

This Free E-Book is brought to you by [Natural-Aging.com](http://Natural-Aging.com).

**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**Sex & Pregnancy...Do They Mix???**

**By Tara Grant**

**Sex & Pregnancy...Do They Mix???**

by: **Tara Grant**

As a pregnant woman, you may experience sex drives much like your moods. Up and Down! Some women claim that they have no sex drive at all during pregnancy, and others, say their sex drive is better during pregnancy. With changes to your body happening so quickly, your moods and drives may also change just as quick!

Here are some common questions often asked by pregnant women with helpful answers!

Is it safe to have sex during all trimesters of pregnancy?

If there is no pain during sex and your not a high risk pregnancy, then sex is perfectly safe! If you are experiencing pain, or have a history of miscarriages, or any complications, consult with your medical professional.

I do not have any desire for sex, is this normal?

Every woman's pregnancy is different. While some women experience an increase in their sex drive, others may experience a decrease. Many women that are experiencing morning sickness, have no desire for sex at all. This is fine, and actually perfectly normal. Who wants to make love when they feel sick? As you enter your 2nd trimester, most of the time the morning sickness will start to vanish. Once this happens, you will feel better and your sex drive many appear. If you seem to just have no desire for sex at all, there are other ways to satisfy your needs and your partners needs for intimacy, such as kissing and holding each other.

Are there any positions that are more comfortable during my later months of pregnancy?

Once your belly begins to grow, it may become uncomfortable to have sex in the "man on top" position. The "spoon" position has become pretty popular among pregnant women! In this position, each partner

## Sex Pregnancy...Do They Mix???

lays on their side, with the man in the back. This way your belly is not in the way and your body is still flat.

Is it true that sex can induce labor?

According to medical professionals, there is a chemical in semen, that will soften the cervix, and aid in the labor process. However, sex will not actually induce labor. The semen can assist the labor process once it has begun, but will not actually cause labor to begin. If you are experiencing contractions, consult with your medical professional.

If you have any other questions that have not been addressed, talk with your medical professional! He or She would be more than willing to offer answers to your questions!

Tara Grant, owner of

and

Tara is a

warm-hearted entrepreneur, mother of 2 small children and an avid networker in the parenting communities!

This article may be republished with the resources box included and links must be hyperlinked.

### **Teen Pregnancy**

**By Celia Namart**

Besides the stress of knowing that she is pregnant, there is also the fact that now she has another life to think of and care for. Girls that engage in unprotected sex often end up confused, lonely and in great need of guidance in coping with teenage pregnancy. This seems to hold true for almost 34% of all teenage girls in America who get pregnant before the age of 20.

Even more shocking is the situation in England where one out of every 5 births recorded is to a teenage girl. Since these statistics alone prove that these teenagers are lacking in knowledge and are participating in unprotected sex, there needs to be action taken, more of a community approach to providing proper knowledge to teenage girls about pregnancy prevention.

Even in this modern age, people are still embarrassed to talk to their children about sex and its consequences. While this is natural and difficult initially, in the long run it would be very help the teenager avoid making a serious mistake. Having an open-minded, educational talk will not only prevent your teenage child from getting pregnant, but might also eliminate the possibility of sex at too early an age. It will also educate your child about the various sexually transmitted diseases [HIV, aids, etc.] and make them more cautious about engaging in sexual activities. Your child will be a lot more

## Sex Pregnancy...Do They Mix???

aware of the consequences and will be prepared to take appropriate action.

There are various ways for women to avoid pregnancy, using contraceptives being one. Contraceptive birth control pills, This is the form of birth control method where "pills" are taken by girls to stop production of certain hormones that cause ovulation. While this is a useful technique, requiring the person to take a pill everyday to prevent ovulation, it does not eliminate the chances of getting infected or infecting someone else with a sexually transmitted disease.

While it may be portrayed socially and by the media that contraception completely eliminates the chances of pregnancy, it is not true. There is still a 3–5% chance of getting pregnant. So the best possible way to prevent teenage pregnancy is to practice abstinence. Abstinence means not having sex at all. By abstaining from sexual intercourse, many unwanted births will be prevented. This is the best way to avoid being infected by sexually transmitted diseases and possible infections in the vagina and uterus. While there is a good chance that their friends might pressure them into having sex, having the right knowledge and the courage to say no is all that matters.

Overall, the young people today are being bombarded by the television and advertisements everywhere on sexual issues, the natural feelings and the teenage drive many to make costly mistakes, what is needed is better understanding of the consequences of early pregnancy and the information about trying practicing safe sex. Since it is sometimes difficult to approach teenagers, the young people should make their own decisions out of the knowledge they have gained.

Celia Nemart writes about family and medical issues on the internet, Celia is a dedicated mother that is aware of the dangers of the lack of information about Teen Pregnancy

Related Content:

Read more Content at

Related Products:

: A genuine resource center for Quality Ebooks and Softwares

Sex Pregnancy...Do They Mix???



This Free E-Book has been brought to you by [Natural-Aging.com](http://Natural-Aging.com).

**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**