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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Quick Guide To Thailand

By Chic Retreats

Thailand is possibly the most-visited country in south-east Asia. The irresistible combination of fine beaches, ancient monuments and civilisations and renowned cuisine makes a holiday here an absolute must.

Where is it?

Thailand is in south-east Asia, bordering Malaysia to the south, Myanmar (Burma) to the north, and Cambodia and Laos to the east. It benefits from coastal stretches both in the Indian Ocean and the Gulf of Thailand.

Where can I stay?

Thailand is a popular country to visit - Bangkok is a 24-hour city with hotels to match whilst smaller cities and coastal resorts have also made the most of the constant tourist trade. Travellers are becoming more sophisticated, however, which has resulted in a number of boutique hotels opening to cater for the discerning guest. For those who love the beach, try the luxury of Aleenta; a small, private beach hotel which houses just 17 suites and 2 private villas. With unspoilt beach on your doorstep, an infinity pool and romantic breakfast and dinner settings, beach-life rarely gets better. Alternatively, go for the lights and sounds of Bangkok, where you could stay at the Ibric City; a very chic hotel right in the middle of the business district and next to the famous "Blue Elephant" cooking school. With just three rooms, this is a modern yet homely hotel and great transport connections mean that this boutique hotel is the ideal base for days and nights in Bangkok.

What can I see?

Thailand is renowned for its ancient monuments, stupas and temples. From the sheer architectural delight of the Phimai Temple, a Hindu/Buddhist temple, to the ancient stupas in the Sukothai Historical Park, there's much to learn about civilisations hundreds and thousands of years old and the way they affect the people of Thailand today. Don't miss the busy and colourful markets either, and make sure that you spend time sampling the fabulous food for which Thailand is so well known. Venture away

from the beaches to the rivers and mountains of Thailand's interior to sample a simpler way of life, or take in the energy of Bangkok with a city visit.

How do I get around?

You can hire a car to get around Thailand, but it may be easier to take the train. Bangkok city is serviced by a Sky train and boat service, so there's no need for any other transport to get you around. Outside Bangkok and closer to the coast, use the buses and trains to get about. The trains may be slower than you're used to, but they're comfortable. On the other hand, the buses are fast and furious, but they are cheap and air-conditioned.

Chic Retreats is a collection of small, sophisticated hotels around the world that offer the traveller a true taste of luxury and service. Visit their website by clicking

<http://www.chicretreats.com>

Visit Thailand - The Land Of Buddha

By Barney Garcia

Thailand is the perfect tourist destination for nature lovers, shopping lovers and for the followers of Buddhism. Thailand is all these teemed together and much more. Situated in the heart of South East Asia, Thailand has some of the best Buddhist temples, which offer peace, serenity and tranquility.

The Grand Palace and the Emerald Buddha

The temples and monasteries of Thailand date back to a few hundred years. The Emerald Buddha Temple is one of the most sacred sites in Thailand and requires visitors to be properly dressed before they can enter the holy place. The Jade statue of the Lord, which is elevated off the ground is a visual treat for visitors. This temple occupies just one corner of the court of the grand Palace.

Magnificent Bangkok

You must be out of your mind, if you visit Thailand and leave without visiting Bangkok. The capital of Thailand has everything that a tourist can dream of. Shopping plazas, Temples, Museums, Hotels offering exquisite Thai food, Islands, Beaches, Tall high-rises and a sprawling nightlife, Bangkok has it all. Be it the largest building in the world to be made of Teak wood, in Vinmanmek Teak Mansion, or the 46 meter long statue of reclining Buddha in the Wat Pho temple, you will never ceased to be stunned by the beauty of Thailand.

Shopping enthusiasts can head off to Siam Square, which is one of the most popular shopper's destinations in Thailand. Ma Boon Krong and Siam Center are two of the biggest shopping centers here. You can spend an entire day here and yet comeback unsatisfied. There are so many restaurants, theatres and shops to keep you busy. Thailand also has cheap roadside shopping opportunities for tourists who do not wish to blow away much money on shopping.

For Nature Lovers

Nature lovers can head straight to the Ko Chang national park that has many activities. Apart from the wildlife, tourists can also pursue diving, snorkeling or elephant riding over here. The place usually overflows with tourists all the time. Beach lovers can head off to Pataya, which is a pretty serene beach. It is located just 150 kms away from Bangkok.

Go discover Thailand!!

Barney writes about various topics, please visit

<http://www.thetravelblog.info>

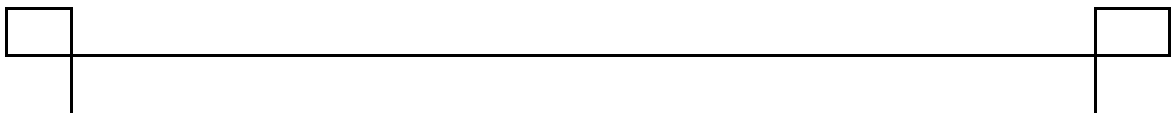
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for more travel information, tourist destinations and travel tips.



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