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**Menopause, Andropause And Other Hormone Imbalances**  
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**Romantic Anniversary Gifts**

**By Nicole Dean**

My husband appreciates practical gifts. He's much like his grandfather who would be giddy when we'd give him bungee cords. "You can never have too many bungee cords!"

That's all fine and good for THEM. But, I certainly do not want anything practical for an anniversary gift. No blenders, no socks, no vacuum cleaners. He'd better get something special or he'll be hearing about it for years to come.

Now, before you think I'm some gold-digger, that gift does not need to be expensive. I just want a gift that had some thought put into it.

Here are some ideas for the men out there who are about to have their secretaries pick up "a little something for the wife for our anniversary". I may just save your marriage, or at least keep you out of the doghouse this anniversary.

Expensive Option:

Plan a trip to relive your honeymoon. Find out where you stayed, which restaurants you ate in, and book a trip to go do it all again. Walking hand-in-hand through the same streets as you did years ago will definitely be a special anniversary for your wife.

Less Expensive Option:

Find a Priest, Pastor, or friend and gather your friends together at a park or in your church. Renew your marriage vows to your wife to show her you'd marry her all over again.

Last Minute, Most Affordable Option:

Gather as many photos as you can of your time with your wife. >From dating through your engagement, your wedding, the birth of your children, to the current day. Turn these cherished photos into a DVD movie presentation or into a hardbound book. There are services online where you can do

## Romantic Anniversary Gifts

this quickly and easily. Heck, you can even have your kids help you put it together.

Free Option:

Write her a card, telling her how much she means to you or sing her a song. It doesn't cost a cent and she'll love you for it!

It's not about the amount of money you spend. It is truly about the thought that you put into the gift. So, start thinking now how you can wow your wife. She definitely deserves it.

Nicole Dean is a contributing author for

<http://www.RomanceYourHusband.com>

– a website dedicated

to helping married couples stay friends. If you'd like to make an affordable, one-of-a-kind picture movie DVD as a gift, she recommends

<http://www.EasyPhotoMemories.com>

## **Anniversary Gifts and Perfumes**

**By Mike Yeager**

How many times has your anniversary come around and you quickly rush out to buy something, anything from a myriad of anniversary gifts and perfumes available. Everyone has probably been there, waiting until the last minute and then feeling a little guilty because the gift didn't quite say what you wanted it to say. Historically anniversary gifts and perfumes have consisted of things like cotton for the 2nd anniversary and ivory for the fourteenth. Who wants to give or receive those kind of gifts these days?

Modern anniversary gifts and perfumes.

Here's a suggestion if you're really not sure what to give your spouse. Why not try perfume for her or cologne for him. Admit it, every once in a while you've smelled a certain fragrance on someone else that made you stop and really take notice, right? Sure everyone has. Why not go ahead and buy that special fragrance and give it as anniversary gifts and perfumes? It would make the perfect, personal gift that your spouse would enjoy and appreciate every time they put it on; and you would too.

Mike Yeager  
Publisher

<http://www.a1-perfume-4u.com/productpage/anniversarygiftideas.html>

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Anniversary Gifts and Perfumes

Gifts for Men: Anniversary Gifts!

The Modern And Traditional Anniversary Gift List

Yearly Guide For Anniversary Gift Giving

Bringing Elegance To Any Address: Online Gift Shopping

The Art of Kissing

Wonderful Wedding Favors and Wedding Gifts

How to keep up the SPICE in your Love Life.

Valentine Day Recipes

Recipes from the Heartland



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