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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Poem of the Sky

By Kathryn Lim

Poem of the Sky by Kathryn Lim

The sky is blue and the clouds are pure
I ask God
Release my soul
Let me seek not other's approval nor acceptance
But to experience your sweetness and grace in the beauty of your presence

May I drink the holiness of your splendor
And taste the freshness of your breathe
Release and relieve my passion
Truly I witness the beauty and art
Of silence and solitude within once again

Your love touched my feet and washed me clean
My soul renourishes itself in your awesome unfathomable depth of love
Burn my impurities in my heart away with the intense heat of the sun
Let me see the glory and beauty of all other beings around me

Teach me patience teach me love
Teach me that failures are inevitable in life yet a must to success
Give me courage Give me joy
That I may continue to dwell in your Highness
That I will continue pursue myself to greater depth
To unlock the gift within the gifts
That innate truth power within me "

Kathryn Lim is a life coach, business image consultant and author of Wealth From Within who can be reached at kathryn@kathrynlm.com, or visited on the web

A Happiness Poem

By David Leonhardt

If a happiness poem could bring forth a smile,
Then my face would always dress in style.

If my ears could hear my computer screen,
From one to another, they, too, would grin.

My keyboard types for my eyes not my tongue
This happiness poem will never be sung.

But what of my eyes? Don't they shine?
Yes, but not from this poem of mine.

The pen is mightier than the sword,
But a pen can write only words.

The feelings I sense and the senses I feel
For keyboard and screen remain far too real.

My ears and my nose remain at rest.
My cheeks and hairline are doing their best.

But if this happiness poem could make my mouth smile,
My face would forever dress up in style.

David Leonhardt first published this happiness poem in A Daily Dose of Happiness at

. Read his friendship poem at

A Happiness Poem
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