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**[100% Effective Natural Hormone Treatment](#)
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!**

Rib-Eye Steak with Mushrooms and Bleu Cheese

By Richard Massey

Rib-Eye Steak with Mushrooms and Bleu Cheese

by: **Richard Massey**

Place steaks in shallow dish. Drizzle with oil; rub oil all over steaks. Sprinkle with salt and pepper.

Take the steak out of the oven and transfer it to a plate. Top with mushroom sauce.

<http://www.csrecipes.com>

Swiss steak recipes

By Hans Dekker

Swiss steak recipes by Hans Dekker

Hans is owner and editor of

Steak and Beef Recipes

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