

This Free E-Book is brought to you by Natural-Aging.com.

100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Pregnancy Test – A Plus Or Minus Says It All

By Rory Peters

A pregnancy test, as the name implies, is simply a test used to determine whether or not a woman is pregnant. Often used early in the form of a home pregnancy test, this process is helpful in making an early determination. An unborn child will require medical care even before they arrive and an early diagnosis is important so that the mom-to-be can learn the best types of food to consume, begin pregnancy classes and prepare for the family's new addition.

The most popular type of pregnancy test, which is used for early detection, is a home pregnancy test. These can be found at most major retail and/or drug stores and can provide quick results. Because these are amateur tests, meaning they are not performed by a licensed medical doctor, there is always the possibility of a false reading. If the directions are followed correctly, however, the accuracy rate is quite respectable. Before seeing a doctor, many women want to have an idea as to whether or not they are pregnant, which is why an at home pregnancy test is very popular.

Depending on the results of a home pregnancy test, a woman may still wish to consult a physician to ensure certainty. During the visit, a physician will relay the determination of pregnancy or the absence thereof and, if necessary, will provide additional information for expectant moms.

It can be difficult to realize the symptoms of pregnancy for first-time moms-to-be, which is why it is important to learn about the possible signs of an early pregnancy. Among them, an increased sensitivity to certain foods and/or smells, recurring morning sickness, fatigue, exhaustion and mood swings. It is important to have a pregnancy test following the onset of any or all of these symptoms because a positive result means that a new change in lifestyle may be in order. Pregnant women will likely be instructed to avoid air travel, smoking or being near secondhand smoke and the consumption of alcohol. Any and all of these can be harmful to a child and should therefore be avoided. It is very important that pregnant women speak with their doctor about the best ways to ensure the development of a healthy child.

This article is to be used for informational purposes only. It is not designed to be used in place of, or in conjunction with, professional medical advice and/or recommendations. A woman who believes that she may be pregnant should consult a licensed medical doctor for a pregnancy test and the best

method of ensuring the health of her unborn child.

To find out more about pregnancy test, please visit our website at

<http://www.best-pregnancy-test-tips.info>

. It contains tons of free pregnancy test articles, resources and tips.

When To Take A Pregnancy Test

By Olinda Rola

Knowing when to take a pregnancy test will help you know whether or not you're pregnant. If you're wanting to know when to take a pregnancy test, the timing depends on the type of test.

There are two basic types of pregnancy tests – the urine test and the blood test. Both tests look for the hormone that is only present if a woman is pregnant. This hormone is called 'human chorionic gonadotropin', also referred to as 'hCG'. Blood tests can detect hCG about 6 to 8 days after you have ovulated. In general, urine tests can detect hCG about 14 days after ovulation. When to take a pregnancy test at home is done by many women using a pregnancy test that will test the urine to determine if they are pregnant. Home pregnancy tests are convenient, inexpensive and are private. The urine test should be done using your first urine when you awake in the morning. When you have a positive home pregnancy test result, you should then see your health care provider soon. Your health care provider will confirm your home test result with a blood test plus a pelvic exam.

When to take a pregnancy test is important, because if you test too early in your pregnancy, there may not yet be enough of the pregnancy hormone in the urine to provide a positive test result. Most of the home pregnancy tests will be 90% accurate if you wait and test yourself one day after your missed period is due. If you feel you are pregnant but the home pregnancy test is negative, repeat the test again in a week if you still have not had your period. And if you are still getting negative test results and think you are pregnant, be sure and see your health care provider right away.

Pregnancy is a wonderful event that is complex, frustrating, satisfying and exciting. Your desire to become pregnant and having a child will have even more significance to you if it means you'll be taking better care of yourself and your partner. Besides knowing when to take a pregnancy test, learn as much as you can about improving your own health so you'll be providing that special little one the very best start to life that is possible.

Copyright 2005 InfoSearch Publishing

Read more about fertility monitors and ovulation tests at

<http://www.safemenopausesolutions.com/ovulation-tests.html>

– Olinda Rola is President of InfoSearch

Publishing and webmaster of

<http://www.safemenopausesolutions.com>

– visit the website for natural

health articles for women of all ages.



This Free E-Book has been brought to you by Natural-Aging.com.

[100% Effective Natural Hormone Treatment](#)
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!