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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Pakistanis' future in US

By Syed Asad Ali Zaidi

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Of late, Pakistani society in the US is going through a lot of soul searching to identify a strategy for our future in this country. We are gradually working towards understanding the subtleties of American culture.

Generally, these values are acceptable to the Pakistani-American society. We value the diversity and the plurality of opinions that is embedded, in an immigrant community.

The Pakistani-Americans form an industrious community having a positive attitude towards American society. We have always worked for the betterment of our host country. We volunteer our time in promoting general welfare. Being highly qualified in the areas of science and technology, we are successful in various professions.

Having strong work ethics, we are respected in the business world as well. All this makes a sound foundation for a successful immigrant society. Our future depends on our continued strength, which lies in the ingrained values that we have accumulated over the years. Strategically our future is intertwined with that of the American society. We should continue our future generations to be adequately educated in areas of science and technology.

This strategic path will bring most of us into the mainstream of Americana. Our future in the United States also depends on how we continue interacting with the society at large.

im belong to syed family and im now studing in karachi university in computer science department

Focus on your future vision!

By James Winston

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Unfortunately, most people will never develop a strong future vision for their lives. They will never admit to themselves, or anyone else, what their dreams really are, and they won't put a deadline on those dreams and transform them into goals. Thus, most people will never even begin to harness their true potential. What they don't realize is if they are not focused on their futures – if they are not consciously creating their lives – then they are living accidentally, not intentionally. They are merely reacting to life. When you have faith in your future vision, it creates resilience: when things do not go your way, you will be able to pick yourself up because your future vision will be stronger than your setbacks. Doing the particular things you need to do to move toward that future vision will become automatic, a habit. It is close to the certainty of religious faith – the comforting, assuring feeling that whatever happens will happen, but in the end, you will succeed. It helps me to surround myself with photos and reminders which keep my future vision and goals on my mind. This is another simple yet powerful strategy. Remember that everything we experience in the 'real world' is merely an external manifestation of what has already happened in your mind. That is where the relatively well known maxim, "If your mind can conceive it, you can achieve it" comes from. And it is true. In your mind, you see, anything is possible. So nourish your mind with positive uplifting images... it's worked wonders for me!

James Winston–Motivational Counselor<http://getfit.blogspot.com>



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