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**[100% Effective Natural Hormone Treatment](#)
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!**

SUICIDE WARNING SIGNS

By Joan Bramsch

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Useful Links & Things

Need information? Don't know who to ask or where to turn? Here are some useful links and information sources that will respect YOU and your privacy.

Coping With Teens

Most of us were never taught to be parents. So we can't help but disappoint ourselves sometimes. How often have you heard yourself using the very words you hated hearing from your own parents?

When our kids become teenagers, it gets even harder. They seem to reject everything we've taught them. As far as they're concerned, we know nothing. Our values and beliefs are constantly challenged. Every word we utter is seen as interference. Emotions run high.

But we're more important to our teens than ever. As they try out the values of their peers, who are more influential than ever, we counter the pull of drugs, alcohol and early sex. These entangle children every day and can ruin their lives.

Here are some links that might help:

The turbulent teens

Getting along with your teen

Dealing with anger

Ignoring problems won't make them go away

What to do if your teen runs away

If you need to talk

Missing Child

SUICIDE WARNING SIGNS

We've compiled a lot of helpful suggestions for finding a missing child right here. Keep in mind that runaways often travel short distances and come back after a few days. Nonetheless, take action immediately.

Think clearly and logically about where your child might be. Try to figure out why he is missing or running away at this particular time. Follow only those suggestions that are useful and in order of their importance. Keep a notebook recording all the steps you've taken and dates.

Useful links:

- Contact the police
- Contact your child's network
- Search your neighborhood
- Who to call for help
- Publicize

- Prepare for a call from your child
- How to cope when your child returns home
- If you need to talk

Suicide

Most young people end up killing themselves because they simply don't know where else to turn. They are in some kind of pain that seems unbearable and they want the pain to stop. They end up stopping their entire lives just because they didn't know what else to do.

Here are some links that might help:

- Why do people kill themselves?
- Suicide warning signs
- What do you know about suicide?
- Need to talk?

MORE INFO HERE:

<http://joanbramsch.com/counseling/links.shtml>

JOAN BRAMSCH is a family person, educator, writer and E-publisher. Her articles appear internationally in print and online. Six of her best-selling adult novels – near one million copies – have worldwide distribution. Her Empowered Parenting Ezine serves 1000 parents around the globe.

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The End of Extreme Depression, Self-injury, Incited violence & Suicide

By James Sorrell

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SUICIDE WARNING SIGNS

Please help end suicide (and extreme depression, self-injury & incited violence) and spread the web addresses everywhere, including the internet: SUICIDE VACCINE, a "figure of speech", is a solution to ending suicide, a life preserver made up of words---->
<http://keeperofflame.proboards24.com/>. and
<http://excoboard.com/exco/index.php?boardid=1979> and
<http://www.bev.net/users/homepages/JamesSorrell> ---->Help prevent more NEEDLESS deaths and tragedies and protect the human race, including those you love!! Best regards, James Sorrell

Teacher: Keeper of the Flame



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