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**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**Perfect Hair Day: Everyday!**

**By Camry James**

Have you ever had one of those "perfect hair days" where your hair looks fabulous just before you're about to hop in the shower? Knowing full well that you'd be generously lucky for your hair to look half as nice, you grab that quick shower, even though you just washed your hair this morning/last night.

**De-Frizz Your Blondes!**

Ok blondes, we all know you love to soak up that sun but so does your hair. Natural sun and heat damages your hair vaporizing all the moisture needed for your hair to look healthy and shiny. Texture doesn't really matter nor does the shade of blonde, as they all are more prone to damage in the sun. Frizz is common in the summer and with good conditioner and frizz control you can look like any celebrity.

Try Frizz-ease or Split Ends by BC Bonicure to control frizz after or before your blow dry. For added protection apply a blow dry sealer before you start to blow dry your hair. It will protect your blonde hair from heat and this is for high damage control. There are also newer sprays and conditioners specifically formulated with SUV protectants helping your hair from damage. For a great feel try Back to Basics – Kiwi Melon Body Boosting Conditioner.

**Knowing About Hair Elasticity**

This is one of the most important properties of hair. Because of its elasticity, hair can resist forces that could change its shape, its volume or its length. Its elasticity lets it spring back to its original form without damage.

When healthy hair is wetted and stretched, it can increase in length by up to 30% and still return to its original length when it is dried. Stretching it more than this will tend to damage it, however, leading to permanent lengthening and even breaking.

The elasticity of hair depends on the long keratin fibres in the cortex. Chemical treatments of hair such as perming and bleaching can alter the cortex after repeated damage, and change the hair's elasticity.

## Perfect Hair Day: Everyday!

Hair with poor elasticity will stretch only to a limited extent. It will not curl, it will break easily when it is groomed and it cannot be permed satisfactorily.

### Hair Diameter and Hair Care

The diameter of the hair shaft varies too. It is usually around 57–90  $\mu\text{m}$  in Europeans. This is much less than in Asians, in whom it can be 120  $\mu\text{m}$ . (These are general figures, representing a wide range of values.) Hair that is both dense and thick looks completely different from that of someone who has fewer and finer hairs.

With our hair being one of the most important part of our lives, it is only obvious that we have to take great care in caring for our hair! For more resources on how to keep hair looking great, do visit

<http://HairCare.hairlossfact.info>

## **Sedu Ceramic Hair Straighteners – The Best Way To Straighten Curly Hair**

### **By Paton Jackson**

Hair straightening has been taken to a whole new level thanks to the introduction of the sedu hair straightener. This new sedu hair iron is now known to be the best way to straighten curly or wavy hair. Complete with ultra smooth ceramic plates that guarantee a smooth straightening motion without pulling or breaking your hair the revolutionary sedu hair straightener can give everyone the celebrity sedu hairstyles they dream of.

For those who don't know the sedu hairstyles let me tell you a little about who is sporting it at the moment, the most popular and most talked about has to be the Jennifer Aniston sedu hair style, yes everyone wants it. Next is the Jennifer Lopez sedu hair style and if you have ever wondered how Beyonce gets that perfect straight hair; you guessed it, the sedu hair straightener.

You may be thinking to yourself that these celebrity sedu hairstyles can only be achieved in a hair salon, but that is where you're wrong. With the sedu hair iron you can actually achieve these celebrity sedu hairstyles from the comfort of your own home. Rated as the best hair straightener on the markets today and the one preferred by hair stylists the sedu flat iron can transform even the most rebellious hair into a thing of beauty.

Smooth and tame your frizzy hair with the sedu hair straightener and watch those heads turn. The sedu hair iron uses ultra smooth tourmaline plates that won't pull or break your hair, and thanks to its ionic function the sedu hair straightener actually cuts the straightening time in half. That's right no more hours spent straightening. Easy to use and affordable this masterpiece is a must for all.

If you have uncontrollable hair, whether it's short, medium, or long the sedu hair straightener is definitely the accessory for you. Perfect for use on dry or damaged hair the sedu hair iron has a temperature gauge that can be altered depending on your hair. Take control of your bad hair days and transform your hair into celebrity sedu hairstyles everyday with the best hair straightener ever; the sedu

hair straightener.

The TiGilet team made a research to find the best place to get Sedu. Find the results only on the Sedu hair straightener website -

<http://www.911stophairloss.com/Sedu%20hair%20iron.htm>

. Find all the

Sedu info on

<http://www.tigilet.com/c/Sedu.php>



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