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**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**Pancakes fit for a King**

**By Jacob Martus**

Top Secret Recipe – Pancakes fit for a King

It's time to reveal a recipe that my kids love. These pancakes are a delicious way to bribe your kids into doing anything. If your family doesn't like these pancakes, then there is something wrong with them.

**Batter**

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- 1.) Start with a non-stick spray
- 2.) 1 1/4 cups of flour
- 3.) 1 egg
- 4.) 1 1/4 cups of buttermilk
- 5.) 1/4 cup of granulated sugar
- 6.) 1 teaspoon of baking powder
- 7.) 1 teaspoon of baking soda
- 8.) 1/4 cup of cooking oil
- 9.) Add a pinch of salt to complete.

**Meal Preparation**

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- 1.) Preheat a skillet with a non stick surface over medium.
- 2.) Mix or blend the batter until smooth.
- 3.) Pour the batter by spoonfuls into skillet forming 5 inch circles
- 4.) When edges harden, flip the pancakes. They should appear golden brown.
- 5.) Repeat same process above until bottom side of pancake is golden brown.

Above measurement makes 8 pancakes.

I hope you enjoyed this top secret recipe; I know I do. If you liked this recipe you can check out more at my

<http://restaurant---recipes.blogspot.com>

restaurant recipes blog.

Jacob is a father of 5 boys and loves to cook delicious recipes. He publishes a blog full of

restaurant

recipes

to make from home.

## **Why Elvis Preston King the NEW King Takes Cruise Vacations with His Dream Girls!**

**By Elvis Preston King**

Why Elvis Preston King the NEW King Takes Cruise Vacations with His Dream Girls!

There is nothing like a cruise to please Elvis and his top dream girl all at the same time.

Number one Elvis Preston King never takes driving trips. It's too dangerous and Elvis thinks his chauffeur is a lousy driver! And for sure if other drivers were to come face to face with Elvis and one of his stunning 18 year old dolls he could cause a deadly accident or at the very least a traffic jam backed up for hours!

Elvis likes how you check your bags at the port and the Magic Wizard whizzes them to his room before he get to his suite. Elvis only accepts suite rooms with a balcony which he says is really romantic for his girls!

Elvis likes tradition, Elvis likes elegance and to be treated like Royalty. After all Elvis Preston King is the NEW King and he is today's Royalty. He expects to be treated that way. On the RIGHT CRUISE he gets such treatment.

Some times Elvis likes to dress up in his Tuxedo and reminisce when he was the King of Rock and Roll. The formal dinner is the only way Elvis likes to dine. Although he has been known to ask for room service and order the buffet but private in his room. Also he loves it when the chef cooks his peanut butter and fried banana sandwich and sends it up to his room in lieu of the midnight buffet.

On one cruise Elvis broke down and sang "Are You Lonesome tonight" in a lounge and caused a commotion still talked about to this day on this particular cruise line. Oh yes Elvis has a disguise. But you can see it is really him if you look closely. He is graying and fat but it's him alright.

Remember how Elvis had to rent the whole movie theatre to go to a movie. Well now he goes widely unnoticed at the movies on a cruise ship and he loves going to the movies on his cruise vacation most of all!

## Pancakes fit for a King

To find out which cruise you can catch Elvis Preston King on you need to do a Google search for future articles by Elvis Preston King the New King!

Elvis is a 55 year old senior who doesn't want to let go of being 18. He has over 1000 sexy girlfriends 18 to 22 years old. He is now looking for just ONE gentleman sidekick to share in his good fortune. His office is based out of Los Angeles, Ca. You can email him at [seniorplayboy1@yahoo.com](mailto:seniorplayboy1@yahoo.com) or visit <http://www.msusers.com/BachelorDreamTours> or <http://bachelortours.blogspot.com/> or <http://seniorplayboyclub.blogspot.com/>

Why Elvis Preston King the NEW King Takes Cruise Vacations with His Dream Girls!

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