

This Free E-Book is brought to you by Natural-Aging.com.

100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Psychology, Philosophy and the Paranormal: Do You Wonder About Ghosts?

By Gloria Young

Psychology, Philosophy and the Paranormal: Do You Wonder About Ghosts? by Gloria Young

Beginning in 1992 when I first decided to become a ghost hunter, it never occurred to me that I would end up quitting my job and focusing strictly on paranormal investigation. This has become my new career. I made this decision after a series of occurrences while investigating some buildings and, having no explanation for these occurrences, decided to search for an answer.

Today, over ten years later, I have discovered that there is no answer...just more questions. This led me to again attempt to discover what secrets and mysteries lie beneath what I cannot see. Ghost hunting has become a passion for me to search for answers but a hot and trendy item for today's people interested in getting a thrill. I decided early on that I would make my attempts at educating the public and it would be up to them to decide if paranormal activity exists or not. I picked up as much literature on various subjects regarding the paranormal as I could. I read anything I could to get various theories with which to base my investigations on.

I discovered that the paranormal delves into psychology and that it is the use of the mind, the body and its' senses which may contribute to having a paranormal experience. I learned that there are no experts in this field. There are no possible ways that science can send a man from this dimension or earthly plane to the "other world" and back again and be able to talk about what he has seen. Unfortunately, near death experience is not the same thing.

Psychology and the paranormal are very similar in that there are many times when an occurrence is merely psychological and not paranormal and vice versa. Investigations have shown that occurrences involving younger, pre-pubescent children are possibly made up from the internal energy or "raging hormones" of these children. They are independent, coming-of-age and rebellious. They want to speak their mind and are told they must keep quiet. They are keeping all this energy within themselves and are struggling with the ability of how to release it. As time passes and the children find they can no longer maintain the air of quiet, they release this energy in the form of activity which demonstrates itself by slamming doors, shutting windows, bangings, thuds, creaks and groaning noises.

Psychology, Philosophy and the Paranormal: Do You Wonder About Ghosts?

The term "poltergeist" is German for "poltern" to knock and "Geist" spirit, or a noisy, usually mischievous ghost held to be responsible for unexplained noises (as rappings). We have learned over many different studies that children are unaware of these occurrences being based on the energy they emit. It's easier to blame these things on a ghost. However, working with them on investigations and under controlled circumstances, we discover that it is possibly the energy they are emitting. Of course, it is impossible to know with 100% accuracy if this is indeed the case and it is the children, but once we have made our conclusions and shared them with the host family, the activity seems to go away or at least be diminished.

When taking a philosophical look at the paranormal, we find that everybody has a story regarding the paranormal, or everybody has a friend who had an experience. Nonetheless, most people really don't want to have an experience themselves. They are willing to listen to other people's stories and be

amazed at what has happened but looking at the whole picture of say, perhaps seeing a ghost is not something they want to have happen.

Seeing a ghost is very rare. Having an experience such as having your shirt pulled, your hair pulled, or being pushed with absolutely no one behind you is EXCITING!! It leaves you wondering for days, even weeks whether or not it actually happened. Your mind is unwilling to allow the possibility that it could have to enter your mind. That is the rational mind. But, having an experience like that gives you a new sense of the world around you. Most people become different. They look at things from a different perspective. In the same way that having a child changes your life, having a paranormal experience can completely alter your way of thinking and life. You become more open to the world around you. Like a drug addict you want to have one more experience to validate what you experienced before. You discuss your experience with other people and find those that don't shun you. In turn, these new friends also share their experience with you. Talk then changes to other things, whatever that might be, EVP, ghost hunting equipment, dowsing, etc. You become more involved because of one experience and yet, longing to have the next.

Ghost hunting opens up so many different avenues for you to alter what you were and to become a "transformed" person. Many have called their transformations "epiphanies" or a calling, liking it to just themselves and not noting that many other people have had the same experience. It becomes very personal.

Notice I have not discussed anything having to do with religion. This is NOT a religious experience nor has anything to do with religion of any kind. It should not be confused or intermingled with religion.

Having a paranormal experience is very interesting and exciting and for most, keeps you longing for more. My job as a ghost hunter and paranormal investigator is to teach you that the possibility exists that you could have a paranormal experience. You should not be afraid of this possibility as, with over ten years of experience, I have never, EVER come across anything evil or malevolent. There are some ghosts with attitudes but nothing that has ever hurt me or harmed anyone with me. You should view a paranormal experience as something that doesn't happen to just anyone and you should really feel very lucky to have it happen.

