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PARENT'S TIME-OUT AT WALT DISNEY WORLD

By Cara Goldsbury

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So you think a trip to Walt Disney World is one only the kids can enjoy. Well, think again! Here are a few tips for making your vacation to Mickey Mouse Land a memorable one for the whole family.

· Hire a babysitter for an evening alone. – If you're a registered guest of a Disney resort, drop off the kids at one of their child care centers for around \$10 per hour, per child. They'll be given dinner along with classic Disney movies, arts and crafts, and video games. If your child is under 4 or not potty trained, call Kid's Nite Out at 407-827-5444 for in-room childcare.

· Plan a date at one of Disney's world-class restaurants. – For the height of romance, head to Victoria and Albert's at Disney's Grand Floridian Resort. In its intimate, dimly lit dining room you're served a sumptuous 7-course meal on white linen set with Royal Doulton china and sparking crystal. Or try the California Grill on the 15th floor of Disney's Contemporary Resort. Here you'll find an unbeatable panorama of the Magic Kingdom and the Seven Seas Lagoon along with picture-perfect views of the Wishes Fireworks. From pristinely fresh sushi to exceptional New American Cuisine to sensational desserts and an outstanding California wine list, this place has it all.

· Consider springing for two rooms. – Disney guarantees connecting rooms for families with children, thereby guaranteeing Mom and Dad some alone time. After the kids are in bed, order in a romantic meal in the privacy of your room.

· Enjoy a bottle of wine in your room or on your balcony. – It's a perfect way to enjoy Disney's wonderful ambience. The bottled wine selections at the Disney resort shops are a bit sparse, but room service usually offers a nice selection.

· Arrange for a couples massage in a candle-lit room at the Grand Floridian Spa. – Or choose the 3-hour Couples Instructional Massage with step-by-step instruction in massage therapy.

· Watch the evening fireworks spectacular from a Magic Kingdom resort. – You'll find the most romantic spot at Disney's Polynesian Resort where the two of you can relax in a swing or hammock on a sandy

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white beach.

- Take a Fireworks Cruise from one of the Magic Kingdom or Epcot resorts. – Bring along a bottle of champagne, 2 glasses, and enjoy!
- Party down at Disney's Pleasure Island. – It's New Years every night of the week at this 6-acre playground for adults. Wall-to-wall clubs and a nightly street bash with live entertainment and midnight fireworks make this the party-lover's choice for nighttime entertainment.
- Spend an evening at Disney's Boardwalk. – Rent a surrey for a spin around Crescent Lake followed by dancing at Atlantic Dance and the Illuminations show from the upstairs balcony.

Cara Goldsbury is the author of *The Luxury Guide to Walt Disney World: How to Get the Most Out of*

the Best Disney Has to Offer available at 800-247-6553, www.luxurydisneyguide.com, Amazon.com, or your local bookstore.

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Cara Goldsbury is the author of "The Luxury Guide to Walt Disney World: How to Get the Most Out of the Best Disney Has to Offer". A former travel agent and agency owner, she has traveled extensively throughout the world.

Planning Your Walt Disney World Vacation

By I Henman

While it's always thought that children are the ones who dream of Walt Disney Vacations, there are adults that think of Walt Disney World as their ideal vacation spot as well. The greatest appeal for families to Disney has to be the ability to find something for everyone to do. Of course we're not just talking about group activities, but things for every individual too. This is probably one of the big reasons that families will go back each year, yet they never seem to get bored.

If you're seriously considering taking a Walt Disney vacation you should start your research on the Internet. Of course you can book a vacation right on Disney's website, there are other online travel sites that also have special family destination packages that might include Walt Disney world, as well as airfare, and hotels.

An important thing to keep in mind is that Walt Disney world vacations vary in price depending on the time of year you want to travel. Disney is also busier at particular times of the year than others. Choosing to go to Disney in the off season will often mean you'll get a better deal. It's a funny thing really, Disney never has a shortage of visitors whether it's peak season or not, yet you can always find a deal. This is likely another one of the big attractions as a vacation spot, there is always a good deal to be found.

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There are a few ways to book your trip to Walt Disney world. First off you can book it online, via a travel agent or by phoning Disney. Each option has benefits, when calling the operator on the other end might be able to dig a bit deeper and find you a better deal then is available online or at your regular travel agent. If you do intend on calling to book your trip you should either call in the evening or early morning. Calling throughout the day is the busier time, and you'll be more rushed to book and get off the phone so that operators can serve other clients.

Another attraction to consider when planning your trip to Disney is the special events they hold. While you likely won't find a deal during those special events it can make your vacation that much more enjoyable. Attractions such as concerts for children under five, or special character appearances often occur but aren't part of Disney's regular attractions. Also keep a watch for Disney anniversary specials. Catching specials that don't happen all the time can create wonderful vacation memories, and be that much more fun for you and your family.

For more getaway travel ideas take the time to visit our website at



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