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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Secrets We Keep From Those We Love

By Timothy Cole

Everyone keeps a few secrets from a husband or wife, boyfriend and girlfriend. And people keep their secrets for a lot of reasons. Often people are embarrassed or they are fearful of a partner's hostility or possible rejection.

And research shows that it is in one's best interest to keep some things private, especially when partners or spouses are likely to respond poorly to the truth. Being rejected, scorned, or stigmatized does not help any one work through a serious issue.

But, keeping secrets can also be harmful.

Keeping secrets often prevents people from dealing with the problem at hand. Keeping secrets leads to increased stress, anxiety, and it often makes people think about the issue (event or topic) more frequently.

For instance, people who have a secret crush on someone often dwell on their feelings more than people who are able to talk about their feelings out in the open. More often than not, keeping something secret makes it seem more important than it really is.

Likewise, revealing secrets is very helpful when it is done right; that is, in a safe, non-judgmental environment. Revealing secrets can reduce stress, it helps people let go of an issue and think about it more clearly.

If a secret is bothering you, it really does help to get it out – as long people don't respond negatively or use the information against you.

In fact, research shows that the simple task of writing down a secret, even if no one ever reads it, makes people feel better. Writing a secret down reduces stress – it is cathartic.

With this in mind, we have created a place where people can anonymously reveal the secrets they keep. Maybe you will find that letting go of one of your own secrets is helpful and not so embarrassing

after all.

Article by Timothy Cole, PhD. Take a look at the secrets people keep from their romantic partners at

<http://www.truthaboutdeception.com>

The 3 Basic Secrets That Will eXplode Your Sales This Year

By Ovi Dogar

In this article, I would like to talk about the three "well-known but often ignored" secrets for creating a successful product.

These secrets are still valid in real world as they are online.

The main mistake most entrepreneurs do is to create a product and then they **WORK HARD TRYING** to sell it.

Wrong! Wrong! Wrong!

SECRET NO. 1

Always create a product **ONLY** if there is a market for it!

How can you find out if there is a request for your product?

Quite simple, read the forums, search them for terms like "I wish there was a thing that..." "Can anyone help me do..." "What's the best way to..." etc.

I'm sure you understand. All you have to do is to create a product that will fill that want.

Secondly, you can search the web, using terms related to your product. If there is competition that looks like is doing well, then there is a market for your product. Just make it better than the one of your competitor and you're on your way to riches. :)

Thirdly, you can see how many people search for terms related to your product using Overture's suggestion tool located at: [Click Here!](#)

SECRET NO. 2

Never try to sell something to people that don't have the money to buy it. Always create products that appeal to people with money.

This is a great mistake most people make. They try to sell high priced products to people that cannot afford them.

SECRET NO.

Secrets We Keep From Those We Love

3 Always create a product that you would love to buy. Put yourself into your buyer pants and think about how would you like to be sold.

Create products that you'll want to buy; sell like you would like to be sold to; and, in generally do things the way you would like the things to be done to you.

Follow these three secrets and in less than 999 days you'll have a six-figure income. Guaranteed!

Have a Profitable Day!

Ovi Dogar, The CoversExpert

Ovi Dogar is specialized in the creation of professionally custom made covers that really sell. You can view some recent samples of his work at

<http://www.absolutecovers.com/samples.html>

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Magical Dolphins Ans Surfing Cats

10 Steps to Success in Love and Marriage

Ebay Secrets Revealed

Ancient Secrets Revealed

Making money at online auctions

How to keep up the SPICE in your Love Life.

Tattoo Secrets

Motivate Your Way To Success

Success Secrets



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