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Menopause, Andropause And Other Hormone Imbalances  
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**ROOMMATE REPAIR TIPS–UNCLOGGING THE GARBAGE DISPOSAL**

**By dan the roommate man**

**ROOMMATE REPAIR TIPS–UNCLOGGING THE GARBAGE DISPOSAL by dan the roommate man**

Kitchen sink clogs can often be avoided by properly disposing of food scraps. In rental properties they usually install less than the best because they know that tenants usually are very hard on them. By taking steps every day to make sure they are clean and running right can save time and money later.

The top eight foods that will back up your drain are:

1. Egg shells
2. Rice
3. Pasta
4. Grease
5. Potato peels
6. Banana skins
7. Celery
8. Coffee grounds

If your garbage disposal blades should become dull, try putting in some ice cube and grinding them up.

For that funky smell that comes from your disposal try this:

1. Grind up a few ice cubes in the disposal.

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2. Follow with cold water.
3. Finally drop a sliced lemon or orange in and grind it up.

But most important to the overall functioning of your disposal is to keep foreign object out of it. Rocks, pencils, wire, plastic and bones should be disposed of in the trash and not in the disposal.

DAN THE ROOMMATE MAN [www.roommateexpress.com](http://www.roommateexpress.com)

## ROOMMATE REPAIR TIPS–PATCHING DRYWALL

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Sometimes when you rent places things happen. People can get out of control and damage is done to the rental property. The most common problem is holes in the walls. These holes can be fixed by you which can save you from having the landlord fix it and deducting it off your security deposit.

If you put a small hole in the wall when you are moving out, you can repair it quickly.

For holes less than two inches in diameter you will need:

- \* Putty knife
- \* Wallboard knife
- \* Peel and stick repair tape
- \* Spackling compound
- \* Sand paper

#### Step #1

If the hole is small with no cracks around the edges, simply use the putty knife to fill the hole with spackling compound. Let it dry and sand.

#### Step #2

If the hole does have cracked edges, you may need to cut away the loose edges. Then cut a piece of mesh to cover the area.

#### Step #3

## ROOMMATE REPAIR TIPS–UNCLOGGING THE GARBAGE DISPOSAL

Use your putty knife to smooth the spackling over the area. Then use a damp sponge to smooth the area out. Let dry and apply another layer of spackling if necessary.

Step #4

Sand the area smooth.

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