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**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**Rent A Truck For The Big Move**

**By Keith George**

Thousands rent a truck in the United States every day. There are many companies where you can rent a truck of your choice. For example Budget which has more than 32,000 trucks and about 3,000 locations across the US. Budget is not even the biggest company in this business.

The trucks of most truck rental companies in the US are of GMC, Ford, International and Isuzu make. The sizes of trucks available on rent are cargo vans, 10-foot trucks, 16-foot trucks and 24-foot trucks. Truck rental companies often claims that its trucks have an average age of two to three years.

Truck rental companies also provides hand trucks, packing paddings, adhesive tapes, ropes, packing paper, mattress bags, padlocks, boxes etc at a nominal cost. Most of the rental trucks have air conditioning, FM radio, power steering, automatic transmission, power brakes, walk off ramps, lift gates etc and they are really comfortable.

The rented trucks are often covered by roadside assistance. The internet websites of truck rental companies are full with information about types of trucks, prices etc. Most websites have a very user friendly interactive page where the pick up and drop off locations are mentioned. Online reservations and quoting rates are available on the sites.

An example, if a person is renting a Budget rental truck from Atlanta to New York (approx 1,100 miles) on a Wednesday and dropping off on the coming Monday that is for 5 days. It will approximately cost \$650 for a 10-foot truck, \$680 for a 16-foot truck and \$830 for a 24-foot truck. A car carrier cost will be \$50 extra. Out of the above mentioned rates \$150 will be refunded as deposit.

The above rates do not include taxes. The extra miles will cost \$0.56 per mile and an extra day will cost \$56 per day if reserved before hand. If you add extra miles or days after pick up, the cost will be \$0.70 per mile and extra days will cost \$70 per day.

It is prudent to read the terms and conditions before renting and a cancelation has to be made at least 48 hours before pick up otherwise you will be charged extra for the cancellation.

## Rent A Truck For The Big Move

At the time of a truck rental two things will be required, identification and U.S. issued driver's license. Identification can be driver's license, passport, Military ID, Social security card, phone bill, state issued identification etc.

The advantages of renting a truck are many. You are in charge of your goods, the trucks are in good condition, it has usually many locations and it provides a low cost moving solution.

Keith George always writes about valuable news & reviews. A related resource is

<http://your-rent-atruck.info/>

Further information can be found at

<http://the-new-economy.info/>

## **How To Get Your Kayak From Home To The Water**

**By Niall Barco**

Some people think only about buying their new kayak, not about how to get it from their home to the water. It can be a logistical nightmare transporting a kayak. Thankfully there are many good kayak racks available.

Finding the right system to attach your kayak to your vehicle may be easier than think. Kayak racks are 100 percent dependable and reliable. There are various styles that will fit every truck.

You will find that many kayak truck racks are able to load and carry more than one kayak easily and safely. You can buy such truck racks at any kayak store and will be able to find the precise one that you want. The companies that create these racks have reliable reputations. You won't ever have to worry about your kayak falling off while you are driving.

There are several different rack types. You can mount the rack on a truck roof or in the bed of the vehicle. Either of these options gives you the chance to travel safely with more than one kayak.

These rack systems are relatively easy to install and are quite sturdy after you install them! You do not have to be concerned about installing any of the systems wrong because they are just too easy to install! Anyone can do it and do it quickly.

They not only are easy to install but they are also easy to remove. The only hard work you will have to do is lift the kayak into the vehicle!

Some people feel better about traveling with their kayak in the truck because they think the kayak rack is more durable. In a truck, the system that you install is a little larger and has more to it than a car rack. They are both reliable and safe. Your vehicle of preference is the only difference.

Begin shopping for a truck rack now and get your kayaking adventures under way!

You can find great deals, tips and news, information and reviews about

kayak accessories

at

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