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**Prevent Divorce**

**By John Furnem**

>From my experience couple trying to Stop Divorce are faced with many challenges, some of these

issues and challenges are often very surprising. One of the people who visited my site sent me an email saying that I would not believe how easy it was to work on some parts of the prevent divorce issue, and that the hardest thing he and his wife faced was breaking the old habits, changing the way they conducted themselves, the automatic pilot that drives relationships into walls.

This is what this article is about, trying to notice the point in which you lose control over your target (preventing and stopping your divorce) and let the auto pilot drive your relationship into a difficult spot. Shedding light on a few points, I hope that you will be better equipped the next time you are facing an argument or even a discussion.

First point, is almost too easy, the blame game. How easy is this? Now honestly, think about it, almost everyone does it, and you have done it many times before, you play this stupid little game, get yourself wrapped around this idea and lose control, not only escalating the situation but getting into a mindset of blaming and anger, this would not help you, or anyone for that matter, achieve anything. What you really need to do is examine the situation, think about what you did, or what you usually do, and what your spouse does, and be as objective as you can. Make a table with the things you both do, never forget to notice the things that you do wrong, because everyone does something wrong, and admit it, to yourself and to your spouse.

Second, the "you are overreacting" sentence. How helpful was that?, men tend to say this to woman a lot, but I saw a few woman do that too, and this is a nasty one, not only do you judge your spouse, you are also criticizing their response, like you have any right to. Think about it for a moment, I am sure you will understand that this is a terrible thing to say and that in no case should you even consider saying this, take things at face value, if your partner is angry, focus on why he or she got to this situation and deal with it, don't push it away and award the what you think is an exaggerated reaction level to your partner.

Children or family issues, this is an extremely delicate issue. Using children as weapons in arguments and fights is something a lot of people do, a classic example of losing control and saying things you

live to regret for a long time. A clear stop sign, if you can see it while you are angry and upset, in a middle of an argument, try your best to avoid using your children or other family members in fights.

One last point which is the general advice I can give, when discussing things with your spouse, or even when arguing or fighting, try and make the situation even, try and balance the power and the objectivity of the situation. This means that no one has clear control over the discussion, that it is a free - equal power debate between two people and not a lecture or verbal beating to one or another person.

In the next article I will discuss these issues further, good luck saving your relationship and stop divorce.

John Furnem is a dot com veteran, specializing in personality psychology he has written articles and held workshops/seminars for stress management and divorce prevention. John currently writes

<http://stopdivorce.zupatips.com/>

Tips and Advice articles.

### **Divorce Articles: How To Get The Most From A Divorce Article**

**By Karl Augustine**

There are many types of divorce articles available on the Internet by a variety of authors. What's below will help you get the most out of the divorce articles here on this site and anywhere else. The below information about divorce articles holds true for most any type of articles on the Internet as well.

When people seek out divorce articles on the Internet, they usually want some sort of information that will help them solve a problem they may be encountering. Of course, the article seeker may just want to be informed about a certain subject for a variety of other reasons. In order for someone to get the most out of divorce articles, they should consider the following items:

#### 1. Divorce article validity based on the source:

When reading a divorce article, consider what the writer has in the way or credibility via credentials or life experience. Writers don't necessarily have to have advanced degrees to write a credible divorce article, they just have to have a true life experience that helps or otherwise informs in some way for the good of the reader.

#### 2. Divorce article goal:

If you're reading a divorce article and you find yourself wondering what they goal of it is, try to figure out what the writer's intention was when writing the article. Articles are written for a variety of reasons...to inform, to help someone improve their life, to sell a book, to sell a service or product, etc. Just because a divorce article is designed to sell a product or service as the end goal, it doesn't make that article less valid...if the intentions of the reader are also to help someone, and the reader gets

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something out of the article, chances are it is a worthwhile article.

### 3. Secondary message of the divorce article:

Take a look at what the divorce article is saying behind the scenes. Assess what you think the divorce article is trying to get across that isn't always apparent at the first reading. Sometimes authors deliberately write so the reader has to think a little more than in casual reading in order to fully get the message.

If the divorce article is designed to sell a product or service, decide whether or not the divorce article's theme goes hand in hand with the product or service...does it add value or complement the offering? If so, decide whether you'd like to try the product or service or at least review the product or service to see if it is for you. A reader can tell a lot about the product or service owner by the way the article is written. Is it off topic? Is it detailed? Will the concepts explained in the divorce article apply directly to you?

When reading divorce articles or any other articles on the Internet, always remember that the article is there for a reason. If the author seems to have good intentions (revealed in delivering useful

information that you can benefit from) chances are the author may have other articles or information worth your time.

Karl Augustine Author, "A Practical Guide To Deciding Whether Or Not To Get A Divorce". \*A resource recommended by marriage counselors to their clients.

<http://www.divorce-articles.com>

Divorce Articles: How To Get The Most From A Divorce Article

"Contested" And "Uncontested Divorce"

Children And Divorce

"Divorce Advice: Getting Divorce Advice From the Right Source"

"Women and Divorce: How Women Should Protect Themselves Financially Regarding Divorce"

How to keep up the SPICE in your Love Life.

Control your Headache!

Profitable Crafts Vol 2

The Forum List

The Ultimate Rose Garden- Neighbors envy, owners pride!



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