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**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**Pampering your partner for intimate moments**

**By Janett Colon**

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Pampering your partner for those intimate moments—

Ever think that your partner is getting old of the same old routine or that you aren't pleasing your partner or maybe your not holding up to your end of those intimate moments in your relationship. Try putting a little twist in your relationship by pampering your partner. Be creative; spice things up for those intimate moments.

Here are a few simple things you can do;

Start with your bedroom for starters. observe your room maybe a change in the lighting or a few candles in the room might just help in setting the tone.

Intimate moments don't always have to be rushed. Pampering your partner with some pleasurable fore-play can really make those intimate moments exciting, kiss them for 5minutes non-stop licking their lips and sucking their tongue.

Pampering your partner with a nice massage always easing the tense moments that your partner might be feeling. Try using some oils or lotions.

Try out different positions with your partner it might spice up the intimacy and could be very pleasing.

Involving fruit, chocolate, whip cream, syrups or whatever foods are fitting for you and your partner and it might just make those late night snacks a little more Indulging. Ice is an added tingler.

Switching/Trying on your partners clothes might give your partner a visual of Ultimate Intimacy.

Pamper your partner by doing their nails or something out of the ordinary be spontaneous, risky and adventurous..

Re-ignite the flames of love..

"Variety is the spice of life"

[www.a-gift-of-love.com](http://www.a-gift-of-love.com)

Janett Colon, believes that men and women need to be in love and have happy fulfilling love lives and relationships, dedicated to providing resources that promote love and happiness, enhancing your lives today. Love is a beautiful thing we need to share it ..

## 10 Fast ways to Re-ignite the Flames of Love

By Maria J Colon

Enhance Romance today.

When Men and Women enter into a relationship, what they are really looking for is a best friend, someone they know will love us no matter what.

Research shows that people who put each other down and are hostile to each other are more likely to have serious problems .

We all have a comfort level and it's usually measured by how we live and what our interests are. Our comfort level gives us a sense of protection. We tend to lose ourselves and interest on what really matters ..(sharing our love!)

We don't want to try new things, if it ain't broke why fix it , that is what we believe when we are at that comfort zone. It seems as though we are living in a box, we need to step out .. We tend to SETTLE for the "status quo" that would be our existing condition.

For the feeling of being afraid of stepping out ... What if ??????

We tend to feel vulnerable and insecure our sense of protection has been broken our love has diminished ..

What if ???

Stepping out of the comfort zone could and should have a positive effect in your intimate love romantic relationship moments with your partners. Yes you can have it all !!

It helps us grow and we learn from these intimate experiences. We discover new ways to share love and enjoy

happiness together which is the best thing in the world !

Start right now ! Enhance romance ...

Follow a few easy steps and soon you will see things in a new light ..

\*\*\*Steps to Re-igniting the flames of LOVE \*\*\*

1. Be spontaneous with your partner it is a way to help your relationship flourish. Being spontaneous with your partner can enrich and strengthen your intimate moments ...try something that you have been wanting to do..

## Pampering your partner for intimate moments

2. Talk, listen and laugh together become best friends ..You will soon start creating a bond of intimacy .. Be sincere open and honest ..Communicate about love, sex and the relationship..
3. Send Love Notes , Post them everywhere , tell them how gorgeous, handsome,Beautiful, sexy , how much you love them, be creative be specific...
4. Compliment each other lovingly in public and in privacy, show affection for each other ...
5. Show them how much you really care by being responsive , caring and loving whole heartedly .. Do the little things that say i love you and care for you ..
6. Respect each other whole heartedly, partners who treat each other with kind and respect know that it is essential for having a deep connections and loving relationship..
7. Be a good partner ---regularly get them something you know they will like and enjoy ..
8. Don't let negative or annoying comments bother you , discuss the negativity when you are both calm.
9. Take responsibility for your own growth, appearance and health..
10. Communicating without fear is absolutely essential to building the deepest kind of friendship and intimate partner..

Deep inside of you there are powers that if discovered and used would allow you to achieve all that you ever dreamed or imagined you could become. Love is a Beautiful thing Let's share it ...

Maria J Colon

Dedicated to enhancing the lives of men and women who are with out love..  
Improving the romantic intimate moments and romantic environment ..

10 Fast ways to Re-ignite the Flames of Love  
Mommie Moments - Getting Your Partner to Help  
Have You lost that Loving Feeling ?  
Sexy Holiday Gift Ideas  
Common Marriage Problems – Married With Kids

How To Overcome Snoring and Sleep Apnea  
Refund Plague Mini-Course  
The Forum List  
Online Dating Secrets Revealed!  
How To Create HOT Information Products

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