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Impair Healthy Healing In People Over The Age Of 30!

Paxos - The Holiday Island For Music Lovers.

By Rod Ritchie

The tiny Greek island of Paxos, with its groves of olive trees, secluded beaches and coves, and pretty coastal villages, has become a favourite destination for music lovers during its annual jazz and classical music festivals.

In June, the Paxos Jazz Festival attracts talented and well-known musicians from far and wide to perform in open-air, idyllic locations with perfect summer weather. And from 2-13 September 2006 the renowned Paxos International Music Festival features classical music concerts in Loggos.

Since 1986, this Festival has established a tradition of excellence in performance, and has developed a loyal following of visitors and locals. As well as presenting major works from the chamber music repertoire, the Festival has commissioned new pieces especially for the Island. These included We Shall be Here, for a thousand and a thousand more years, a cantata tracing the history of Paxos from its mythological beginnings to the present day and Prokofiev's Peter and the Wolf translated into Greek. Now directed by the UK's Guildhall School of Music and Drama, the 2006 Festival will present major works by composers who have anniversaries this year, including Mozart's Clarinet Quintet; Schumann's Piano Quintet; a Bartok String Quartet and a Shostakovich piano trio. And Guildhall students and teachers will give five special concerts. For the first time in Paxos, singers will present a repertoire of songs and arias.

The cosmopolitan capital of the Island, Gaios, bustles with life at festival time and its harbour is packed with yachts and cruisers. Cafe bars and restaurants line the waterfront, nestled between charming villas with their Venetian architecture, and the island's nightlife includes late-night music bars overlooking the harbour. At the waterfront terrace of Bar Taxidi, in picture-postcard Loggos, you might even find Spiros, the owner, making traditional music.

Some of the best accommodation on Paxos is to be found in the lovely little fishing harbour of Loggos but, be warned, with limited accommodation Paxos villas are in high demand at the time of the music festival so be sure to make your booking way in advance.

Rod Ritchie, a travel writer and editor, writes for many publishers including AA Publishing and Fodors. Visit

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Holiday Party Planning

By Mrs. Party Gail Leino

'Tis the season to have a party and invite all your family and friends to celebrate the holidays with you. Have a family day and decorate the entire house with

holiday party decorations

. Your family will enjoy how festive the home is before and after the holiday

party.

When decorating, make sure you have all the party supplies that you will need before the actual party day. Plan out the food and drinks you will be serving. Make a list of everything you need to purchase to help get you ready. If you are preparing any new dishes or appetizers, try them out in advance on your family and neighbors. You want to have all the quirks of any new recipes worked out before your party. It is a nice idea to give each of your guests

holiday party favors

as a token of your appreciation

for them attending your party. Choosing the perfect favors for your party can be a way to cleverly tie in the

holiday theme

with your own individual touch.

Bring a festive holiday party atmosphere to your party with

holiday party music

and lights. For the

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music, select a few of your favorite holiday albums to play so you can have some variety. It is fun to gather your guests together to sing old favorites. For the lighting, you can string lights on both the inside and outside of your home. You can also cluster some holiday scented candles together for a dramatic lighting effect.

Have the smell of holiday cheer in the air. Simmer cinnamon sticks on the stove to provide the holiday scent. These provide a pleasant holiday aroma to your home. Plan some

holiday party games

that will excite and engage all of your guests. You can have fun holiday party

prizes for the winners of the games.

Mrs. Party... Gail Leino is the internet's leading authority on giving the best possible

party

, using proper

etiquette and manners while also teaching organizational skills and fun facts.

Holiday Party Planning

Discover Tenerife – The Holidaymakers' Dream Island

Sailing Itineraries

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Royals Put Malta Hotels Back On Map

600 Recipes For Chili Lovers

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How to play a Guitar

Battle At Sea

Hints for lovers



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