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ROMANCE 101 How to turn Your Relationship into a Great Romance!

By Gina Woods

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OK...Let's talk about romance! The #1 most important thing you need to turn your relationship into a great romance is DESIRE. You have to WANT great romance in your life. Well, who wouldn't want that? But it won't just happen...it will take some effort. But it will be well worth it!

When asking couples why they think the romance has escaped their relationships, the most common excuse is TIME. It's soooooo hard to find time and energy to devote to your relationships. But think for a moment back to your courtship. What was different then? Didn't you have a job then? Didn't you have other responsibilities then? Of course you did...maybe not to the extent that you do now, but you still had a schedule to keep, whether it was attending college, studying, playing sports, attending club meetings, keeping a job, etc. But somehow you found the time to "woo" your partner, right? You found time to date, right? Why? Because you WANTED TO! You planned it into your schedule and did it! And why were those times together so special? Because that specific amount of time was set aside and reserved for one reason...ROMANCE! And during those "dates" you gave 100% of your attention to each other, right? That's what made it special.

Now I want you to think about the last time you and your partner went out to dinner. What did you talk about? Maybe it was the family finances, or difficulties at work, or...the KIDS. Wow, what a romantic dinner, huh? That's the problem. You have to learn to create romantic situations

that focus 100% on each other. Save the "problem solving" for another time. I can't tell you how many times in the past my husband and I went out to dinner and whenever we got home, I didn't even feel like we went out! Why? Because the whole time we were out, we were busy doing that "problem solving" stuff instead of enjoying what little time we had together. So, that's the second most important thing you need to turn your relationship into a great romance...PRIORITY. Make it a priority to spend quality, FOCUSED time with your partner. These special times should be set aside JUST for the two of you to enjoy each others company...nothing else...PERIOD.

Okay...So now we have established that creating great romance will require DESIRE, and making it a PRIORITY. The next thing we need is a PLAN! You may have heard the saying, "You didn't plan to fail, you just failed to plan!" Anything worth doing requires a good plan. It can be as simple as scheduling one evening per week as "date night," or promising to spend "x" amount of time doing something romantic for your partner each week. There are plenty of books, magazines, web sites, newsletters, etc. that will give you lots of ideas to use for your romantic "dates." Use your imagination & be creative! The most important thing is to make a plan and then stick to it...no matter what.

After that, all that's left to do is sit back and watch the magic of romance do it's thing! Oh, I'm not saying that this is going to be easy...it WILL take a little work. But it will be FUN work!

Gina Woods is the publisher of "E-Romance Weekly," an on-line weekly newsletter offering exciting "romantic recipes" to rekindle the romance in any relationship. For more information, visit <http://www.spiritwithindesigns.com/E-Romance/subscribe.html>. Join our FREE E-Romance Weekly Yahoo Group at <http://groups.yahoo.com/group/eromanceweekly>.

Erotic Hypnosis

By Abbas Abedi

A Little Romance Can Enhance Your Love Life

Nothing can enhance your love life better than a little romance. Enhancing your love life is something that every long term relationship eventually requires. Sooner or later your love life will be affected by

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the regular stresses of everyday life and many other factors that may make your love life seem lacking. Often we hear that our partners are too tired to make love or perhaps there is a problem in the relationship that make love making just a bit more difficult than it used to be. So many aspects of our daily lives are affected and reflected in our personal relationships. This is when learning how to enhance your love life becomes very important.

For starters it helps for you to be able to incorporate playfulness in the bedroom. Being playful in the bedroom is a key factor to you having fun during lovemaking. It also helps you to get closer to your mate.

Learning how to become more spontaneous when it comes to love making can also help you to improve your love life. The reason for this is because it lets your mate know that you still find them sexy and attractive, which is the key to a great love life.

You can add romance feeding one another, having a romantic moonlight picnic and much more. Here are some more romantic tips for adding some romance to your love life:

- Lighting some candles may sound like a cliché, but it still works. It sets the right mood lighting
- Placing some flower petals around the room will add romance and a lovely aroma to enhance the sexual experience.
- Taking a nice bath together is always a romantic favorite
- Taking the time for foreplay is very important to romance
- A little bit of making out is always romantic and can help you remember how wonderful it was to experience the first kiss
- Spending some time cuddling and talking beforehand can be very romantic to the love making process. It is very erotic

There are many things that you can do to make your love life better. Romance is the best way to break into your mate's heart and lower their inhibitions. If you have ever heard of the phrase "you can catch more flies with honey", you will definitely understand why romance is so important to your love life. A little romance goes a long way in the bedroom.

By Abbas Abedi—To make your break from the smoking habit easier visit my blog



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