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Proper Diet For Your Dog

By Jack Russell

The dietary regimen is an important aspect of survival. The objective of dietary management is to meet the basic nutritional requirements of the individual with proper proportions of protein, carbohydrates, and fat in a well-balanced diet that will promote optimal body weight.

Generally, these dietary regimens are employed to human beings. However, with the growing fondness to dogs, most dog owners and veterinarians recommend that dietary regimen should likewise be implemented on dogs.

Like humans, dogs need the right combination of the basic food groups in order to have a healthy life span. Dogs also need to be regulated on the kinds of food that they eat or else they would end up being obese as well.

Included in the dog's dietary regimen are the proper minerals and vitamins. These essential health items should be well incorporated into the dog's daily needs in order to have a healthy body.

With proper minerals and vitamins, dogs will be able to maintain shiny, healthy-looking coat.

So, for people who want to know how to prepare the right diet for their dogs, here are some tips to guide them through:

1. Meat should not be the only food incorporated in the dog's diet.

In reality, dogs are carnivorous. The dog's body is especially inclined to generate growth and energy from meat products. However, dogs need fiber too to help them digest their foods properly and carbohydrates to provide them the added energy that they need.

So, it would be better if dog owners will feed their dogs every day with the usual dog foods available in the market and give them occasionally real foods where meat, fibers, and carbohydrates are present.

2. Dogs need minerals and vitamins.

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Like humans, dogs need complex combinations of minerals and vitamins. These are needed to maintain the luster and shine in their coats and to provide them with healthy gums and teeth.

Lack of minerals and vitamins supplement will result to deficiencies of certain types that could be really difficult to deal with, such as extra dry or super oily skin, tummy problems, frail bones, low-weight, and worst cases are death.

Like humans, these dietary supplements are needed to give the dogs the extra needed nutrients in order to keep them healthy.

3. Real meal treats

Contrary to most popular beliefs, dogs love the real food more than their typical dog foods. Hence,

whenever their owners will give them real food, they would consider them as treats.

So, it is best for the dog owners to include their dogs in their meal planning. With real food, dogs will be able to generate the needed nutrients their bodies need.

4. Mixed foods

Most people tend to think that deciding whether to give dogs moist or dry foods is a matter of preference. In reality, it is not. This is because mixing different kinds of foods is actually the best diet owners could give to their dogs.

Giving dogs variety of foods, nutritional value, and texture are the real diet meal dogs really need.

5. Greens are needed by the dogs.

A well-balanced diet for the dogs includes green leafy vegetables too. Even if dogs are carnivorous by nature, they also need the right amount of greens to provide them with additional nutrients that are only available in green leafy foods.

No wonder why dogs sometimes chew on grass. This goes to show that dogs really need some greens to provide their body with a well balanced diet.

Indeed, there are no hard or fast rules when it comes to balanced diets for the dogs. However, it is still important to note the needed food groups that should be incorporated in the dog's diet.

Best of all, dog owners should always consult their dog's veterinarians especially on things like health and diet supplements for their dogs. The veterinarian knows what foods should be included in the dog's meal and what foods should be avoided. Dogs, like humans, should not be fed with junk foods like sugary sweet sodas. These will only make them fat without the needed nutrients.

Whenever something goes out offhand, it is always bets to consult the veterinarians. As they say,

veterinarians know best when it comes to the dog's care.

Jack Russell is a a long time dog fancier, visit his Dog Resources Blog and download his Free Dog Owners Handbook – it's Dog Gone Good!

<http://www.daveshealthbuzz.com/dogcare/>

How Is Your Pit Bull's Diet?: Dog Nutrition Tips

By Tim Amherst

Part of being a loving, responsible Pit Bull owner is providing him with the proper diet to ensure he stays healthy. Many owners believe just because they purchase the most expensive brands of dog food for their Pit Bull that he is getting all of the vitamins and nutrients he needs, but often times, that is not the case. Humans can't meet all of their nutritional requirements by eating one particular food, and neither can your Pit Bull. You are the one who is in control of this day to day aspect of your Pit Bull's life, so essentially his health is up to you.

It is important to try to make sure your Pit Bull's diet consists of all the vitamins and nutrients he needs to be healthy. A lack of vital vitamins and nutrients can cause your Pit Bull to have stomach problems, bones that break easily, and have weight problems. You can take the best care of your Pit Bull, but if he doesn't have a proper diet, it isn't going to make any difference. Diet also plays a role in your dog's ability to fight off disease and infection, much the same as it does with humans. Your veterinarian can help made recommendations to help you provide the best diet possible for your Pit Bull.

When purchasing food for your Pit Bull, you should get a variety. Mixing up dry food and canned food will help give you a good mixture of ingredients and nutritional value that should help you to cover all the bases. Your dog will also enjoy the different textures of the food. They also enjoy bones and meat flavored treats. Pit Bulls prefer dog foods made of meat, as they are primarily carnivores. Meat is a good source of energy and helps your Pit Bull grow, but he also needs fiber and carbohydrates to help with food absorption. Many Pit Bulls also love to eat vegetables, hard to believe, huh? Check with your veterinarian first to make sure it is okay, then try it out. If your Pit Bull likes them, he will be getting plenty of additional vitamins and nutrients that dog food alone may not offer. It will also help to add some variety into his diet. Making certain your Pit Bull's diet is up to par is one of your responsibilities as a loving owner. It is important to talk to your veterinarian to see what his thoughts are and what he recommends, but whatever you decide, your Pit Bull's health depends on you making smart choices on his behalf.

To learn all about owning, raising, and caring for American Pit Bull Terriers, visit

<http://www.PitBullsRevealed.com/>

today!

