

This Free E-Book is brought to you by Natural-Aging.com.

100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Passport Not Required

By Kimberly A. Griffiths

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The Elderhostel is the most unique travel organization I've ever come across offering outstanding opportunities for learning while traveling; not to mention meet new friends during your journey. The Elderhostel is a not-for-profit organization dedicated to providing extraordinary learning adventures for people 55 and over. From New Hampshire to New Zealand, South Africa to South Dakota, Elderhostel offers you a world of educational opportunities – at exceptional values. Their tagline reads: "The world is our classroom. What do you want to learn?" There are over 10,000 programs sponsored by the Elderhostel every year! Some topics include:

- National Parks
- Houses and Gardens
- Signature Cities
- Food and Wine
- Active Outdoor
- Architecture
- Marine Research
- Ancient Histories
- etc.

Regardless if you travel domestically or internationally, the Elderhostel promises "educational excellence, comfortable accommodations and delicious meals, extraordinary value, and warm camaraderie of fellow Elderhostelers."

They have been running educational travel programs for over 25 years. From personal experience, I'm here to tell you that I'm a bit jealous of the stories my parents share upon return from their wonderful adventures domestically and internationally. Depending on where you live, there is even a commuter program so you can learn all day and sleep in your own bed at night.

The Elder Hostel now offers a new catalog for their 2003 programs specifically for North America entitled "United States and Canada." Here is how to reach the Elder Hostel for more information:

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Toll-free: 1-877-426-8056
website: www.elderhostel.org
email: Website@elderhostel.org

This is an excerpt from ONE PAYCHECK AT A TIME, www.onepaycheckatatime.com, by Kimberly A. Griffiths, ISBN: 1591133327. ONE PAYCHECK AT A TIME, a 200 page workbook, contains budget management exercises for an entire year of paychecks. The author, Kimberly A. Griffiths, has been through the vicious cycle of debt herself, and provides a no-nonsense system to managing your money paycheck to paycheck.

Get Your U.S. Passport Fast

By William Manor

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Where do you turn when you need to get your passport in a hurry? The U.S. Department of State Passport Services claims to process passports in six weeks for regular services and in two weeks for expedited services. Neither is guaranteed and it often takes longer, especially during peak travel season.

To get your passport processed and returned to you within 10 business days to as little as 24 hours, you have to rely on a private passport expeditor.

The National Association of Passport and Visa Services says that there are approximately 100 expeditors operating in the United States. If you plan to use one of these services, choose one that has an easy-to-follow application process, online tracking, money-back guarantee and reasonable fees.

To read reviews of online expeditors and get helpful tips for getting your passport, visit our web site <http://www.us-passport-service-guide.com>

William Manor is the owner of U.S. Passport Service Guide, a very useful and comprehensive resource for U.S. citizens who travel internationally.

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