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School Bullying Stopped: 5 Ways to Stop Bullies with the Facts!

By Paula McCoach

School Bullying Stopped: 5 Ways to Zap Bullies with Facts!

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<http://www.bullyzapper.com>

So, there is a bully that you just can't catch! You have been trying for years and no luck!

Well, I have learned with good documentation, anything is possible even building a great case for catching that hardcore bully.

1. I keep a large file card on each student that I speak with, and the bullies are usually referred to me at some point.

On this card, I make note of the date of the conference and generally what the student and I spoke about. If the student is referred to guidance for peer mediation, that is documented also.

2. If this bully is tormenting tons of kids, I put out a memo to the team of teachers who have the bully in class, and ask them to jot down any bully or teasing behavior they see or hear from the bully.

3. The students who are reporting that the bully is bothering them are asked to write down "exactly" what the bully is saying with the date. Even if what the bully is saying is obscene or gross, I ask the students to write verbatim what the bully is saying to them.

4. Most schools have students for more than one year. Our school has 5 grades, so we have students from 4th to 8th grades. You can pull out documentation from previous years to add to your information from the current year.

5. In my opinion, a bully does not start the school year with a "clean slate." Pull out your notes on this hardcore bully from past years and add it to your current facts for this school year.

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Amazing documentation for zapping a hardcore bully might take you a few months to accumulate.

But, as we all know a bully "bullies" and eventually the staff will catch them and document their bullying.

Getting adequate documentation might take some time, but you will eventually get enough to either remove or rehabilitate the bully.

So, get out your file cards and start documenting! The more incidents of bullying you can cite, the better. And, thanks for helping kids deal with bullies!

Paula McCoach invites you to subscribe to the Bully Zapper Newsletter, which is published weekly with tons of tips on how to effectively deal with bullies in elementary and middle school. You will receive a free special report for your subscription. To subscribe, go to

<http://www.bullyzapper.com>

Purchase the latest Bully Zapper publication, 11 SIMPLE STEPS TO ZAPPING BULLIES! Discover tips on working with the bully as well as the victim, talking to parents effectively, using behavior checklists with success, enabling teachers to deal with bullies in their classrooms, and much more practical and useful information you can use immediately to Zap the Bullies in your school! To order, go to

<http://www.bullyzapper.com>

How To Stop Bullying

By News Canada

(NC)—According to Family Services Canada, approximately 12% of children are bullies. Additional research confirms that bullying occurs frequently: once every seven minutes on the playground and once every twenty-five minutes in class (Craig and Pepler, 1997).

To prevent bullying, it is important to consider not only the bully and victim, but also peers, school staff, parents, and the broader community. The best approach at school, is to develop a clearly stated code of behaviour with consistent follow-through.

All school staff should participate in educational sessions, together with parent and student representatives. Once adults learn to recognize problem behaviour and how to stop it, they can supervise and intervene more successfully.

Parent meetings and newsletters should address the problems of bullying. Parents need to talk to their children about bullying and look for signs of potential victimization.

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Communication between parents and school is essential, as parents are often the first to find out that their children are being bullied. Peers also play a critical role in the prevention of bullying. If students are taught how to intervene appropriately, or get adult assistance, and to empathize with victims and condemn aggression, bullying can be reduced.

Bullies and victims require individual attention. Bullies should be told that their behaviour is not acceptable and that they will suffer consequences established in the code of behaviour. If a group of children are being bullied, bullies and bystanders should be brought to task. Victims need to be encouraged to speak up and ensured that their school will protect them from further harassment. Parents of bullies should be informed of their children's behaviour and enlisted to discipline the behaviour and mentor their child to help prevent further occurrences of bullying or victimization.

For more information on bullying and how early childhood intervention programs are helping to reduce crime and its associated costs in communities across Canada, visit the National Crime Prevention Strategy Web site at

www.prevention.gc.ca

or call toll-free 1-877-302-NCPC.

– News Canada

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How To Stop Bullying

Bully Zapper Techniques Two and Three: Report and Keep a List!

How To Deal With Cyber-Bullying?

If your child is being bullied – 20 top tips for parents

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