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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Powerful Arthritis Pain Relief For All Of Us

By Jim Dowler

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When you ask what arthritis is, professionals will tell you it's inflammation of one or more joints. But you know it better as pain, swelling, stiffness, deformity, and/or a diminished range of motion of those joints! It's estimated that over 50 million Americans suffer from osteoarthritis, rheumatoid arthritis and other related conditions.

Osteoarthritis is the most common form of arthritis. Osteo arthritis seems to come with the wear and tear of aging and affects nearly three-quarters of those over 50. The onset of arthritis is marked by morning stiffness, crackling joints, and perhaps some pain. As it progresses it causes discomfort, more pain, and some disability. It also causes an enormous consumption of painkillers and anti-inflammatory drugs that can have undesirable long-term effects.

If left untreated, osteo and rheumatoid arthritis, along with other forms of rheumatoid disease, can become progressively worse... painful crippling can result. This is particularly true of rheumatoid arthritis, which can destroy joints, unless effective treatment is administered in time.

Modern medicine doesn't have much to offer for these chronic conditions... offering only symptomatic temporary relief. True, painkillers along with the so-called NSAIDs, non steroidal anti-inflammatory drugs, are effective in reducing symptoms quickly. However, these often cause serious side effects such as ulcers and gastrointestinal bleeding, and they don't stop the progression of the disease. In the long run they have actually proven to worsen the condition by accelerating joint destruction.

Coping with the chronic pain of arthritis can be frustrating. You get the feeling you're all alone facing the daily challenges caused by your arthritis symptoms. And, the traditional treatments leave a lot to be desired. It doesn't have to be this bad!

The last few years of research on arthritis have brought some hope to this dismal picture. Old herbal remedies such as ginger, nettle, and willow bark, as well as fish oils and the already well-known

cartilage constituents glucosamine sulfate and chondroitin sulfate, are about to revolutionize the treatment of arthritis. These substances not only give symptomatic relief, but, actually intervene at the root of the arthritis problem and help the body to rebuild functioning joints.

As they quickly sooth your pain, these powerful creams help repair, restore and regenerate cartilage, tendons, muscle and ligaments. Fast acting, these creams increase mobility and optimal repair of joint structures as they help reinforce the body's protective linings and lubricating fluids by recovering cell stability and function to stop further damage. Really powerful stuff. You can learn more about this non-traditional arthritis treatment at our website. To your good health, Jim Dowler

Jim Dowler is the Webmaster of

A Better Understanding Of Arthritis

By Jeff Jefferson

The term "Arthritis" refers to more than 100 different types of diseases which all cause pain, stiffness, and inflammation in the joints of affected people. All arthritis conditions involve some form of joint pain or the other. However, the seriousness of the joint pain, the duration of the joint pain and degree of the joint pain vary from one type of arthritis to another.

The two most prevalent types of arthritis include Osteoarthritis and Rheumatoid arthritis. Osteoarthritis is the most common form of arthritis, in which joint cartilage is destroyed. In other cases of Osteoarthritis, the patient experiences bony outgrowth, also known as bone spurs and also lose of cartilage particles.

Osteoarthritis affects mostly aged people, from 55 years and older. That is why most people say it is an 'aged disease' of the joints. Osteoarthritis is mostly common in the hands, feet, spine, hips and knees of victims.

In rheumatoid arthritis, the patient experiences white blood cells in the synovial membrane dividing, growing and multiplying. These produce inflammation of the joint capsule and synovial membrane, loss of space in the synovial cavity, pain and stiffness in the joint. If there is no arthritis relief and treatment, this may lead to cartilage destruction.

Apart from these types of arthritis, another type of arthritis that commonly affects people is "Inflammatory Arthritis". This type of arthritis causes very severe inflammation in the joints and the tendons of the victims.

This is mostly characterized by the swelling and inflammation of the synovial membrane – thereby causing severe pain and stiffness in the joints of the victims. Inflammatory arthritis makes the joint look red and warm when touched. Arthritis relief for victims is necessary to reduce the pain.

Arthritis relief is therefore very important, especially in a country like the United States where Arthritis is

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the number one cause of physical disability. There are an estimated total number of 43 million Americans – 16 percent of the population, suffering from one form of arthritis or the other.

It is not only adults who need arthritis relief, but also children. In the United States, about 300,000 children suffer from one type of arthritis related disease or another. Children, being very susceptible to pain, need arthritis relief and treatment more than ever before. Unlike adults who can endure joint pains to a great degree, children cannot and therefore need arthritis relief as soon as the problem starts.

"Want to Discover 4 Pain relief Secrets?"

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