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**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**Peace of Mind BabyProofing**

**By Carolyn Beale**

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The relatively serene days of your contented baby in the swing or playpen seem to end far too quickly, now that your little one is becoming more mobile. It's time to ensure you're providing a safe environment for active playing, growing and learning.

You've put up a baby gate to prevent falls, carefully covered your electrical outlets, padded the sharp corners on your coffee table, and buckled your tiny passenger into an approved infant carrier. You try to keep your home as bacteria and germ-free as possible, disinfecting thoroughly and then locking up household cleaners away from inquisitive hands and mouths.

Yet there are still an estimated 2.1 million accidental child poisonings each year, with dishwashing liquid the leading cause. Sadly, the damage caused by these products is often gruesome: burned mouth, scarred esophagus, repeated operations to rebuild the throat, sometimes even death. And no matter how diligent you are about keeping your cleaning products out of harm's way, you may still be slowly and unwittingly poisoning your child, day after day. How?

If you use products with harsh and harmful chemicals that contain known carcinogens (cancer-causing agents) the toxic residues left behind on your floors, furniture and in the air find their way into your child's body through her skin, mouth, and nose. And even your personal care products (soap, shampoo, conditioner, styling aids, deodorants, etc.) can contain dangerous chemicals as well.

Your little one is like a sponge: developing cells in a child's body are more susceptible than in adults, especially in his central nervous system. Even small doses of neurotoxins that would be harmless to an adult can alter his nervous system development. And until your child turns 13, his growing body has virtually no ability to fight biological and neurological damage from toxic chemicals. As much as we tend to think of skin as a protective barrier, in fact it's highly permeable, as evidenced by the successful use of skin patches to deliver prescription medication.

Your baby or toddler is most often down at floor level, crawling and exploring, and frequently sticking her hands into her mouth. And in fact, only 10% of health problems from chemicals are a result of

ingestion, 90% are caused by inhalation and absorption.

Are you confused? How can your brand name household cleaning products and personal care products contain harmful toxins if they're sold at grocery stores nationwide? The truth is that the Environmental Protection Agency (EPA) does NOT regulate personal use products. The workplace and the outdoors are considered legal environments, while your home is not.

Did you know that indoor air quality is 3 to 70 times more polluted than the outdoor air in the worst polluted U.S. cities, according to an EPA study? And that women who work from the home have a 54% higher death rate from cancer than those who work outside the home, according to a 17-year EPA study?

Labeling laws simply don't protect the consumer. The U.S. Federal Code of Regulations exempts manufacturers from full labeling of products if used for personal, family or household care! "Warning!" labels mean that as little as 1 teaspoon of product can harm or kill an adult, "Danger!" means that as little as 5 drops can harm or kill an adult. Go ahead and take a look at the products in your home, you may be shocked and surprised!

Many conditions such as the rising rate of childhood cancer, asthma, and ADD/ADHD are being linked to increased use of chemicals in our homes. So what can you do to protect your loved ones? Educate yourself on what's really in the products you use to bathe, deodorize and beautify yourself and your family. Study the labels on your household cleaning products; anything that says "harmful to humans and domestic animals" isn't something that's good for you or your child.

Research your alternatives: responsible manufacturers don't use formaldehyde, phenols, NTA, phosphates, ammonia, or chlorine (bleach) in their products, and trustworthy companies do exist. As a responsible adult and savvy consumer, you owe it to yourself and your child to make informed choices about the products you allow into your environment.

As a concerned parent, you want to provide the very best for your child...so start today to make safer, healthier choices!

Carolyn Beale is a devoted mom of 2 who works full-time from home, marketing safe, non-caustic, environmentally friendly products manufactured by an award-winning wellness company. For product information or to learn how you too can earn an income from home, visit her website at <http://www.TeamworkSucceeds.com>!

## **How to achieve peace of mind?**

**By ajaypats**

## **How to achieve peace of mind? by ajaypats**

Peace is a condition of mind brought about by a serenity of soul. Peace is not an absence of war, it is a

## Peace of Mind BabyProofing

virtue, a state of mind, a disposition for benevolence, confidence, justice. like to believe that people in the long run are going to do more to promote peace than our governments. Indeed, I think that people want peace so much that one of these days governments had better get out of the way and let them have it. If man does find the solution for world peace it will be the most revolutionary reversal of his record we have ever known. You can't separate peace from freedom because no one can be at peace unless he has his freedom. First keep the peace within yourself, then you can also bring peace to others.

Stay calm There is enormous strength in serenity. Stay calm, and you stay in control.

When noise and clutter and confusion overwhelm the situation, the way forward is with calm and determined strength. Stay calm, and you make the best decisions.

Just because there is a need for urgency does not mean there's a need for panic. Stay calm, and you can be the most effective.

Anxiety can drain away your energy and give you nothing useful in return. Rushing around in a frenzy brings on carelessness and wasted effort.

You can let yourself be drawn into anxiety and haste, but why would you ever want to? Instead, stay calm, and able to make a positive difference.

Always know that you can choose your own response, whatever the situation. Choose to stay calm, for it is almost always your best first choice

Ajay Pats is professional manager working as sales manager. He runs inspirational ezine "Rediscover true colors of life" available at <http://www.topica.com/lists/venturemall> and community for home based business entrepreneurs available at <http://groups.msn.com/venturecon>.



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