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Russian Beverages for Russian Brides in the US

By Annas Agency

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Ancient Happy Cherry Honey

Description

Honey beverage was an obligatory drink of the nobility. Monastery honey beverages were known as the most famous. Many tzars sent their cooks to perfect honey cooking skills to monasteries. To improve the taste and colour, they could add fruit juices or berries. Diluted with juice, honey didn't contain any alcohol and was considered as the most splendid vitaminous beverage.

Method

Put honey in enamel pan, add water and boil stirring regularly and taking froth off. Put well washed cherries without bones in the bottle with a narrow neck and pour warm syrup over. Cover bottle with a wet sheet and leave in a warm place for three days to ferment. After that cork the neck with a sackcloth up and put in the cellar. You can taste honey beverage three months later, it will be as better as longer will be season.

Ingredients 1 kg honey. 2 c water. 2 kg cherries.

Apple Cider

Description

Cider is an ancient low alcohol beverage, made from apple juice and sugar. Cider is known for its tender apple aroma and sour-sweet taste. Any apples, except rotten ones, can be used to make cider.

Method

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Wash apples carefully, slice and core them. Coarse in a grinder, put in a container, add sugar (1 kg apple mince – 150 g sugar) and tie up with gauze and leave in a warm place for 2–4 days. Apple mince float to the surface and the juice is on the bottom. Strain the juice and squeeze apple mince. Add more sugar (1 l apple juice – 120 g sugar), cover the container tightly and leave for 15–20 days to ferment. When the fermentation is over, bottle cider and cork up.

Ingredients apples. sugar.

Beet Kvas

Description

Interesting recipe for lovers of new taste.

Method

Slice beet and pour over cold water/ Bring to boil and cook on low heat until done. Strain beet water in a jar, add vinegar, and cool down. Then add sugar, yeast and leave to brew. In 24 hours kvas can be served.

Ingredients 3 ea beets. 3 l water. 1 ts yeast. 1 ts 9% vinegar. 4 tb sugar.

Berry Kisel

Description

Kisel is a fruity, smooth and creamy dessert which is served cold in bowls or, if diluted with milk, served as a delicious drink. Kisel is often made with fresh fruit juice (with or without the pulp) or with milk or almonds.

Method

Hull, wash, and dry the berries. Puree in a blender or food processor, then push through a fine sieve into a bowl, reserving the juice and the pulp. Put the pulp into a 3–quart saucepan, add 1 1/2 quarts of water and all but 1–2 tablespoons of sugar and stir the mixture. Stir the potato starch into the bowl of berry juice. Bring the pulp mixture to a boil and vigorously stir in the starch–juice mixture. Return to a boil and remove from the heat. When cooled somewhat, pour the Kisel into desert bowls or glasses. Sprinkle with the remaining sugar to prevent a skin from forming, then refrigerate for 1 hour.

Kisel could be served as is, or accompanied with glasses of milk or half–and–half.

Ingredients 1 quart strawberries, raspberries, or blackberries, or a combination. 1 cup sugar. 6 tablespoons potato starch. 6 cups milk, or half–and–half.

Cherry Nalivka

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Description

Nalivka is Russian beverage with alcohol, made from different fruits and berries (apple, pear, apricot, cherry, black current, blueberry, strawberry, cowberry, birdcherry, rowan). It has much common with liqueur, but it is not the same.

Method

Wash cherries very well, dry on the sun for 2 days. Put cherries in a big bottle almost up to the top and fill up with vodka. Let stew for 1–2 months in the room, then filter in small bottles, cork them up. Keep the bottles in the cellar. Sugar on your taste is added before serving.

Ingredients Cherries. Vodka. Sugar.

Cherry–Lemon Drink

Description

This incredibly delicious beverage can become the hit of any season.

Method

Combine cherry juice with lemon one, add sugar to it and stir until dissolved. Then add salt to taste and bring to a boil on low heat for 5 minutes and cool down. Pour in cold milk and mix in a mixer. Serve cold.

Ingredients 1 c cherry juice. 2 tbs lemon juice. 3 tbs sugar. 2 c pasteurized milk. salt to taste.

Cranberry Kisel

Description

Kisel is sweet dense beverage made from berry or fruit juices with sugar and starch. Kisel is very useful for kids and adults as well.

Method

Wash cranberries carefully, squeeze the juice and put it in the fridge. Pour over squeezed berries hot water and bring to boil on a low heat. After that drain through the sieve. Add sugar and bring to boil. Dissolve starch in cold boiled water and pour in stirring regularly, bring to boil. Take from the heat and add cranberry juice stir thoroughly.

Ingredients 1 l water. 1 c cranberries. 3/4 c sugar. 3 tb starch.

Dried Fruit Compote

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Description

This is one of the favorite wintertime desserts in Russia. Dried fruit contains a lot of vitamins that are so necessary in cold winters.

