

SMILE WHEN YOU E-MAIL THAT, PARTNER!

This Free E-Book is brought to you by [Natural-Aging.com](http://Natural-Aging.com).

**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

SMILE WHEN YOU E-MAIL THAT, PARTNER!

By Doug C. Grant

SMILE WHEN YOU E-MAIL THAT, PARTNER! by Doug C. Grant

You're busy.

You've got a bunch of e-mails to send. You hit the keyboard.  
Wham...bam...out they go.

Most go to people you don't know or know only casually. WHOA!

Consider this. Every word in those e-mails is creating an image of who you are...particularly with those who don't know you personally or know you only slightly.

What are your words saying about you? That you're warm and personable? Or, that you're curt, formal and indifferent?

Yeah...I hear you. E-mail is supposed to be a brief and fast medium of communication. You don't have time to be warm and personable?

OH YES YOU DO!

It's easier than you think. And requires only five extra seconds. Less time than it takes to blow your nose.

Here's what you do before writing an e-mail:

1. Image the person in your mind. If you don't know them, imagine what they look like. So who cares if it isn't reality. Do the person a favor and make them beautiful or handsome.

## SMILE WHEN YOU E-MAIL THAT, PARTNER!

2. Now, smile at that person. That's right. Smile! If you're around other people and you don't want to look like a grinning idiot, at least smile inwardly.

Now, you've just spent five seconds and you're ready to write. Let me tell you why those five seconds mean so much.

Smile-writing adds a warmth to your words that you don't consciously apply. Your message will be the same. The length will be about the same. In fact, you'll probably read it over and think, "Sounds like what I would have written without all that smile business." But it won't be. Trust me.

I don't know how or why this happens but it does. When you smile at the people you write to, that smile comes through your words just as certainly as if you were there. It is absolutely one of the great mysteries of life.

Remember, partner, whether you're sending an e-mail, a letter, a proposal, a memo or a report, your words create a picture of you. And it may be the ONLY picture of you your target will ever know. Making it warm and personable could someday make a major difference in your future.

Give yourself an extra presence. Smile-write.

Doug C. Grant is the author of the new e-book, 'How to Move from Cubicle to Corner Office with THE SECRETS OF POWERWRITING'. A FREE preview plus details on receiving a FREE Blue Pencil Edit for one of your own imcoms is available by e-mailing: <mailto:edit@newbieclub.com>

### **Mommie Moments - Getting Your Partner to Help**

**By Heather J. Tait**

#### **Mommie Moments - Getting Your Partner to Help by Heather J. Tait**

It is very easy for a Mom to take on a large part of the responsibilities of raising a child even when she has a loyal and dedicated partner. There are several things you manage, nursing, cleaning, laundry, cooking, and caring and playing with your little ones. Not to mention any other miscellaneous tasks that may come up. Between naps may be the only private time a mother receives during a busy day. Allowing your partner to assist and asking for their help can really help alleviate any exhaustion.

A common misconception is assuming your partner knows that you need help. Often as long as the tasks and responsibilities are taken care of, your partner assumes that everything is under control.

## SMILE WHEN YOU E-MAIL THAT, PARTNER!

They may even assume that you are not experiencing any form of exhaustion at all. The key here is to communicate with your partner some of your daily tasks. This allows them to get a better idea of what your typical day is like.

Allow your partner to be more involved with the caretaking of your little ones. While they are together try to minimize jumping in to fix the situation when challenges between the two arise. Allowing your partner to problem solve when situations occur only increases your partner's confidence in handling matters. It also allows them to strengthen their already loving bond with their child.

If you need help doing housework or any other chores, don't be afraid to ask your partner for help. Make your needs known to your partner so that there is no miscommunication. You just may discover that your partner will actually appreciate being asked to be more involved with daily activities.

Being open about your needs prevents resentments from occurring and alleviates tension for both parties. Remember that your partner doesn't know your thoughts unless you express them.

Artist and Inspirational Writer Heather J. Tait began her career as a professional artist back in 1997 in Morgan Hill, CA. Her work and articles are displayed internationally. She is also the founder of Silence Speaks International Artist Association and the Editor of Intrigue Magazine. She has also been inducted into the 2004–2005 Who's Who Among American Women. Email: [contact@silencespeaks.com](mailto:contact@silencespeaks.com) Silence Speaks <http://www.silencespeaks.com>



**This Free E-Book has been brought to you by [Natural-Aging.com](http://www.natural-aging.com).**

SMILE WHEN YOU E-MAIL THAT, PARTNER!

**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**