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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Pre-Diabetes: "Check Engine" Warning Light

By David Anderson

Pre-Diabetes: "Check Engine" Warning Light by David Anderson

Your car has an early detection system and so does your body. Take 3 minutes to read this article and learn how you can save yourself a life time of aches, pains, and costly medical bills.

Have you ever had the "Check Engine" warning light come on in your car? Most newer cars have a system that monitors the performance of your car. If something is not working properly, the "Check Engine" light usually comes on.

The good news is that this "pre-warning" system can help you avoid costly damage, which may be occurring with your vehicle, by detecting small problems before they become big problems. However, the only way to be certain is to have your car inspected by an expert mechanic when the "Check Engine" light comes on.

Did you know that your body has a "pre-warning" system?

With many diseases, your body will start producing symptoms such as aches, pains, fatigue, frequent thirst, and so on. These symptoms are your body's "Check Engine" light, warning you about problems.

However, with diabetes, pre-warning signs don't always show up so easily. The medical community is calling it: "Pre-Diabetes".

Today, roughly 41 million Americans have pre-diabetes which left undetected and untreated, progresses into full-blown diabetes.

The challenge with pre-diabetes is the fact that the condition doesn't like to reveal itself with noticeable symptoms. Because there are few, if any symptoms, most people will not bother having screening tests

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performed. With pre-diabetes, noticeable symptoms like frequent thirst and urination may not occur until the disease has progressed and is already causing considerable damage to your body. Most Type 2 diabetics don't have symptoms because the onset of diabetes is so slow.

Don't wait for your "Check Engine" light to come on. Have your blood tested. Call your doctor today and make the appointment.

The goal with identifying pre-diabetes is to prevent the onset of diabetes from ever happening.

Your physician can determine if you have pre-diabetes with two common tests. The fasting plasma glucose test (FPG) and the oral glucose tolerance test (OGTT). Both require an overnight fast.

The good news is that you can greatly improve your odds and likely prevent diabetes with early detection and proper care.

Don't wait 'til it hurts. Ask your doctor about diabetes and have your blood sugar checked several times a year.

For more information about diabetes, including a Diabetes Quiz and a Free booklet, visit our website at:

<http://hope4diabetes.com/info>

This 20 page FREE booklet will provide you with in-depth information on comprehensive diabetes care. The 7 principles, or steps, will help you to understand, manage and diagnose your potential diabetes risk.

It could help you live a longer and more active life. The booklet is Yours absolutely FREE – No Risk! Share it NOW with the people you love and want to Keep alive!

David Anderson is a freelance health/wellness writer for <http://hope4diabetes.com>. Email contact information is available on the website. For telephone contact: (316) 541-2208

Pre-Diabetes: The Calm Before the Storm

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Remember when the medical world identified pre-hypertension to better monitor your blood pressure? The new buzz: "Pre-Diabetes" concerns a similar condition pinpointing people who are at severe risk for getting diabetes. Because diabetes silently invades your body, early detection and corrective action are critically important.

Pre-Diabetes: "Check Engine" Warning Light

The goal with identifying pre-diabetes is to prevent the onset of diabetes from ever happening.

How do you know if you need testing for pre-diabetes? Good question. The truth is– You may not know. It's our human nature to wait until our body produces a pain or ache before we visit the doctor's office. With pre-diabetes, noticeable symptoms like frequent thirst and urination may not occur until the disease has progressed and is already causing considerable damage to your body. Most Type 2 diabetics don't have symptoms because the onset of diabetes is so slow.

Your physician can determine if you have pre-diabetes with two common tests. The fasting plasma glucose test (FPG) and the oral glucose tolerance test (OGTT). Both require an overnight fast.

The good news is that you can likely prevent diabetes with early detection and proper care.

Don't wait 'til it hurts. Ask your doctor about diabetes and have your blood sugar checked several times a year.

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