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Puppy Training – How to Train Your New Puppy to Sit

By James Theiss

Training your dog to "sit" is probably the first thing you will train your puppy to do. You can start the training as soon as the puppy has settled in his new home. You might think this training isn't that important. A dog knows how to sit. Well, I think it is very important. Read on and you will found out why and how to train your dog to sit.

1. This first one is easy. You just start by saying "sit" every time the puppy sits itself. He learns to associate the word sit with the action. This is a tip you can use in all training.
2. Take out his favorite treat and keep it in your hand. Just remember to cut it in small pieces so the puppy can swallow it fast.
3. Sit down on the floor so you get to the same level as the dog. You are less threatening when you sit. More important is that you are close to the dog so you can reward him faster. More about this soon.
4. Slowly move the treat over your puppy's head. The intention is to get the puppy to smell the treat (he will) and follow it with his nose. He has two options. Either back up still standing, or sit down. It's easier to sit down.
5. Immediately as he sits you say "sit" and give him the piece of sausage. This is the key factor to all training. The reward has to be in the same moment as the dog does the right thing.
6. Praise the dog. Show your joy with your voice as well as with your body language.
7. Repeat these steps 3–5 times. Not more than that though, as it has to be fun! On the other hand, you can repeat the steps several times during the day.
8. Next, you should try steps 4–6 while standing up. Later, you can try to see if the dog reacts only to the word "sit" without your hand and the treat. If he sits down you obviously should praise him, and if he doesn't, don't care. You should never show your disappointment to your dog when you are training.

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This is pretty easy for the puppy. In a day or two you will get him to sit with your "sit" command. Now you can try to make him sit down beside you. This is actually a preparation for the heel training. There, you want him to sit as soon as you stop walking.

The next level is to strengthen the "sit" command so you get the dog to sit in every situation, no matter what's going on around him. This is an ongoing process and you should never stop training. Use every new situation to further his training. Make him sit with new people, new dogs and new surroundings.

It's quite easy to train your dog to sit. If you consider not training your dog, my advice is, think again. When you start training with your new puppy you get much more than the sitting part. The puppy loves to do things with you. He learns to listen to his name. He gets used to training and doing things with you, and on your initiative. This all together strengthens your position as the leader, and the puppy feels secure. When the puppy falls asleep in the evening his last thoughts should be: "This is really a

great pack!"

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health, dog breeds and breeding, and other dog related subjects.

Even Lassie Had Her Moments

By Chris Sutton

Lassie! Now THERE'S a dog! If you said SIT, Lassie would sit. If you said FETCH, Lassie would fetch. If you said PLAY DEAD, Lassie would just about quit breathing. Why, you could just imagine Lassie bringing you dinner each night, couldn't you? Now THAT was a well-trained dog!!! Guess what? Lassie wasn't born that way; she had to go through puppy training!

Puppy training is very important if you want a well-behaved dog! You have to start training them when they are young and you have to be consistent. Baby dogs are just like baby people; they don't know how to do anything when they are just starting out. You have to teach them and you have to be patient.

There are lots of new things your puppy needs to learn but three of the most important things are it's name, the word "no" and the word "good dog." Those words are the words you are going to be using constantly during your puppy training period.

The puppy name is how the new puppy learns to identify itself. She has to know when you are talking to her. She has to know when you are calling her. She has to know her name!

You will be using the word "no" during your puppy training to let the dog know that she is doing something wrong. If you continually use different words to let the dog know she is doing something she

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is not supposed to do, you will have one very confused puppy. You have to be consistent in what you say so the new puppy will understand what it is you are trying to say.

The same thing goes for the words "good dog." You will want to say that to your new puppy every time she does something right. Your new puppy wants to please you and you need to let her know when she does.

Don't just scold your dog all the time and forget to tell her when she has done something right. The two things go hand-in-hand with your puppy training and you **MUST** be consistent. Tell her "no" when she has done something wrong and tell her "good dog" when she has done something right.

Chris W. Sutton, Easy Puppy Training,

<http://www.ezpuppytraining.com>

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