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**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**She Loves Me, He Loves Me Not**

**By Sharon Schurman**

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by: **Sharon Schurman**

Who Is Some Who Loves You?

1. Someone who sees the best in you.

If you were lucky enough to grow up with healthy parents, you have experienced the feeling of having someone who has always looked at your good qualities. Many of us missed that experience. You will be a lucky person if you have found a mate who is always looking at your 'silver lining'. Too often today people are more than willing to judge you by your errors, not by your potential.

2. Someone who gives you the benefit of the doubt.

There are so many times in your life when you need that little edge, that little opportunity to take just that extra step. It can seem as if your efforts are going nowhere and although you want to keep moving forward, there are so many negatives staring you in the face. That person who knows things could go either way for you but takes that leap to believe you will make it is the person who is more valuable to you than gold.

3. Someone who watches over you.

You need a guardian angel who is there, waiting to catch you if you fall, ready to help you when you stumble, ready to pave the way for you when you cannot get moving. There are people who love you who do just that. There are people who do not make a big deal out of saving your bacon. Do you know who they are?

4. Someone to watch you back.

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You never know these days who is waiting to catch you off guard, to make sure you don't do well, to sabotage your efforts. You like to think that people will rejoice when you

do well. Many don't. If someone 'has your back' and runs interference for you when you are trying to run the gauntlet through life, give that person a big 'thanks' plus lots of your attention.

5. The person who tells you we all make mistakes.

You hate to be around that judgemental, harsh person who reminds you, 'I told you so', when things go south. You don't need anyone else telling you what you already know. On the other hand there are people who just let you know that the only way any of us learn is through experience. When you have really ended up in the dumper and blew it, stay close to the one who knows that the person who hasn't done anything wrong hasn't done anything much.

6. The person who gives you advice from the heart, not from the head.

When the situation gets rough and some big decisions need to be made, it's fine to have people outline the pros and cons of a problem and give you 'head' answers. But if you need a nudge sometimes to tip the scales, you always listen to this person who knows you must do what will let you live with yourself and have self respect.

7. The person who won't be the 'yes man' who agrees with you

No one who loves you is going to give you the green light and tell you to let it rip if it's clearly going to be bad for you. It's sad that often you surround yourself with people who tell you what you want to hear. The one who loves you will tell you to get help for a drinking or drugging problem, to stop the extramarital affair, and to be a good and decent person.

8. Someone who tells you to knock back, smell the roses, and enjoy life part of the time.

If you are a person who is a real performer and doer, there are likely to be people around you who enjoy the fruits of your labor and want you to do even more. Sometimes you may even see yourself as only valuable when you are giving, doing, and performing. Listen to the person who tells you that life is short and you need breaks and some R&R. That is the person who is looking out for you and your health.

9. The one who smiles at you and means it.

The person who loves you looks at you with eyes that smile and mean it. Too many people give you that slick smile, that quick pat on the back, and then forget that you even exist.

The eyes are the windows of our soul and you can read into a person's smile if it is saying, 'You are a fine person and I want to be with you as long as possible'. Don't fall for any phony smile that attracts you off in another direction, only to leave you stranded and alone.

10. Someone who sees you as beautiful, inside and out.

You know you aren't perfect. There are only too many examples of you looking around and thinking that you have flaws and aren't like the people on television. The person who loves you sees you through eyes of acceptance with no conditions. As you gain a few pounds and your hair gets thin, the person who sees you as attractive, inviting, and appealing is the person who loves you all the way, no strings or demands.

Nowadays, it's really important to know who loves you. Everything in our society is throw away, and many people have carried that over into the most important relationships in their lives. Think hard and look carefully. People who love you, like comfortable clothes, are easy on the heart, mind, and soul.

Sharon Schurman is a retired clinical counselor. Her site,

offers

information tips, suggestions and and self help for all types of depression.

### **From Orphans to Royalty**

**By Joyce C. Lock**

#### **From Orphans to Royalty by Joyce C. Lock**

The first time I read Ezekiel 16, I cried all the way through it. It's a story of God's heart, as a betrayed husband; with every jealousy, hurt, rage, or emotion felt by humans.

Yet, whenever we're hurting, few consider if we're doing the same things to God. Whether spiritually, literally, or both ... perhaps, each of us has once been such a person who betrayed God.

Just as dust returns to dust, blood returns to blood (vs. 22, 36), 'til the pride of man be broken (vs.15) and we're ready to accept God's way (vs. 55); whatever that may be. And, just when you see your blood for what it is and you're ready to accept the punishment you know you deserve, God reaches down and loves you in ways you never dream; restoring you to a better position than you ever had before (vs. 60–63).

Once an atonement is received (unlawful/a shame to ever speak of again), you'll never forget the awesome love of God, throughout all eternity. "He loves me! He really, really loves ME!"

A love like that, we never ever want to betray, again. It breaks our heart to break His. We finally begin serving God for who He is and we learn to love like He does, letting Him live through us.

~\*~

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Without God, spiritually, we're like orphans left on a doorstep.

With Him, we're royalty from the inside out.

The devil lies. There is nothing between.

~\*~

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Joyce C. Lock is a published author, poet, and columnist. In addition, she founded and maintains the e-mail ministries "Heavenly Inspirations" <http://groups.yahoo.com/group/HeavenlyInspirations/> and "Share a Smile" <http://groups.yahoo.com/group/smilesharing/>. Joyce's writings encourage us in our relationship with God and each other.

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