In conclusion, I have offered you information regarding the paranormal and the fact that it exists. It is up to you to decide if you believe it or not. The only real way to decide is if you are fortunate enough to have an experience. Following that, I am confident you will join the tens of thousands of people who have had experiences and are now looking for their next one.

We believe.....Do you???

Gloria Young has been a ghost hunter and paranormal investigator for over 10 years. She has dedicated her life to researching paranormal activity. She has written, "Faces of a Ghost Hunter" as well as three other books. She founded the paranormal research group, "Ghost Trackers". She has co-produced two documentaries on ghost hunting. (www.ghost-trackers.org)

Real Ghosts, Ghost Hunting, and Quantum Physics

By Robbin Renee Bridges

One of the benefits of a lifetime of afterlife communication is that I know a lot about ghosts ... what they are and what they're not. For instance, they're not "caught between worlds." And they don't need us to help them "move on." They're exactly where they're supposed to be. You don't honestly think that God, the Creator of the Universe, would leave their eternal fate in your and my hands, do you?

You CAN say that they are "earthbound," but that's because their consciousness never left the earth. And when you die, yours won't either. We're all right here together forever. That's just the nature of the afterlife. Yes, knowing the laws of the afterlife can make these things a lot clearer.

Lately, I've been researching what folks believe about ghosts and hauntings. I've investigated the investigations. Repeatedly I've read, "We don't use ouija boards, séances, mediums or occult methods." Yet it's common for ghost researchers to accept, as an underlying condition of their investigations, the erroneous claims of psychics, mediums, and channels.

I'm referring to such concepts as "caught between worlds," "unfinished business," "earthbound souls," and ghost children in distress. At the same time ominous warnings urge vigilant caution in case non-human demons and malevolent entities are encountered. Oh, and don't forget the Hollywood expression, "Go to the light." Scientific research can't be conducted properly on a foundation of superstition.

Let me tell you some things that are true about ghosts. Actually there are only two kinds of ghosts: real and not-real.

The real ghosts are everywhere. They're in your home, in your car, in your school, and in your dreams. Ghost researchers call these interactive ghosts. I call them soul-ghosts, or disincarnate souls. I don't care for the term, disembodied because they do have a body. We just can't see it for the same reason that we can't see sound waves and ultraviolet light. They're outside the range of our sentient boundary.

Soul-ghosts are interactive. They reach out to you, and you feel no fear ... absolutely none. They

Psychology, Philosophy and the Paranormal: Do You Wonder About Ghosts?

envelop you in a blanket of warm fuzzies. Real ghosts can be mistaken for angels. This isn't a paranormal experience. It's a supernatural and spiritual experience.

The not-real ghosts seem to be everywhere too, but only for people that believe they exist, or at least believe that they might exist. They rarely bother unbelievers. Ghost researchers call the not-real ghosts ... residual ghosts. These ghosts seem to defy the Law of Conservation of Matter and Energy because they pop in and out of existence like virtual particles. The appearance of this type of ghost can be explained by quantum physics. From the Copenhagen Interpretation, which states that nothing is real until you look at it, to the holographic theory of the universe, all ghosts abide by the laws of quantum physics.

People that experience residual ghosts say that they seem to be caught in a time-loop replaying the same scene over and over. The above mentioned physics also apply to residual ghosts but with the addition of Schrodinger's equations. For every "now" that we experience, a positive wave flows into the

future and a negative wave flows into the past like concentric ripples created by a rock thrown into a pond.

The fact that some people experience residual ghosts is due to normal functions of human consciousness. Although some might rather think of it as a "glitch." Residual ghosts are unusual and fascinating experiences with natural causes.

Briefly, a few more types of not-real ghosts are poltergeists, demons, and shadow people. Abnormal psychology applies to poltergeists and demons. The physiology of the eye accounts for shadow people.

So, what's the truth about ghosts? Do they exist? Yes, of course they do. Can the scientific method be used to investigate them? Yes, they use measurable amounts of energy. Can you record their voices and photograph ghosts? Yes, but one needs to be alert to pattern recognition tendencies.

The science of ghost investigation has the potential to make a huge difference in a society still tormented by superstition and fear. You have the equipment. You have the rationale. And you have the compassionate desire to help others.

Copyright 2005 Robbin Renee Bridges

Robbin Renee Bridges, a chaplain and grief counselor for more than thirty years, is the author of numerous published articles and the landmark book, "A Bridge of Love between Heaven and Earth: Self-Induced Contact in the Afterlife." For more articles about death, ghosts, and the nature of the souls in the afterlife visit



This Free E-Book has been brought to you by Natural-Aging.com.

[100% Effective Natural Hormone Treatment](#)
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!