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**Secret Plan to Achieve Your Desires**

**By Lisa van den Berg**

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Do you want the secret to attaining all you desire? Keep your thoughts targeted on what you wish to attain and the means for their attainment will flow to you.

Although the plan I will present to you is easy enough to formulate, it is only by means of Absolute Faith that it can be properly implemented. Once you have decided what it is that you want from your Life, write it out in complete detail. You should write down everything about what you want to achieve, your plan for achieving it and what you will give in return for its fulfillment. I follow this plan and let me tell you that it works like nothing else I've ever tried. Follow it and you'll see.

Keep thoughts of attainment in your mind. Carry that piece of card on which you've written your Statement of Desire with you wherever you go. When James J Hill was formulating the idea that he wanted to develop a Transcontinental Railway System that stretched from the one coast of America to the other, he had no money and no friends of influence that he could turn to, to help him. What he did have, however, was Absolute Faith. He drew in his proposed path for the railway system on a map of the US and slept with it under his pillow, he carried it with him wherever he went and referred to it all the time. He submitted it to his subconscious until his dream came

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true. What he needed for the fulfillment of his desire came to him because of his Absolute Faith that it would.

Sit down and write out your Statement of Desire. Write out all the things you want to accomplish, a plan for making them happen and what you will give in return for them coming to be (time, hard work etc).

Repeat your statement continually throughout the day. Imprint it on your mind by visualizing the outcome of your desire, as if it was already real. Remember that nothing physical comes about without an idea to start it

off. Before you build a building the architect first draws a picture of how the building will look from the picture he has in his mind. From his drawing the builder can determine what materials are needed to build the building and then set to work on making the picture in the developers head, a reality.

In order to get what you Desire you need to develop a strong sense of self-discipline. You need to see and feel and believe that what you want will come true. I set an alarm clock by my desk to remind me to repeat my Statement of Desire, every 2 hours throughout the day. I have a picture of it burned onto my brain so that I have created a Burning Desire. It gets to the point where you no longer have to drive it, because it drives you.

In all my years of searching for the answers to all my questions and looking for the formula that would help me to help myself, this is the one that consistently works for me. You will find that the mechanics for realizing your Desire will come to you when you are willing to do what it takes to make it a Burning Desire.

If your Desire is to give your children the best education you can, you will find that perhaps you learn that a prestigious college is offering scholarships for which you can apply or that an excellent teacher will be holding a summer school on the ways to enrich your child, that is not offered at school. Perhaps you will get a windfall of money to help you send your child to a college that specializes in their field (drama, art etc) or have access to a previously unavailable source of learning materials that

your child will love. Maybe a course will come along that will teach your child how to study more effectively and retain more. The possibilities are endless and they will come with Absolute Faith.

Create your Statement of Desire today!

Namasté  
Lisa van den Berg

Lisa van den Berg is the author of *Alleviate–Stress – How to WIN at the Game of Life!* She also publishes a weekly e–zine 'Empower Your Life!' that's filled with tips and techniques that will help you live the Life you deserve. Subscribe now at <http://www.thealternativerookie.com> !

### **Challenge the Universe ... Demand your Desires!**

**By Edward B. Toupin**

There have been so many times in my life where I have run into a series of obstacles that never seemed to stop. I could handle each and every one, but after a while, I would grow weary and want it all to come to an end so I could return to a reasonable life.

Over the years, I've learned that I can't just hope for positive change, I have to demand it and act on it. This approach is has nothing to do with affirmations or affirm–actions. It consists of simply telling the Universe what I want and having it show me the signs that all is well.

Many people feel that they are victims of their god and the Universe; however, we are our own gods. We are our souls, our essence, and our spiritual deity. In the end, we allow ourselves to become victims of ourselves, our beliefs, and our own inability to accept responsibility for our actions.

Putting a challenge to the Universe opens the ears of the multitude of other entities that exist to begin placing situations in motion to achieve your desires, if it is for the overall good. You can fight it and continue down your path, but it will be a hard won fight.

At one time, I was at my lowest possible point in my life. At that point, I challenged the Universe for 10 positive events in my life to show me that this all wasn't just a waste of time. In a matter of two weeks, things began to unfold in front of me. Now, I challenge the Universe often and I work with it to manifest my desires and achieve my goals.

Whatever you desire, you can manifest by issuing a challenge to the Universe, your god, or whatever deity you worship. But, in the end, you are only challenging yourself to achieve those things in your life that you desire.

Edward B. Toupin is an author, publisher, life–strategy coach, counselor, Reiki Master, technical writer, and PhD Candidate living in Las Vegas, NV. Among other things, he authors books, articles, and

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screenplays on topics ranging from career success through life organization and fulfillment. Check out some of his recent print and electronic books as well as his articles covering various life-changing topics!

For more information, and to find out about his upcoming title on book publishing, e-mail Edward at [etoupin@toupin.com](mailto:etoupin@toupin.com) or visit his site at

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Challenge the Universe ... Demand your Desires!  
10 Psychological Desires To Insert Into Your Ad  
Our Secret Chamber  
Why Dream Merchants Make More Money  
Fulfill The Needs And Desires Of Your Prospects

Mind Power Creative Thinking  
One Million a Year  
30-Day Low Carb Diet 'Ketosis Plan'  
Secret Copy Writer  
Disaster Preparedness and Crime Protection Manual



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