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Part 3 – The version of Cheating

By Wayne Lowe

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If you've read my 2 parts to my week of hell, this is may be my final version the one where I cheated...

For the word cheating means something bad, and I admit I cheated on my Boyfriend who I took back after our break-up. When we split the night after he "cheated" on my, although we split up, there is still that bit of respect we keep with each other. I wouldnt have snogged someone in a club, that would mean I was as low as him.

I broke up on tuesday, made up on friday and cheated on Monday night, with a guy who I just met at my pamper session. The idea for the session was to get me to understand that I can make new friends and enjoy not having my boyfriend around me all the time. To some you might think that I cheated on my boyfriend because I was getting revenge, maybe that was true in some way, but I believe I was craving so much attention from my boyfriend that I did this without knowing... it wasnt planned and I was not out to do anything apart from have a good night in... A day afterwards I still thought about the night I cheated and I never looked back. My boyfriend breaking up with me took him the break-up to realise he needed me, and my cheating night was the one that got me to realise that I still love him.

Whether its a kiss or fumble, its all cheating, at the time of doing it I was in control, and for a little while I was the one who was getting all the attention. I felt attractive and needed, if only for one night it was different and I needed different. I was in mt stage of development, and you could say I've gotten this out of my system... which I indeed did!

The version of cheating, gets you realising will they ever find out. Some never do, some hide the real truth forever, and take it to there grave, but this time I wanted to be honest and never hold anything back from him, in fear of him finding out from other people I took the opportunity to tell him as soon as I was ready.

In the begining It was perfect, then he started it all with the space thing, this would never have happened if it has stayed the same and we worked on our relationship.

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Im sure we will work it all out in the end but its up to him if he can now hug me like he used to. He feels the same way I do when he snogged that guy. He now knows what it feels like to be hurting. He wanted to get rid of me, but he loves me he says and so its hard to get angry. Hes upset and would be if anyone is in his shoes.

Somewhere deep inside me said now i can move on and not care if im dumped a second time. He said also that if he suspects me of doing it – he'll do it as well. That could be the same with me, but in terms of scoring points I have scored alot more!!

I feel bad all the time, everytime I look at his cute face and with every part of my body reaches out to him in search of love and hugs. He hasnt got his emotions ready and so Im deprived of hugs that I cherish so much... I feel worthless and lonely cause he's distancing himself from me as much as he

can – he's aquiring the space he can, whilst were in our repair stage!!

Will it last? Im sure it will on my behalf. Infidelity makes relationships stronger apprently, but does my version of cheating make us stronger... time is a healer I believe in it.

If you've cheated, you can decide to keep it a secret, or live in fear that they will bump into them in the street and everything will be thrown out the window. Best advice, we've only got a few years in our lives, and we dont live forever, so to stop the heart ache later on in life when your older, be honest and be prepared for the worst. Then afterwards when they dont want you – go have fun, BUT if they want you back then work on it so hard so it gets super strong that no one can ever break it up again!

Trust plays a big part in this version, make sure trust is the first thing that you get sorted out of all this – its a must.

Please share you versions on here, writing about it helps and makes you reliase what you should have said or what you shouldnt have said...

Cheating if not intended makes you stronger to understand relationships better, but if the cheating was planned then you will never get to understand anything about who you are...

Being single is the only way forward, but who wants to be single??? Not me! x

This is my 3 Chapter, this was not meant to happen but it did and changed the whole entire look i have on which I base my relationships

Link Cheating On The Rise

By Maya Pinion

Website owners and webmasters who are trying to improve their search engine ranking by trading links with other sites should beware of being cheated. Beware of link cheating.

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What is link cheating?

Link cheating is when the other party in a link exchange does not live up to the bargain and does not add your link to his site. Link cheating can happen when you add someone else's link on your site first, then submit your link info, and assume that they will reciprocate and add your link to their site. What often happens is they don't add your link. And you end up with a one-way link, giving a link and getting none in return, improving someone else's search engine ranking and not yours. Link cheating. Even worse, you end up wasting a lot of your valuable webmaster time and energy for nothing. And, often, you won't even know it. You may not know you are the victim of link cheating or may not find out your link was never added to the other site until weeks or months later! Because link cheaters don't email you telling you your link has been added to their site and they don't email you telling you they have decided not to add your link (for whatever reason). They will just take advantage of the one-way benefit of you linking to them. Link cheating.

How can you protect yourself from link cheating?

As a webmaster, protecting yourself from link cheating is very time consuming and frustrating. Of course, you can check every site you linked to and see if your link has been added to that site. This is very time consuming, even with a "link checker" tool, and you may not find your link even if it is there! Or, if you don't find your link you can follow up with a polite email. And, if you don't get a response within a week or two, you can remove their link from your website. Unfortunately, by then you've been promoting the other site(s) for a month or more and getting zero in return. Link cheating.

Link cheating costs trusting webmasters, trying to build their website ranking, a lot of time and a lot of irritation. A lot of time adding links, submitting links, checking links and, ultimately, a lot of irritation removing links which don't reciprocate. One website owner became so fed up with link cheating (20 times in 2 weeks) that he changed his reciprocal link policy.

no longer will add a

link to their site unless their link is added first, and confirmed to them by email. They promise to then add your link provided it is deemed suitable and acceptable. And they will no longer be a victim of link cheating, by avoiding sites who force you to use those automated you-go-first-but-we-don't-have-to-reciprocate link management programs. Many of these are good programs but they are being abused by bad webmasters.

As for the link cheaters, in the interest of internet honesty and fair play, webmasters who offer a reciprocal link exchange should abide by the agreement. If someone links to you you should honor the link exchange and reciprocate. That means adding the other party's link to your site. Or, if you have decided not to reciprocate at least have the professional courtesy to email the other party stating that their link has not been accepted.

Link cheating is reaching epidemic proportions and appears to be on the rise. And there appears to be no easy cure. But here's some good advice for website owners and webmasters who wish to trade links ... beware ... be aware ... and don't cheat.

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Maya Pinion is a freelance writer and contributing editor for News4Net.

is credited

with coining the term "link cheating".

Link Cheating On The Rise

Ladies, Is Your Valentine the Cheating Kind?

CHEATING

Consider Cheating On Your Insurance Company

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HIV/Aids Healed by the Power of God

Monsters From Hell – Game

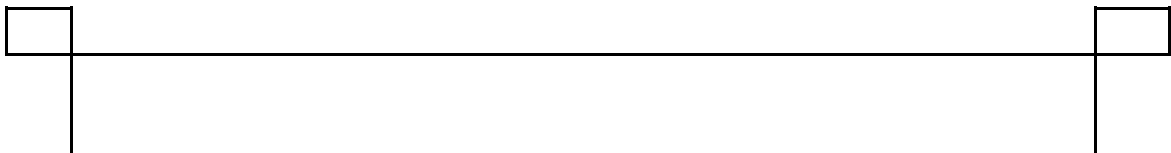
Script Jungle – You'll Get 10 Great Scripts With Resell Rights!

The Art of Kissing

The Subliminal Black Book!



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