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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Safe Natural Treatments For Head Lice

By Wayne McDonald

If you are like most parents, you want a safe and effective treatment for head lice. Most treatments are toxic and are not recommended for toddlers. Here are three different treatments from parents. As always, this is not medical advice. Please check with your doctor if you have any concerns.

Treatment#1 Combine 1/2 tsp. each of Eucalyptus, Pennyroyal and Rosemary. Then add 2 1/2 tbs. pure olive oil. An Adult needs to try the mixture on his/her skin to make sure it doesn't burn. If it does, add more olive oil. After washing your child's hair with very hot water (as hot as the child can stand!) Comb the oil mixture through hair with a regular comb (throw away kind) Then use a flea comb, comb out any nits or eggs. Tie a cotton scarf around child's head and leave on over night. It may tingle, but if it burns wash out immediately and dilute the mixture and try again.

THE NEXT MORNING Wash hair with a good tea tree shampoo. This should take care of the lice, however if necessary repeat the treatment. To prevent lice (when it has been reported in your child's school) rub tea tree oil or sassafras oil into the scalp.

Treatment#2 A natural alternative to killing head lice is to use mayonnaise. Cover the entire scalp and hair with mayonnaise, cover with plastic wrap and leave on about half an hour. Shampoo and remove all the nits or eggs.

Treatment#3 For best effectiveness, use a safe, pure soap like Botanic GOLDTM and carefully follow the directions below. Every step is important.

On a dry head, start at the nape of the neck along the hairline and work around the head saturating the hair as you go moving towards the crown where the hair is tied up. Remove the clips or pony tail and continue to apply the soap using enough to completely saturate the hair.

Massage the head and work into lather then comb through hair to ensure coverage (use a metal, regular toothed comb). Wrap or tie the hair back up on top of the head. Every ten minutes or so, massage the hair until 30 to 40 minutes have past. DO NOT RINSE AND DO NOT ALLOW TO DRY. (Reapply if necessary to keep moist.) The next day, follow the instructions above "THE NEXT

MORNING".

NOTE: DO NOT USE Botanic Insecticidal Soap.

Sanitation Instructions for ALL Treatments

Lice are highly contagious and it is extremely important that they are eliminated as fast and completely as possible. When lice are first detected, it is wise to launder everything with which the infected person has come in contact. Use hot water and a non-toxic liquid soap.

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Wayne McDonald is a Health Practitioner and contributing editor for Safe Natural Head Lice Treatment. For more Tips and FAQ visit

<http://www.ourFamillysHealth.com/headlicetreatment.html>

Parent and Teachers Guide to Child Safety

By Wayne McDonald

Parent and Teachers Guide to Child Safety Copyright 2005 Wayne McDonald Every home and school should have a first aid kit. Most parents don't think of having a safe and natural head lice treatment ready at a moment's notice. But first, before I tell you why your child is at risk, let's begin by defining head lice. There is a lot of social stigma around head lice infestation and finger pointing by other parents and school officials. Nobody wants to talk about head lice, but it seems every parent is faced with this burdensome problem each year. The more you know BEFORE an infestation happens will help your child get rid of head lice faster and safely. 1. About Head Lice Head lice do not jump, fly, or swim. Lice are NOT contracted by unclean people. Children are infested by direct contact. Typically, lice prefer clean well-kept scalps and are most common in middle to upper class schoolchildren. 2. Causes of Head Lice Head lice are spread by direct head-to-head contact with an infested person's hair. Head Lice "walk" from one hair or head to another. Transfer by shared combs, hats and other hair accessories is not that common because head lice need to attach to a host. 3. Do Pets Transfer Head Lice? Pets do not transfer head lice. Head lice and their eggs soon perish if separated from their human host. Never treat your pets for head lice. 4. What should be cleaned? To prevent re-infestation wash and dry (with heat) all bedding [sheets, pillowcases and nightclothes] plus any towels or stuffed animals. Combs, brushes, hats and other hair accessories in contact with an infested person should be washed in hot water each day to dislodge any lice and nits. 5. Safe Natural Treatments Do not expose your children to dangerous chemicals to rid them of head lice, nits and the eggs. Read the label. Most products kill head lice with pesticides and have warnings on the labels. There are safe and effective treatments for getting rid of head lice for your kids. Unfortunately, most of them are not around the corner at your local health store. Typically, a lot of stores sell name brand products with harsh chemicals. Be prepared and purchase a safe natural head lice treatment BEFORE your child comes home with head lice. It makes sense. You keep a first kit in your home for your child's safety. Don't wait and shop around for a couple of days while your child is suffering. You or another parent you know,

Safe Natural Treatments For Head Lice

maybe called into action and are faced with a head lice infestation. Quick, immediate action will stop any head lice infestation from spreading to the entire family, or at school. Purchase a safe, natural product today and be prepared.

Wayne McDonald is a health care professional and public speaker for safe natural treatments of annoying and burdensome health challenges. Get Free Instant Access to Public Health Information about Head Lice and Frequently Asked Questions (FAQ) at

<http://headlicetreatments.holisticwebdirectory.com>



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