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Proper Medical Identification Could Save Your LIFE

By Rick Pack

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Everyone with a medical condition or allergy should have a medical id alert bracelet. There are many places that you can find a wide variety of medical alert jewelry styles, especially on the internet. Most are custom-engraved, stainless steel medical ID bracelets or necklaces. Each one should be able to hold between four to six lines of medical information (for a variety of conditions, diseases, allergies) and engraved in red so the information is easy to read by emergency personnel.

Over 60 million Americans have a medical condition, which should be immediately known to Emergency Personnel. Diabetes, Alzheimer's symptoms and care, transplant surgery, mentally disabled, Patient's currently on Blood Thinners such as Coumadin, coronary heart disease, epilepsy, child safety, childhood asthma, Asthma allergy, individuals that are HIV positive or that have hepatitis, heart disease patients and cancer patients, children should have one for identification purposes, people who have drug allergies such as penicillin, codeine, antibiotics, bee stings or any other medications.

Medical id alert bracelets are designed to be noticed by trained personnel. Wear them for yourself and for your family and loved ones, with this valuable information your emergency worker will already be ahead of the game. Remember your medical id alert bracelet speaks when you can not!

Children especially should have the proper medical information on them at all times, (child safety) especially if they have a serious condition or drug allergy. Asthma allergy, Diabetes, Bee Sting Allergy, Hearing Impaired, or any other condition that medical personnel should know about when you can not be with your child. Children are active and we love to see them enjoy life and the happiness they can bring to others, so when you can not be there to give this vitally important information be sure their medical id alert bracelet can! Update the information as needed, the price of a new one is only a small price when weighed against the alternative. Also have multiple types, such as: Bracelet and Wallet card or both a bracelet and a necklace if active in sports when a necklace could cause injury.

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We do hope this site has provided valuable insight into Medical alert jewelry and that if you do not have one yet, you will get one NOW!

My wife and I decided to publish this article because of the large number of children that we deal with everyday in our pharmacy/clinic setting. Many of these children have asthma allergies, medical conditions; such as childhood or bronchial asthma, diabetes or information that emergency personnel should know to effectively treat them in case of an emergency and do not have proper medical id on them. We hope that through this article we can raise the awareness to the importance of medical id alert bracelets for identification to everyone.

Please help us and tell your family, friends, and co-workers about this important emergency product. You will probably be amazed at the responses. Everything from "I haven't gotten around to ordering one yet", to "my mother is with me at all times so she doesn't need one." We have tried to give examples of situations in which a medical id bracelet could play an important role, and some medical

conditions that are in serious need for proper identification in an emergency. (such as Alzheimer's Care in our graying society)

It is easier to understand how medical id alert tags can help in an emergency situation when explained by example. Therefore here are a few real life situations to think about. When you are on vacation and not near your regular physician. Your family member (with Alzheimer's) is at a day program and you are not with them. (Alzheimer's Care) Child with bee sting allergy is at park with friends and gets stung. Sports oriented child with asthma. (Childhood Asthma Allergy Cerebral Palsy patient is rushed to hospital without caregiver. Diabetic child at camp passes out from high blood sugar. Child with severe food allergies spends the night with friends. In accident while traveling and you are without your medical records. Coronary heart disease You or family member on blood thinners has another heart attack and (emergency personnel need to know this so they do not to give too much medication). Person with Epilepsy is around those who do not know the symptoms. Mentally challenged loved one who is not able to be with you 24 hours a day. DNR wishes Shunts for dialysis patients, warn of incapability of blood pressure/injections in that arm. Who to contact for you if needed in any emergency situation and you are away from home.

Think about it, how would anyone know what medical conditions/allergies you have to begin to treat you. With proper medical id medical personnel have a head start, while you and your family know that you have a better chance now that you wear your medical id.

Hopefully now your are ready to get your Medical ID alert bracelet.

Your Patient Specific Medical ID Bracelet can be ordered on-line at

which is sponsored by Diabetic Drug Store

These ID bracelets are engraved exactly as your specify and could save your life.

Rick Pack – pharmacist in Central Virginia for 30 years, married with 3 children.

Medical Alert Jewelry: A Life Saving Fashion Statement

By Terry McDermott

No one really wants to be labeled as "different." And certainly, no one wants to create that label and apply it to him or herself. But many medical conditions require some form of identification indicating that such a condition exists and must be considered in the case of an emergency. Thus, millions of people with hundreds of medical conditions must advertise that fact simply to protect themselves. For many, jewelry is the chosen medium.

Fact: Up to 15% of the population of the United States could experience a life-threatening reaction to foods, drugs, insect bites or latex.

Fact: Many diabetics suffering from hypoglycemia (low blood glucose) have been mistakenly identified as being drunk.

Fact: Over 400 Americans die annually from an allergic reaction to penicillin.

Given these and many more related statistics, the need for proper medical identification is critical. But in an image conscious society, clunky bracelets or dog tags may offend the fashion sensibilities of some while the overt labeling of medical conditions may be threatening to others. That is why manufacturers of medical jewelry are looking for a balance between the necessity of clear communications and a desire for attractive accessorizing.

It would be easy to hide identification for a medical condition in a wallet or handbag but in an emergency a visible and obvious message will assist medical personnel to make fast and accurate assessments. Jewelry, by its nature, is an adornment designed to flatter and draw attention to its wearer. A 10KT or 14KT gold or sterling silver charm, pendant or locket that also spotlights medical data can be quite attractive while helping to avert a tragedy.

Teens can be especially sensitive to their appearance and to the opinions of other teens. They can also be more apt to take risks because of these concerns. A young diabetic or epileptic may be willing to compromise their safety by avoiding the use of identification, even in the form of attractive jewelry, if they feel it makes them look "un-cool." There are some jewelry pieces however that can gain the proper attention, if necessary, without appearing "dorky."

Delicate ankle bracelets with a dangling charm or a small engraved plate are very acceptable jewelry accessories for teen girls. Lovely beaded bracelets are also fun, decorative and fashionable and will complement any style rather than compete. Boys can also accessorize discretely with a sports wristband band or handsome watchband. These pieces can be as simple or elegant as the wearer wants and many manufacturers produce medical jewelry with a keen eye on fashion and style trends.

No one should be embarrassed or ashamed because they have a particular condition. That doesn't mean that they should be forced to broadcast that condition to the world by wearing identification that is unattractive and obvious. Medical personnel are trained to look for medical I.D. and jewelry, no

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matter how discreet, and these pieces will be one of the first places they will look for medical info. Anyone with medical issues has a responsibility to themselves and to their family to provide the information that will protect them if they are unable to properly communicate. But they can still look sharp at the same time!

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J. Terrence McDermott is administrator and webmaster for

(

) a site featuring recommendations and resources for those seeking

information about medical identification jewelry and devices. He can be reached at

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