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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Sexual Tips, How to last longer in bed!!!

By Dokes

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There are few things I have learned in my days in the bedroom. For those of you who have the problem of blowing your load at warp speeds keep reading. I am not going to lie my first time I only lasted three pumps. It was very embarrassing but I couldn't help it because I wasn't ready for it to feel so good. Here is a list of three things I advise you guys to do since girls have the power of multiple orgasms which must be nice and we have to wait 5-10 to regain hardness.

Always throw down a quick beat before you go out for the night. Most of you might think that you are running too late or whatever your excuse is but there is no excuse it is worth your time. If you drain the pipes before hand it will make you last longer.

Masturbate at least once or twice a day everyday. When you are about to blow stop, pinch off the head, wait about 5 seconds then go again. Repeat this many times it will create mind control and stamina. You will last so long the girl will think you are a sexual monster or you get laid all the time with a shit load of experience. Also it always helps me to where a jimmy because it takes away a lot of the suction which leads to blowing it.

When you are bangin' NEVER think about what you are doing. The second I think about how good it feels, how good it looks going in, or any of that nasty shit it's over. What I like to do is think about what my plans for the next day or a conversation I had with someone else. As long as you keep your mind away from what is happening you will go on and on. Always be sure that the women gets off first then you go. It is common courtesy and it will lead to more in the future.

Name: Dokes Age: 23 Location: Austin, TX Occupation: Co-Founder DnF Records

Longer Sex

By Dr. Michael Rodriguez, M.D.

Sexual Tips, How to last longer in bed!!!

Many of us longingly dream of having longer sexual encounters that will leave us breathless. We see vivid and tempting displays of such pursuits on the television and in movies, read enticing depictions in books, and even hear others speak of long and enjoyable sexual experiences that blew their minds. Why then, aren't you able to enjoy longer and greater sex?

You can. In fact, many individuals are enjoying much longer sex. Do these lucky individuals have a magic potion? They may have a potion, but it's not magic and it likely comes in the form of an herbal supplement. By simply trying the available products on the market that are specifically designed to increase male enhancement, millions are enjoying better, longer sex.

While in the past, problems concerning erection quality were a taboo subject that was rarely, if ever, talked about; that is no longer the case in the modern day. More and more men are becoming open to discussing this personal dilemma and are actively and aggressively seeking answers that will allow them to enjoy longer sex and more intense sexual encounters. The result of this increasing desire for a solution has resulted in the incorporation of intensive research of the mysteries of penile erections. Because of the increase in research, products have been developed that have been proven to enhance erection quality and provide millions with longer sex.

There are a number of supplements available on the market that will enable men to increase the size of their erections and the duration of their sexual activities. However, a few of these products go one step further by going beyond the simple goal of increasing one's erection size. There are actually supplements that not only enable a man to enjoy a much harder erection, but also allow the body to develop more stamina, increased desire, and even reduce the stress and anxiety one can feel when they are concerned about their sexual performance. By combining all of these factors, one can experience a much longer and an extremely intense sexual session.

Unlike Viagra, many of these supplements are natural supplements that can be purchased over the counter. Because of this, men can avoid the embarrassment of discussing the problem with their family doctor as they can order the supplements without a prescription. There are numerous alternatives available that will promote longer sex and as a result, an improved sex life. Men no longer have to dream about having longer sex; many are now experiencing it thanks to the great strides these supplements have made.

Dr. Michael Rodriguez is an innovator who has spent the past decade researching male sexual health.

See the only product that he endorses at:

Longer Sex

Powerful Feng Shui Tips for Health & Well-Being

A Guide To Tanning Bed Bulbs And Lamps

Tanning Bed Burns

Comfortable Tanning Bed Pillows

101 tips to stay fit and live longer.

The Ultimate guide to a Multi–Orgasmic Male
English Slang Dictionary
Collectible Manager Pro Software
Disaster Preparedness and Crime Protection Manual



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