is not aware of this statistic and remains fixated on ka-booming things instead of creating mass clumsiness and carelessness.

But is it true that home is no longer a safe haven? Is home really a foreboding lair of unpredictable dangers? Has home become the very place where we are most likely to look evil square in the eyes and say, in all sincerity, "AAAAARRRRRGHHH!"

My home is.

We have a smoke alarm in our home. Smoke alarms are supposed to be the good guys, right? They warn us about impending suffocation by smoke-breathing fire.

Not ours. Our smoke alarm warns us of slightly warm soon-to-be-toast. It lets out an ear-splitting screech. Yes, split-ear injuries are becoming commonplace in our home.

And the toaster is an obvious accomplice. How else would the smoke alarm know to attack just as the soon-to-be-toast warms up?

Diapers are becoming dangerous, too. Aside from the obvious hazards of unsanitary suffocation when a toddler in a dirty diaper won't stop squirming and wriggling, and makes her way across your face toward the couch, there is the parent factor to consider.

Not long ago, I had been looking after the kids all morning. Having just waged diaper-change on Little Sister for the third time that morning, and believing I had won, I was ready for some fresh challenges.

## Our House is a Danger Zone

When my wife chose that moment to walk into the room, I thought her timing was particularly fortuitous.

Just how fortuitous, I was about to learn.

As I headed toward my office to get some work done, she sniffed the new diaper. Making a funny face... "Pee—ew! She did this on your watch. Here, you take her."

I hightailed it to my desk, "No way. I just changed her. You take her."

"She's all yours," she insisted.

"No more dirty diapers," I cried, ducking behind a chair. "Somebody call 9–1–1. My wife is chasing me with a loaded baby!"

Having children at either end of toddlerhood opens up all kinds of opportunities for injuries. It seems they each take their rolls very seriously. Little Sister drops as much food on the floor as she can get her fingers into. And Little Lady is only too happy to help her little sister slip on that food later.

Of course, Little Sister is very polite, and she quickly reciprocates by grabbing Little Lady to hold her balance. Have you ever been grabbed by a 14–month old baby–toddler? She makes a pit bull's bite feel tender as a gentle ocean breeze.

And she always knows just the right places to grab, so that any family member can easily compete with the smoke alarm in volume, tone and free–style split–ear injury creation.

Yes, the home has become an ominous booby trap, launching its attack on families where they least expect it. When even the toaster and the smoke alarm collaborate on home insurgencies, can all–out warfare be far behind?

But I will have the final laugh. Just wait 'til I rewire the smoke alarm. Who needs to be warned about smoke, anyway? In this house we need to be warned about dirty diapers. Hey, I feel a new invention coming on.

David Leonhardt is author of *Climb Your Stairway to Heaven*<http://www.chapters.indigo.ca/Item.asp?Catalog=Books&Item=059517826X> Read more personal growth articles:<http://www.thehappyguy.com/self-actualization-articles.html> Visit his liquid vitamins store:<http://www.vitamin-supplements-store.net> Or his happiness website:<http://www.thehappyguy.com>

## **Get Out of Your Comfort Zone in the Job Search**

**By Marilyn J. Tellez, M.A.**

## Our House is a Danger Zone

Most everyone these days knows what a comfort zone is. My definition is the place, environment and tasks that we have learned to do and feel comfortable with—a comfort zone.

Lots of people feel devastated when they have lost a job as their comfort zone no longer exists. In other words, the time, place, co-workers, tasks which have been performed on the job don't exist any more. It's an uncomfortable place to be in. There is no sense of direction.

However, if we as workers realize that a comfort zone can disappear at any time, it is important to get out of our comfort zone while working. It does not take lots of money to be adventurous in looking at what other people do.

When we establish a reason to find out about other's jobs, we can understand job roles and skills from someone else's perspective, thus enhancing our own. It means talking to people, volunteering for projects out of our own expertise, and being curious about what other people do.

These activities can help us to understand that the comfort zone of the past, may be a prison in disguise. Being more open to various experiences and people can help us to understand that the grass we may covet on the other side of the street, is really just grass; someone else's comfort zone. See your "zone" as something you can change constantly. That activity will keep you on your toes!

Marilyn J. Tellez, M.A.  
Certified Job & Career Transition Coach  
Email:

Web:

Get Out of Your Comfort Zone in the Job Search  
Why You Never Get What You Truly Want  
Positioned For Success... The Refined Art Of Taking A Chance  
Principles of The Zone Diet  
The Miraculous Claims of the Zone Diet

Newbie's Guide to Stop Spam  
Home Remodeling Secrets  
How To FINALLY Stop Smoking...Once and For All!  
If I Can, Anybody Can!  
Membership Millionaire

Our House is a Danger Zone



This Free E-Book has been brought to you by [Natural-Aging.com](http://Natural-Aging.com).

**[100% Effective Natural Hormone Treatment](#)**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**