

Pick the Wedding Dress that Compliments Your Body

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**Pick the Wedding Dress that Compliments Your Body**

**By Victoria Williams**

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For those of us who don't look like Pamela Anderson or Halle Berry, picking the correct style wedding dress can be crucial to your overall look. Worrying about if you picked the right dress is the last thing you want to worry about on your wedding day. We all want to look our best and when you look "good" you tend to feel good. This article will give the Do's and the Don'ts for your body type. Here are the different body types and their definitions:

Apple- for those who gain weight primarily around the waistline  
Pear- for those who are wider on the bottom and smaller up top  
Hourglass- weight is evenly distributed between the hips and chest area  
Square- weight tends to be evenly distributed throughout the body  
Inverted Pear- as you might expect those who have large chests and/or broad shouldered and small on the bottom

**The Dos and the Don'ts**

Apple Body Type

Dos

Empire waistlines- camouflages a big waistline

V-necks- make the body look more sharp and less round

Don'ts (the following maximizes the waistline)

Corsets

Skirts with lines that cut across the middle

Full skirts

Elongated bodices

Pear Body Type (the following balances out the top and bottom)

Dos

Padded or puffy shoulders

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### Don'ts

- Narrow shoulders
- Body hugging sheaths
- Full puffy skirts

### Hourglass BodyType (to maintain a balanced physique)

#### Dos

- Strapless Dresses–flatters your shoulders
- Body hugging sheaths
- V–necks
- Off the shoulder dresses–shows off shoulders

### Don'ts

- Beaded or highly decorated bodices–puts on a few pounds
- Full skirts–attracts attention to the hips

### Square Body Type (to create the illusion of curves)

#### Dos

- Beaded or decorated necklines
- Full skirts
- Padded, puffy or oversized sleeves or shoulders
- Horizontal detailing

### Don'ts

- Clingy slim gowns

### Inverted Pear Body Type

#### Dos

- Simple sleeves
- Full Skirts

### Don'ts

- Puffy sleeves
- Empire waistlines
- Slim skirts

Victoria Williams is the editor of the online magazine [www.nuptialparadise.com](http://www.nuptialparadise.com).  
You can reprint and redistribute this article as long as the bio is included.

Victoria Williams is an author for the online magazine

## **Saving On Wedding Dresses**

**By Terry Langford**

Saving on wedding dresses is something that every bride wants to learn how to do. If you are planning to get married anytime soon then you need to get up on all of the best ways to save money on wedding dresses. And it is good to note that there are plenty ways to save on wedding dresses and most of them are easy to find online.

One of the simplest ways for you to save on wedding dresses is to get one from a family member. If your grandmother or your mother or even your sister had a great dress when she got married then you should consider asking them if you could wear one of these wedding dresses on your wedding day. Not only will this save you money on wedding dresses it will also add to the sentimentality of the entire day. You will be helping to build a tradition in this wedding dress.

There is another very handy way for you to save on wedding dresses and this is to purchase a simple wedding dress that does not have a lot of details on it. These plain types of dresses tend to be much less expensive. Oftentimes when wedding dresses are purchased the high costs are due to the expensive embroidery or the fine details like lace and or pearls and other gems. If you get one of these plain types of wedding dresses you can then add your own details to it. If you are good with a needle you can even sew on your own pearls turning your wedding dress into a work of art. This is one of the most fabulous ways to save money on wedding dresses.

These are only a couple of ways to save money on wedding dresses if you would like to read some more ideas all you have to do is a search online.

Terry Langford is the owner of Wedding Dress Central (

) Her site

is a great resource for finding wedding dresses of all sizes and budgets.

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