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Short vs Long Term Manifesting: Home or Business

By Susan James

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You have a "bill" to pay, maybe your rent is due on your office building, or you need to pay your graphics designer, or your mortgage is due. You don't know how it will get paid. You've been around this "creating on purpose" stuff awhile, so you go into bringing that bill to a successful conclusion. Your desire level is high. It first showed up as a fear. You recognized it as a fear, and went about moving it "on purpose", your attention was on the matter at hand. You had emotion attached to it. This simply had to be done. You were giving full focus to your "attention to intention".

Something happens.....the situation is remedied. You wipe your brow. Good made it through that one !

What happens however, if you stay on the right track, this short term stuff becomes so easy that you don't have to think about the bill part anymore, you just know, that at the proper time all that is needed to appear , simply will. You did not have that monster fear driving the experience, therefore it comes to you with ease. It has become a knowing. All of your focus and attention has taken root, and now it is a knowing.

Ok, now....what about what we may put under the term of long term manifesting. Maybe it's a career change or a lifestyle change or you want to be president of your company and presently you are in the mail room.

How do you do "that"?

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You do it the same way. You use focus and intend. You focus with attention on the intention, (goal). This is where you may have to address your belief systems. If you are in the mail room, you have to believe that you are the president of the company. If you don't believe that yet, then you have some "work" to do. You work on your belief systems by changing your mind. There are many ways, to change your own mind.

The quickest way, if you are willing to do it, is to write about what you want, and write every day. If you want to add some momentum, ask the part of you that put that carrot there in the first place to help you. So who put that idea in your mind

of wanting to be the president? Well you did, in the form of your higher self.

Just ask. State your intention. Focus on it, and follow the inspiration, (which means you must PAY ATTENTION, to your inner voice) that comes. When you are willing to do that from the get go, then what you may have thought was "long term manifesting" all of a sudden fits under the "short term manifesting" column.

Ask, Ask, Ask , and Pay Attention !

Maverick Momentum Consultant, Susan James, Writes & Teaches the Application of ©User Friendly Physicsto Human Potential. Dreams Come True To Weight Loss.Author of 6 books incl: *Manifesting 101/102 & Beyond**MM4M: Manifesting Millionaires*/17 Seconds to Wt.Loss***Manifesting 101 & Beyond** (FREE Newsletter)<http://groups.yahoo.com/group/Manifesting101-Beyond><http://www.susanjames.org>

Setting Achievable Goals For Success

By Ryan McKenzie

In order to achieve something, the first thing you should develop is a goal. Without a short term and a long term goal, the likeliness of you following through with something you want is highly unlikely. Trying to achieve something without setting a goal is like walking blindly through the dessert in search of treasure, but without having a map or any idea what you are really looking for.

The first step is to plan out a short term goal and a long term goal. For example, your short term goal may be to finish 3 classes this semester with a B average. This is a great short term goal as it is something you can achieve within a reasonable time frame without setting your expectations too high. While you should strive for success, you should start your goals at a point you know you can achieve

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and gradually build up to bigger and more difficult short term goals. The great benefit to short term goals is they give you a feeling of achieving something with each successful goal. This will motivate and drive you to put more effort into achieving your long term goal. Once you've completed your first short term goal you should set a new short term goal that will ultimately continue you on your path to your long term goal.

Second of all, we need to set a long term goal. You can set numerous long term goals to be set over long time frames, but for the sake of this article, we will focus on having one long term goal. To continue with our short term goal I will base this example on an education based goal. A good long term goal would be to graduate from University with a Bachelors in Computer Science with a 3.33 GPA. This is also a reasonable long term goal as it is something that will be achievable after successful completing numerous short term goals.

In the end, without goals, the chances of succeeding at anything, including life are quite slim. Goals aid in deriving a reason to succeed; they give you something to strive for; the reason to keep on pushing. Goals give you a reason to want to continue on, because you know the things you have worked so hard to achieve are just around the corner. Whether it is an education you strive for, saving money to buy that first apartment, or even something as simple as losing that baby fat, you are only a short term goal away.

Ryan Mckenzie

Setting Achievable Goals For Success

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