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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

People Do the Oddest Things

By Joyce C. Lock

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We send our best wishes for holidays, birthdays, get well, weddings, and such. Yet, why are we wishing for anything when we could really bless them in prayer?

We go into a state of panic when our child is a few minutes late, as if our worry is going to get them home any faster than trusting God. Satan must get a good laugh.

We receive aggravation on every side, as Satan is alive and well on Sundays. Thinking we don't need God's help and no one will be the wiser, we go it alone; with our painted smiles, polished attire, and frustrations neatly tucked ... then take it out on our waitress.

When our spouse is out of town; we receive comfort in a friend sleeping over, us staying at mom's, or one of the kids climbing into bed ... as if any person present can make us safer than we already are. God is our protection. Though, maybe we'd rather believe the dark will get us.

Instead of asking the one who owns it all; we spend money we don't have on things we think we have to have, get our finances all messed up, then cry, "Help!"

We sleep in on Sunday morning, thinking it will make our day brighter. Instead, it makes our week longer.

We prefer to exhaust ourselves with endless deeds than to slow down, spend time with God, and ask Him what He wants us to do.

We work all the overtime we can get, steal God's tithe, and then think we're going to financially get ahead.

Believing our doubts and doubting our beliefs; were we to consider the things we do, we might find them odd, too ... then look for more desirable alternatives.

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Someone once said, "When we feed our faith, our doubts will starve to death."

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<http://my.homewithgod.com/blessingsandlessons/>

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In addition to being a published author and poet, Joyce C. Lock created the religion column,
"Christianity Made Simple" for Peru Daily Tribune, continues to write inspirational articles for area

newspapers, and shares further in online and e-mail ministries.

How to Jumpstart your Next Writing Session.

By David Parton

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I have always enjoyed writing. Sometimes it's a problem for me to just sit down and write something. There are days when I choose "procrastinating" over "proactive." Putting things off is common with everyone. I am very gifted in this area. ;)

Here are 4 areas to focus on to jumpstart your next writing session.

- * Concentration
- * Preparation
- * The First Word
- * Use your notebook

Concentration:

There are way too many distractions. Cell phones ringing, blaring car alarms and unexpected visitors are just a few things that can disrupt your concentration. It then becomes easier to justify not writing today.

The best thing to do to encourage creative writing is to make it a ritual. Find a nice spot to write, maybe, in a quiet room in your home where you will be left undisturbed for a period of time. Set a time to work; a scheduled time to write. Stick to it.

People Do the Oddest Things

Keep reference books and materials close to hand.

Focus on one idea at a time.

View your next writing session as an opportunity; an opportunity to do something you enjoy. It can be fun. And when you are having fun nobody ever has to tell you to "concentrate!"

Preparation

Once you have your topic: Google it. Read everything you can online and offline related to your idea. Search the net for testimonials, reviews and articles about your topic. Brainstorm related sub-topics.

Give it a rest. Let your subconscious mind percolate and play with the information you provided. Get

some exercise. Some of my best ideas come to me while I am out walking around in the evening.

Getting Started

Where to begin? That blank page staring back can be intimidating.

Just dive right in there!

Type the word "The."

Type the next word (the first thing that pops into your mind) and the next word.

At this point, quality is not important. You just want to create a "flow" where the words come easily.

Don't stop to edit. Save all your corrections for the second draft. Resist the impulse to rewrite. That will only interrupt the flow and is another way to avoid the task at hand.

If you are like me you will have a 2nd, third and fourth draft. You have to get your first draft completed before you have anything to rewrite! Stay focused.

Carry a Notebook

As a creative writer, you will be "hit" by odd ideas and notions in the oddest of places.

Maybe you are stuck in traffic or brushing your teeth when inspiration strikes.

You could wake from a dream and have a killer idea.

"I'll remember that." We say to ourselves, but when next we write there is no access to that memory file.

People Do the Oddest Things

Just use a notebook. Jot those things down as they come to you. It only takes a moment.

Capture all your of your ideas as they transpire. Who knows? One of them may be the "Next Big Thing!"



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