

SUCCESS: WEAR IT LIKE A SECOND SKIN

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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

SUCCESS: WEAR IT LIKE A SECOND SKIN

By Shery Ma Belle Arrieta

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What do these examples have in common?

The answer -- they're all the faces of success. Sure, the numbers are small, but hey, success doesn't have to be in large numbers or very big to be called a "success."

Success is a relative word and a relative experience. It's like a piece of clothing or an accessory -- either you wear it well or you don't.

And on the Internet, if you want to achieve the goals you've set for yourself, you have got to wear success well.

Take a look at all the successful people you know. How do they act? How do they carry themselves? How do they speak?

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And most importantly, how do you think they dealt with failure before they became the success they are now?

You don't have to have Einstein's IQ to figure out that they wouldn't be successful people today if they folded and got discouraged by their failed attempts, or if they stopped doing what they were doing because they didn't think any of their small successes were significant enough.

Success, even if it is small, is still success.

So wear success like a second skin and each of your small

successes will build up into bigger ones!

Shery Ma Belle Arrietamailto:shery@emailworkshopshowto.com Discover how and why successful people like Benjamin Prater, Dr. Mani Sivasubramanian and Tom Hua use e-mail workshops and eCourses as important tools in building and promoting their business!
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Risks of Tanning Beds – Not all they are hyped up to be...

By Adam Murray

This is one of many articles posted weekly on

The risks of tanning beds aren't all that it's hyped up to now—a-days. For example, all of the skin cancer horror stories that you hear about all came from people who went about tanning the wrong way 20 to 30 years ago. You see, skin cancer has a latency of about 20–30 years. That long ago almost everyone that that getting a sunburn would fade into a nice looking tan, so most people would go to the beach and keep up with a pattern of getting sun burnt. This is what causes skin cancer, the repetitiveness of getting sun burnt. So there is common misconception of the risks of tanning beds. It's not all cancer in a box as many people say.

Some other risks of tanning beds are your eyes. There is some risk if you choose not to wear safety eyewear, or the goggles. This is a requirement for all tanning salons to provide safety eyewear, but no one can actually make you wear them. Without wearing them, the risks of tanning beds increase. You can get an early form of cataracts and you could even have temporary or complete blindness. Although using the safety equipment can leave almost unnoticeable white circles around your eyes, the risk of not using them does not make up for it.

You can reduce the risks of tanning beds by not staying in them for too long. If you notice that after your tanning session that you got burnt, then the next time you go you need to reduce your time a little. Getting sun burnt is the worse thing you can do to your skin. Also, to reduce risk, be sure to wear the

goggles for your eyes.

Adam Murray is currently the webmaster and author of several websites,
, is one of his newer additions.

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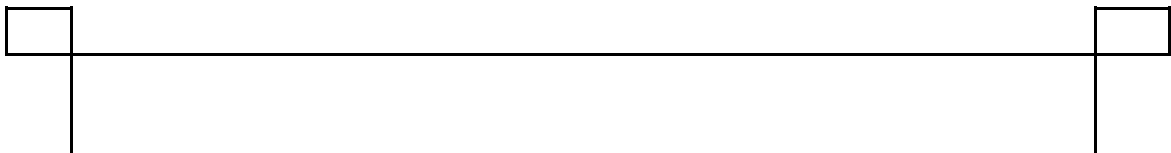
Success Secrets

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