Method

In a nonreactive saucepan, combine the dried fruit and water and bring to a boil over medium heat. Add the honey, sugar, and stir until the sugar and honey are dissolved, about 2 to 3 minutes. Scrape the seeds from the vanilla bean into compote and then add the bean. Reduce the heat to low and simmer, covered, for 1 ½ hours. Add the lemon juice. Refrigerate before serving.

Ingredients 1 1/2 pounds mixed dried fruit compote. 5 cups water. 2 tablespoons honey. 3 tablespoons sugar. 1 small vanilla bean. 2 tablespoons fresh lemon juice.

Fruits and Nuts in Cognac

Description

This drink will be not only a delicious dessert on the holiday table, but also an excellent gift if you pour the cognac in a beautiful bottle.

Method

Put all the ingredients in a glass bottle and pour over cognac. Cover tightly and leave in a dark place for 3 weeks.

Ingredients 250 g dried figs. 125 g dried dates boneless. 125 g walnuts. a pinch of cinnamon. 1 ts vanilla. 4 ea cardamom seeds. 1/2 ea lemon peel. 50 g sugar. 0,75 l cognac.

Gogol–Mogol

Description

Mysteriously named Gogol'–Mogol' is a deliciously rich and sweet dessert reminiscent of eggnog, made of raw egg yolks beaten with sugar, lemon juice, and cognac. It's considered the best remedy for a singer's sore throat. Without cognac, it can be served to children.

Method

Combine raw egg yolks and sugar in the bowl of an electric mixer and beat at low speed for 1 minute. With a rubber spatula, scrape up any sugar that may have stuck to the bottom of the bowl. Beat for 10 seconds more, gradually turning to maximum speed, then beat for 3–4 minutes, or until the mixture is pale yellow and thick. Add the brandy, liqueur, lemon juice, and grated rind of 2 lemons, and beat at maximum speed for 4 minutes, or until the mixture is very thick. Refrigerate for 30 minutes or more, up

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to 2–3 hours.

Ingredients 12 egg yolks, raw. 9 tablespoons sugar. 2 tablespoons brandy. 2 teaspoons orange liqueur. 2 tablespoons freshly squeezed lemon juice (optional).

Kumis

Description

Kumis, favorite Kazakh drink is a milk product from mare (cow) milk, considered restorative and tonic.

Method

Bring to boil milk, water and sugar, then coll down. Add kefir or clabber and leave in a room until it is sour. After that add yeast and leave until fermentation. Mix carefully, strain and bottle. When kumis bubbles, it is ready to be served.

Ingredients 1 l milk. 1 c water. 3 tb sugar. 2 tb kefir or clabber. 5 g dry yeast.

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Dating Russian Women: The Crazy Thing OR A Wonderful Opportunity?

By Elena Petrova

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My site is on the top of many search engines for the search query "Russian brides", and as the result I receive lots of requests for interviews from journalists all over the world, and the question they invariably ask is: "Why western men look for Russian women?"

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So let me once and forever explain you the reason why thousands western men flock to Russia in search for their love partner.

The answer is benevolently straightforward: they can meet in Russia a partner of better quality than is available for them at home!

They are NOT looking for a *Russian* woman - they are looking for a *better quality* woman!

But why it is possible?

I know what you think: you think it is because Russian women are desperate to escape from Russia.

Well, such thinking is pure ignorance.

Check the websites of American expatriates living in Russia (yes, there is a huge community of Americans permanently living in Russia, with their own newspapers and websites!) and you will confirm what I am saying: women who seek partners abroad do it because they want to meet a suitable partner that they failed to meet at home. They are not looking to immigrate. They are looking to find their love!

Hard to believe?

Read on, I will explain.

The fundamental reason for that lies in Russian demographics.

You know that men to women ratios differ dramatically between the countries.

For example, the latest figures from The Economist show that in United Arab Emirates there are 186 males for 100 females. It's clear the competition for eligible females should be stiff there. If you are a single male, The Emirates will be the last place in the world to look for an available woman – unless you live there, of course.

Now, what is the best place for a single male to score?

Let's look at the world statistics again.

The lowest men to women ratios are in Eastern Europe!

Countries like Russia and Ukraine are on the top of the list, with only 88 males to 100 females. The latest Russian census provided astounding figures of 10 million more women than men.

There the situation is exactly the opposite way around: eligible bachelors are more precious than gold.

So if you were a single male, exploring your dating options in Russia would make the perfect sense!

One wise man said: "Craziness is to do the same thing expecting a different result."

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If you ever grow tired of your local dating market, or would like to expand your opportunities, check Russia: you will be amazed what kind of women can be available for you there!

Elena Petrova is well known in the Russian dating industry by her website Russian Brides Cyber Guide(<http://www.womenrussia.com>), which is an informational source about Russia and Russian women. She holds master's degree in philosophy and authored several highly successful books about Internet dating. Get your FREE copy of "9 Simple Rules For Dating Russian Women"– send blank email to freedatingbook@getresponse.com

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