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Saturnia –Terme Di Saturnia – Maremma

By Giulio Detti

Saturnia is an ancient Etruscan city located in southern Tuscany. This area of Italy is known as the

Maremma. Saturnia boasts two fabulous restaurants and a gelateria where you can taste some wonderful ice cream. The town is surrounded by many olive groves, and a wonderful rolling countryside. Not only is Saturnia very beautiful, but it also boasts a wealth of Etruscan history. The entrance to the town is a perfect example of a Roman arch. The arch is placed at the entrance of an old Etruscan road which is surrounded by high walls and leads all the way to Rome. Saturnia has great history and a very beautiful surrounding area, but it is most well known for its healing natural sulfur springs.

The Terme Di Saturnia is a spa in Saturnia that is very well known for its abilities to heal many different ailments. Some of these ailments include ailments of the digestive system, ailments of the female genital organs, air, nose and throat ailments, as well as many different skin diseases. You can find many different pools where you can rest your weary body in the hot springs, or you can just bathe in the river itself. However if you want to enjoy the complete spa experience, then the Terme Di Saturnia is definitely the place to visit. The Terme Di Saturnia offers many different types of spa treatments including facials, hydro massage, kinetic physiotherapy, hydropinic treatments, saunas, tanning beds, as well as rectal and vaginal irrigations. The spa's main attraction is the ability to cure ailments, so if you are having problems, then visiting the spa might just be what you need to feel better.

If you would just like to visit Saturnia, but you do not want to pay the fees to visit the Terme Di Saturnia, then you can just bathe in the waters of the river. On the outskirts of town there are many different areas where the hot sulfur springs are prevalent. Many of these locations have naturally occurring bathing pools that have formed over time. These bathing pools are located on the sides of the hills where waterfalls flow with the natural sulfur spring waters. These baths do not cost any money, but they also do not boast the healing amenities of the spas. Whether you are looking for healing, or just to have a good time, Saturnia is definitely a must visit town in the Maremma.

<http://www.tuttomanciano.com>

<http://www.termes-di-saturnia.info>

<http://www.tuttosaturnia.com>

<http://www.bellamaremma.com>

<http://www.maremma.to>

Holiday In Maremma Traveling Through Pitigliano, Capalbio, And Saturnia

By Gabriel Adams

The Maremma is a wonderful getaway if you are looking for fun and romance. Not only does the region show a glimpse of ancient civilizations and a beautiful natural landscape, but it also boasts wonderful wine and culinary masterpieces. The Maremma is filled with a very close knit group of people which make visitors feel like they are at home. When visiting the Maremma, you definitely want to visit the towns of Pitigliano, Capalbio, and Saturnia.

Pitigliano is characterized by tuff stone and volcanic magma, as well as crystal clear water and beautiful beaches. The history of this town is very apparent by the many different museums and attractions located here. The magnificent Orsini Castle is located at the entrance of Pitigliano, and the aqueduct that supplied the town with water is located next to it. At the edge of town there is a medieval gate called the Porta di Sovana. After passing through this gate you can see the remains of the Etruscan city wall. Throughout the area of Pitigliano are ancient paths with walls more than 10 meters high. These paths were dug into the rock by the Etruscans.

The next city to visit is Capalbio. This village is well known in the Italian gossip newspapers, because it is often visited by many famous people. Although it has become a major tourist destination, it still retains its ancient charm and beauty. Like most of the cities in the Maremma, Capalbio has many historical places to visit. Capalbio has a wonderful walled village from the medieval era that is still almost completely intact. The area around Capalbio is a great place to take a bike ride. The landscape is very beautifully dotted with olive groves and fields of flowers.

The final city on the tour of the Maremma is Saturnia. Saturnia is most well known for the Terme di Saturnia, which is a spa that boasts the healing effects of natural sulfur spring water. These natural hot springs are set into the walls of the town, and offer a relaxing feel and a breath-taking view of the surrounding area. Saturnia is a great place to visit and relax, as well as have fun dancing, and eating wonderful food. Saturnia has very nice people and is a wonderful place for tourists to see the ancient civilization of this area, as well as enjoy a nice relaxing time in the natural springs.

Saturnia – Terme di Saturnia:

<http://www.tuttomanciano.com/>

Maremma : Farmhouse in Maremma:

<http://www.bellamaremma.com/en/index.php>

Pitigliano : Hotel Pitigliano:

<http://www.pitiglianodoc.com/>

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