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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Pregnancy Symptoms

By Beverley Brooke

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There are many early signs that you may be pregnant. The obvious one is a late period but this can be caused by a number of things, an excessive weight gain or loss, a change in birth control methods, or just an imbalance of hormones.

Nausea and vomiting, commonly known as morning sickness, will last for the first 2–8 weeks of gestation. Though its common name is a little misleading, as it can occur throughout the day, not just in the morning. There isn't actually any known reason as to why women go through this nausea and little is known on preventing it. Women differ in how they deal with it. Some women find that a cup of tea and a ginger biscuit in the morning help, others find acupuncture and massage can help. It's all about finding what works for you best.

Fatigue is another common symptom in the earlier weeks. This is due to the fact that your body is going through some major hormonal changes. And also due to the increased amount of progesterone going round your body, your temperature will increase leading you to feel sluggish.

Sensitivity to tastes and smells can also occur. Foods that you once enjoyed can now leave you feeling nauseous.

The areola (the area around the nipple) will darken during pregnancy. Though this can happen because of a hormonal imbalance if you're not pregnant

You may start feeling faint or dizzy if you stand still for too long. This is because as your uterus grows it can put pressure on the major arteries in your legs causing the blood supply to slow making you feel light headed. Also eating infrequently can lower your blood sugar which is a vital nutrient to the growing baby.

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With your uterus swelling, this puts pressure onto your bladder making you feel like needing a wee more frequently. Most women feel this a week or two after becoming pregnant.

The hormones during pregnancy slow down your bowel movements. This gives your body more time to get nutrients out of your food, thus causing constipation. Unfortunately this will happen all the way through pregnancy and in most cases get worse as the pregnancy progresses. Making sure you eat a healthy diet full of fibre and nutrients can help ease the discomfort.

Visit

Pregnancy Symptoms

to ensure a healthy pregnancy and for more on pregnancy symptoms

Things You Should Know About A Molar Pregnancy

By Sarah Mitchell

Pregnancy is an exciting time for any woman, but with the many pregnancy complications out there, it can also be scary for first time mothers. It has been reported that one in every thousand pregnancies in the U.S. is a molar pregnancy, which makes it one of the most common pregnancy complications for women today.

What is a molar pregnancy? This occurs when a sperm fertilizes an empty egg. Even though it's empty, it continues to develop and a placenta is formed despite there being no fetus. The hormone HCG is also produced which fools the body into thinking that there is a pregnancy when there is only placenta.

A partial molar pregnancy occurs when two sperms fertilize an egg. However, instead of forming twins, in this type of pregnancy, something goes wrong and an abnormal fetus and placenta is developed instead. As there is double the sperm, the fetus receives too many chromosomes and instead may die in the womb.

Molar pregnancy symptoms One of the first molar pregnancy signs you may notice is spotting which could lead to heavier bleeding. Depending on the severity of the case, the bleeding may start as early as 6 weeks into the pregnancy or as late as 12. Another common sign of this type of pregnancy is nausea, abdominal cramping and swelling. If you are experiencing any of these symptoms and feel as though your pregnancy may be molar, don't hesitate to consult your doctor.

Molar pregnancy treatments A D&C (dilatation and curettage) will be used for treatment. This is a safe procedure in which a small vacuum is inserted into the uterus to remove the placental parts. However, great care must still be taken as not to provoke any excessive bleeding or blood clots. This type of pregnancy can recur as some women may just be prone to them. If this is the case and after your first such pregnancy, you have another, consult your doctor about special treatments to prevent this from happening again.

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Molar pregnancies are a tragic way to lose a child, but having one does not mean you are never going to have another baby again. Make sure you are aware of molar pregnancy symptoms and regularly go to the doctor for consultations.

Article written by Sarah Mitchell of NamesToBe.com (

<http://www.namestobe.com>

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