

This Free E-Book is brought to you by [Natural-Aging.com](http://Natural-Aging.com).

**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**Practicing Safe Pest Control In Your Garden**

**By Lee Dobbins**

Pests are a problem in many gardens and can ruin your flower bed or a good crop of vegetables. When dealing with pests, and especially in vegetable gardens, you want to use methods that are safe for both plants and humans. Since avoiding the use of harsh chemicals for pest control is a good idea all around, here's some tips on some gentler methods of getting rid of garden pests.

**Physical Pest Control**

Time consuming but very natural, this method consists of many things you can physically do to control bugs and other pests. Picking grubs off by hand, creating barriers and traps and plugging holes. If snails are a problem, look for them hiding in damp places under rocks and near the base of those plants with straplike foliage.

**Biological Pest Control**

Get rid of pests by inviting insects in that eat them! Encouraging predatory insects such as dragonflies and green lacewings into your garden can help in your pest control efforts as they eat aphids and other pests that attack your plants. So how do you attract them? Try simply placing a shallow bowl of water in the garden. Dragonflies especially love water and will hover around it. Bacterial insecticides such as *B. thuringiensis* can also be used against caterpillars.

**Safer Pest Control Recipes**

You can mix up some solutions for pest control that are safe – and you probably have the ingredients right in your kitchen! To get rid of green aphids and mites – Mix 1 tablespoon of liquid soap and 1 cup vegetable oil. Dilute a teaspoon of this solution in a cup of water and spray on aphids and mites.

Organic pest control methods can be successful and are much better for both you and the environment. Sometimes, however you cannot get rid of pests organically and must turn to chemicals as a last resort. If chemical sprays are really necessary you must use the least-toxic. Some of the least toxic pest control includes horticultural oils, insecticidal soaps, horticultural oils and dehydrating dusts. Make sure that the chemical sprays and solutions you use are made specifically for the pests

you are targeting.

Lee Dobbins writes for

Backyard Garden And Patio

where you can get more great gardening and

landscaping tips.

### **From The Science Desk**

#### **By News Canada**

**A:** Pesticides should be stored in a secure, well-ventilated area, preferably locked in a safe cupboard, garage or garden shed. Most pest control products can be stored for extended periods at temperatures above freezing. Check all labels carefully for specific information.

Store products **ONLY** in the original container. **NEVER** transfer the contents to another container.

Keep containers tightly sealed.

Pay attention to the symbols illustrating the risk of flammability, explosiveness or toxicity before storing or using.

Do not use kitchen or food measuring utensils to measure any pest control chemicals.

Containers with the "flammable" symbol should be stored away from any sources of heat. Glass and plastic containers should be kept out of sunlight.

Don't store a mixed spray for use at a later date. Diluted materials quickly break down to become less effective.

Most pest control products can be stored for extended periods at temperatures above freezing. Check the label for each product as certain products should be kept from freezing.

News Canada

provides a wide selection of current, ready-to-use copyright free news stories and ideas

for Television, Print, Radio, and the Web.

News Canada

is a niche service in public relations, offering access to print, radio, television, and now

## Practicing Safe Pest Control In Your Garden

the Internet media, with ready-to-use, editorial "fill" items. Monitoring and analysis are two more of our primary services. The service supplies access to the national media for marketers in the private, the public, and the not-for-profit sectors. Your corporate and product news, consumer tips and information are packaged in a variety of ready-to-use formats and are made available to every Canadian media organization including weekly and daily newspapers, cable and commercial television stations, radio stations, as well as the Web sites Canadians visit most often. Visit

News Canada

and learn more about

the NC services.

From The Science Desk

Nontoxic Pest Control for Your Home and Garden

Pest Control Measures For Effective Flea Prevention

The Debate Around Controlling Pests In Our Gardens

Pest Control for the Vegetable Garden

Instant Site Safe And Folder Safe

The Buy Impulse

The Ultimate Rose Garden– Neighbors envy, owners pride!

Home Vegetable Garden

Organic Secrets



This Free E-Book has been brought to you by [Natural-Aging.com](http://Natural-Aging.com).

**[100% Effective Natural Hormone Treatment](#)**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**